

## OSCE

One of the following randomly:

Take a history of present illness

- 1- Post-partum depression
- 2-OCD

Take a pre-morbid history or a personal history

.2. Take a history ..... chronic schizophrenia

. Take a history ..... withdrawal drug symp.

2. Examination ..... Mood examination & Asses the hallucination & Delusions

-HPI station, patient has fear of public transportation, and undergoes anxiety symptoms each time he uses them. - take HPI for a pt. w/ depression & panic disorder

MSE station, the doctor asked to do a full MSE.

mental state exam -2

- OSCE:
- 1) It was depression with psychotic features (ddx: Schizoaffective disorder).

Make Mental state examination (usually the examiner will specify which part of mental state examination he wants you to examine ).....Post Partum Depression

1. Take the history of present illness from a patient who is becoming afraid and start to have palpitation, sweating ...etc every time he rides the bus. (**Social phobia**).

## 2. Mental state exam.

⇒ Thought contents.

⇒ Cognitive State.

OSCE :

Multiple cases :

major depression , drug (Opioid) abuse, bipolar .

Second station : the doctor asked each student to do one part of the mental status assessment like , memory , hallucination.... and might ask about some related definitions.

Take a Hx (pt with phobic disorder) or .1  
(depression) .

2. examination (pt with drug abuse do cognitive exam) or (delusion disorder)

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**Premorbid Hx** ( you have to include it in part of Personal Hx , after forensic )

1- relation ship with friend ( if you many or few friend , if it is superficial or deep relation )

2 character

3- mood ( you have to ask about sleep , appetite , sex , energy , diurnal variation

4 – hope and intense

**\*\* preschool age from ( 18 months to 6 years ) \*\***

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**Present illness** : - you have to ask about

1- sign and symptoms

2 onset

3 precipitating factor

4- hospitalization

5 medication ( response , dose , SE )

6- allergies ( food and drug )

**Family Hx : ask about**

- 1 – father age , occupation , medical or psychiatric problems , the relation with the patient
  - 2- mother age , occupation , medical or psychiatric problems, the relation with the patient
  - 3- brothers , sisters , sibling ( ask about any ,medical or psychiatric problems )
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**Psychosexual Hx :- ask about**

for female (menarche when , amount )

for male ( time of puberty )

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**MSE**

1 – appearance , behavior

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**Speech :- you have to ask about**

- 1- rate
  - 2 – quantity
  - 3- volume ( high or low pitch )
  - 4-tone
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2- mood and affect

3 – thought ( include thought process , thought content , obsession and phobia )

4- perceptual disorders :- (1- delusion , you have to ask about 5 delusions , paranoid delusion of grandeur , ideas of reference , thought withdrawal , thought broad casting )

(2) hallucinations

(3) depersonalization

(4) derealization

5 – cognition

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**7. How to assess the Premorbid personality :**

**I. Personality character before the illness, you can ask the following →**

- ؟ نفسك بتوصف كيف المرض قبل

، مزاجي ، عصبي ؟ إلك بينظروا وأهلك بيشوفوك أصحابك كانوا كيف

، متفائل

؟ محبط ، متشائم

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## II. Interpersonal relationship:

- ؟ الناس مع كانت علاقتك كيف

- ؟ لحالك تضل بتحب ولا وتشوفهم الناس مع تطلع بتحب

- ؟ العزاء أو الأعرس حفلات دعوات بتلبي

## III. Hobbies and interests:

- ؟ بتبسطك أشياء أو هوايات عندك كان

## IV. Moral values and religion practice:

- الإجماعية قيمك كيف ؟

- ؟ المسجد على بتروح ، بتصلي ، بالدين علاقتك شو

V. If there will be an enough time, ask one question about every personality disorder:

( ؟ السجن أدخلتك المجتمع بحق جرائم ارتكبت هل ASPD )

حتى تسلميه عن تتأخر بحيث بعملك جداً دقيق أنت هل (OCPD)

- ؟ اتقانه تنهي

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## Notes about Mental Examination (Cognitive and Sensorium):

### 1) Orientation:

\* Time (birthday) > Place > Person (الدكتور ، أقربانك ،)

### 3) Attention /concentration:

2)Memory (Immediate – short term – long term).

### 4) Abstract:

Proverb :

الأسود ليومك الأبيض قرشك خبي

- ؟ معناه شو ؟ بتعرفه ؟ فيه سمعت هل

The abstract could be normal or concrete.

### 4) Insight has 3 types:

✓ Full.

✓ Partial.

✓ Lack

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13. Full assessment of the "Mood":

في أم الأوقات جميع في ؟ .../زعلان / مبسوط ؟ الآن مزاجك كيف  
؟ معينة اوقات

هي؟ ايش ؟ تبسطك ممكن أمور في

؟ أكلك كيف ؟ نومك كيف

؟ للمستقبل بتخطط شو للمستقبل؟ بتتظر كيف

خطتك؟ كانت شو للانتحار؟ خطت عمرك نفسك؟ تؤذي أن تحب هل  
الان ذهبت لو

فيها؟ حالك تقتل ممكن اشياء عندن في حالك؟ تقتل ممكن سبيلك بحال

؟ جنسية رغبة عندك

؟ سريعة انفعالات عندك

14. How to assess the presence of hallucinations:

".للجميع بنسأله روتيني سؤال هذا" تقول : أولا

؟ معها تتفاعل هل ,نعم اذا يسمعا؟ اخر أحد لا أصوات بتسمع" : ثانيا

\* Then, be sure of the following:

1) Is the voice of one person, or many people?

2) Are they strange or familial?

3) Do they: Criticize you/ Comment/ Command?

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