

GENERAL EXAMINATION

Dr. Dhikra Nabil



Examination starts once you see the patient



The gait

The activity

The posture

The color

Abnormal sounds

Abnormal smell

Abnormal movement

Apparent dysmorphic features

Conscious, alert, reactive,...





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pale
conjunctiva



The environment around the patient:

Any connected medication/tool/device

Food





Introduce yourself

Ask for permission

Chaperon

Recognize who you are talking to

Secure privacy

Good light

Temperature

Hygiene



Vital signs:

HR

RR

BP

Temp



age dependant



age gender and height dependant

Plus:

O2 sat ???

Growth parameters:

Boys VS. girls

Age

Ethnicity

Charts:

Wt/age

Ht/age or Lt/age

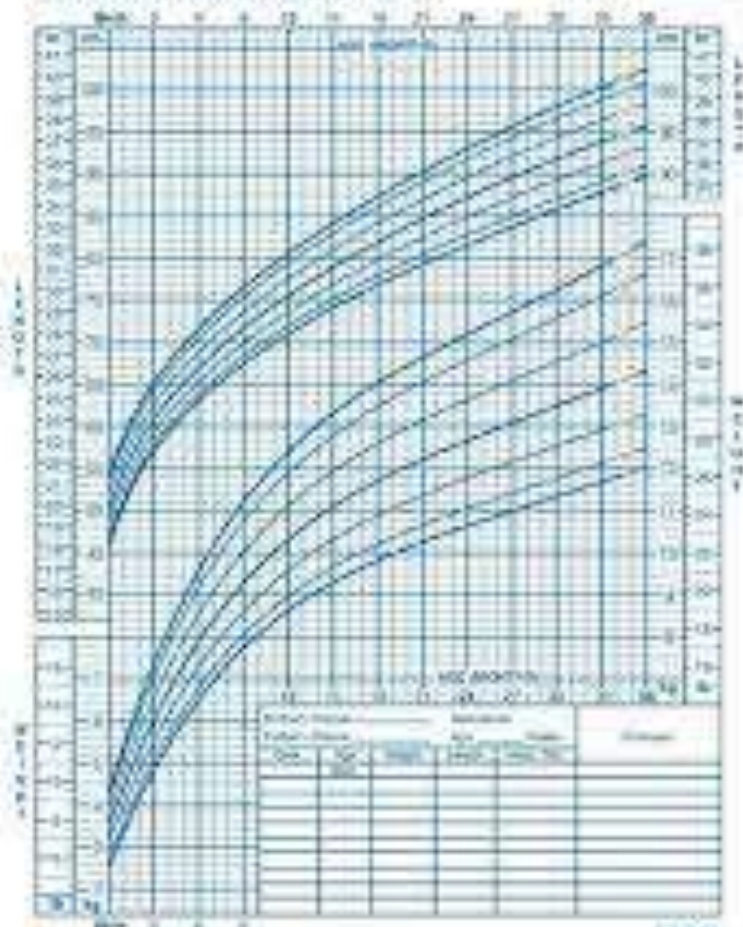
Wt/Ht or Wt/Lt or BMI

Hc/age

Birth to 24 months: Boys
Length-for-age and Weight-for-age percentiles

1442

10/2004



Percentile	Weight (kg)	Weight (lbs)	Length (cm)	Length (in)
95th	12.0	26.5	86.5	34.0
90th	11.5	25.3	85.5	33.7
85th	11.0	24.2	84.5	33.3
80th	10.5	23.1	83.5	32.9
75th	10.0	22.0	82.5	32.5
70th	9.5	21.0	81.5	32.1
65th	9.0	19.9	80.5	31.7
60th	8.5	18.8	79.5	31.3
55th	8.0	17.7	78.5	30.9
50th	7.5	16.6	77.5	30.5
45th	7.0	15.5	76.5	30.1
40th	6.5	14.4	75.5	29.7
35th	6.0	13.3	74.5	29.3
30th	5.5	12.2	73.5	28.9
25th	5.0	11.1	72.5	28.5
20th	4.5	10.0	71.5	28.1
15th	4.0	8.8	70.5	27.7
10th	3.5	7.7	69.5	27.3
5th	3.0	6.6	68.5	26.9
3rd	2.7	5.9	67.5	26.5

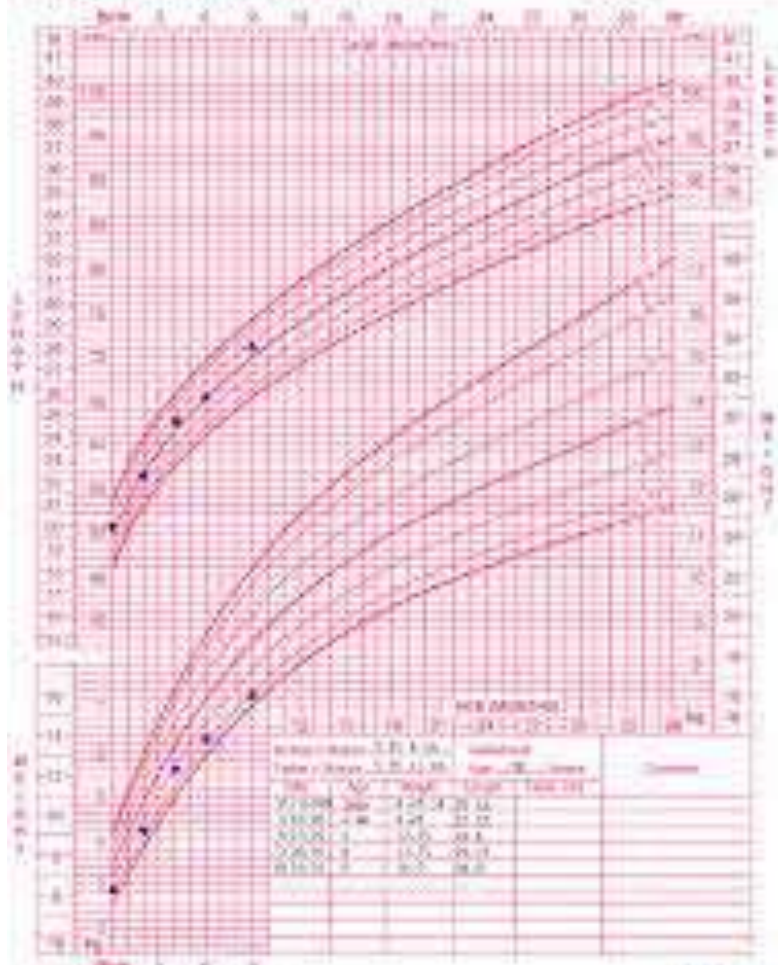
Source: National Center for Health Statistics, National Health and Medical Examination Survey, 1963-1994. Data for 3rd and 97th percentiles are based on a smaller sample size.



Birth to 36 months: Girls
Length-for-age and Weight-for-age percentiles

1443

10/2004



Percentile	Weight (kg)	Weight (lbs)	Length (cm)	Length (in)
95th	14.0	30.8	96.5	38.0
90th	13.5	29.6	95.5	37.6
85th	13.0	28.5	94.5	37.2
80th	12.5	27.4	93.5	36.8
75th	12.0	26.3	92.5	36.4
70th	11.5	25.2	91.5	36.0
65th	11.0	24.1	90.5	35.6
60th	10.5	23.0	89.5	35.2
55th	10.0	21.9	88.5	34.8
50th	9.5	20.8	87.5	34.4
45th	9.0	19.7	86.5	34.0
40th	8.5	18.6	85.5	33.6
35th	8.0	17.5	84.5	33.2
30th	7.5	16.4	83.5	32.8
25th	7.0	15.3	82.5	32.4
20th	6.5	14.2	81.5	32.0
15th	6.0	13.1	80.5	31.6
10th	5.5	12.0	79.5	31.2
5th	5.0	10.9	78.5	30.8
3rd	4.7	10.2	77.5	30.4

Source: National Center for Health Statistics, National Health and Medical Examination Survey, 1963-1994. Data for 3rd and 97th percentiles are based on a smaller sample size.



Signs of respiratory distress:

Tachypnea

Cyanosis

Nasal flaring

Grunting

retraction

Normal nostrils



Flared nostrils



Signs of dehydration:

Dry mucus membrane

Sunken eyes

Depressed anterior fontanel

Delayed capillary refill

Abnormal skin turgor







