

Ectoparasitic infections

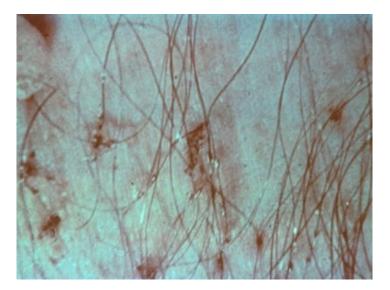
- Ectoparasites: parasitic organisms that live on the outer skin surfaces
- 2 common STIs caused by ectoparasites:

1) pubic lice (Phthirus pubis)

2) Scabies (*Sarcoptes scabiei*)

Phthirus pubis: Pubic louse infestation

- a parasitic insect which spends its entire life on <u>human hair</u> and <u>skin</u>, (Stay outside of the body)
- Feeds exclusively on blood 4-5 times daily.
- Humans are the <u>only known host</u>.





Three types of lice:

The singular form of louse

- Head lice Pediculus capitis (head)
- Body lice: Pediculus corporis (body)
- Pubic lice (crabs) The smallest Phthirus pubis

Head lice found anywhere on the head (typically hair, but also can be found on the eyebrows.)

Body lice: typically found on the clothing, except when they need a blood meal. They then move to the skin (but usu found on the clothing NOT the skin)

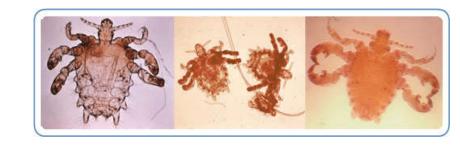
Pubic lice: usu found in pubic hair but are adapted to any other type of coarse hair (armpit region etc.)

All of the lice types are six-legged

Differ on the basis of morphology (see pictures, especially pubic lice), where they can be found as discussed above, and size

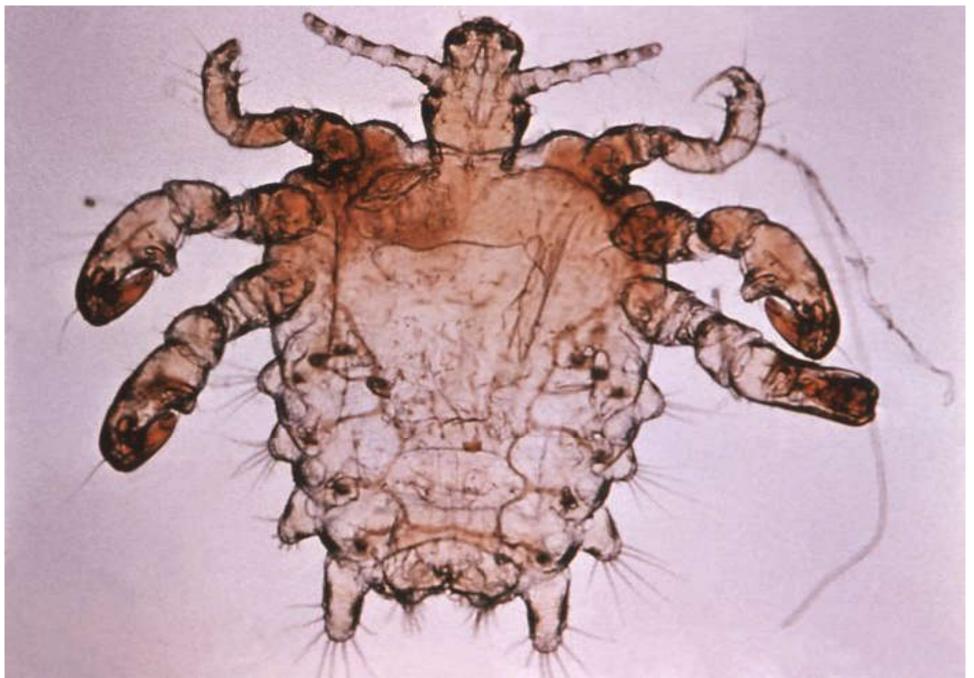






2 different conditions: 1) pediculus pubis -> infestation of pubic hair (sexually transmitted)
2) pediculus Solaris -> infestation of eyelash

A magnified crab louse

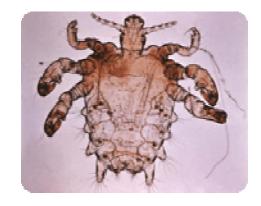


All three types of lice:

- Are ectoparasites: lice live on the surface of the host
- Move by crawling, as opposed to flying
- Have humans as their only host
- Have similar life cycles







Head Lice

Body Lice

Pubic Lice

Ectoparasite: lives on surface of host, as opposed to inside the body (endoparasite) as with many other parasites we've seen. **Do** need blood meals to survive.

Move by crawling: as opposed to flying or hopping, which affects the control and prevention measures needed. Feet are specifically adapted to human hair (cannot survive for that long if they fall off a human.) They can only live 1-2 days if they fall off of a human host. See photo on the top right of the slide for a zoomed-in look at the hooks on louse feet adapted to clinging to human hair. Humans as only host. There is no animal reservoir, which makes control measures different and potentially

simpler than other parasites.

What Do Pubic Lice Look Like?

- Pubic lice have forms: the egg (also called a nit), the nymph, and the adult.
- Nit
 - Nits are lice eggs.
 - Hard to see and are found firmly attached to the hair shaft.
 - They are oval and usually yellow to white
 - Pubic lice nits take about 6-10 days to hatch.





- Nymph:
 - immature louse that hatches from the nit (egg). A nymph looks like an adult pubic louse but it is smaller.
 - Pubic lice nymphs take about 2-3 weeks after hatching to mature into adults capable of reproducing.
 - To live, a nymph must feed on blood.



- Adult: \bullet
 - Adult pubic louse resembles a miniature crab when viewed through a strong magnifying glass.
 - Pubic lice have six legs; their two front legs are very large and look like the pincher claws of a crab. This is how they got the nickname "crabs." 550
 - Pubic lice are tan to grayish-white in color.
 - Females lay nits and are usually larger than males.
 - To live, lice must feed on blood.
 - If the louse falls off a person, it dies within 1-2 days.
 (Outside the body)



Lice Life Cycle

Lice stages:

Egg/nit
The egg/nit is usually located no more than 1/4 inches from the
base of the human hair scalp.
It's attached by a sticky glue-like substance secreted by the
adult louse, which is what allows it to stick to the human hair.
Takes 8-9 days to hatch.
Nymph
There are three molting stages. Takes the nymphs
approximately one week in total to move into the adult stage.
The nymphs must take a blood meal in order to move on the
next molting stage (therefore need three blood meals in total.)
Adult stage.
Can live up to 30 days on the human host. Die within 1-2 days
without the human host.
All adult lice need a blood meal in order to survive (nutrients).
Females need it in particular for oviposition.
All of these stages are SMALL! See reference photo of the
stages.

Epidemiology

- Pubic lice usually infect a new host only by <u>close contact</u> between individuals, usually through sexual contact.
- Parent to child infestations are more likely to occur through routes of <u>shared towels</u>, <u>clothing</u>, <u>beds</u> or <u>closets</u>.
- <u>Adults</u> are <u>more frequently infested</u> than <u>children</u>.

Transmission

- During sexual contact when two people bring their pubic areas together
- Lice can live away from the body for as long as 2 days-can drop off onto underclothes, bedsheets, etc...
- Therefore, it is possible to get pubic lice by sleeping in someone's bed or wearing someone's clothes
- Condoms do not prevent the spread of pubic lice.
- Nonsexual transmission of public lice is also possible

Clinical Manifestations

- Infestation with pubic lice is called Phthiriasis or Pediculosis pubis.
- Although any part of the body may be colonized, crab lice favour the <u>hairs</u> of the <u>genital</u> and <u>peri-anal region</u>.
- Especially in <u>male</u> patients, pubic lice and eggs can also be found in hair on the <u>abdomen</u> and under the <u>armpits</u> as well as on the <u>beard</u>.

- The main symptom is <u>itching</u>, usually in the pubic hair area. It results from <u>hypersensitivity</u> to louse saliva, and it becomes strong enough two or more weeks following initial infestation.
- In the majority of infestations a characteristic <u>grey-blue</u> or <u>slate coloration</u> appears (maculae caeruleae) at the feeding site, which may last <u>for</u> <u>days</u> and is also characteristic for the infestation.



Diagnosis

- A pubic louse infestation is usually diagnosed by <u>carefully examining pubic hair for nits</u>, <u>nymphs</u> and <u>adults</u>.
- <u>Lice</u> and <u>nits</u> could be removed either with forceps or by cutting the infested hair with scissors.
- A magnifying glass or a stereo-microscope can be used for the exact identification.
- If lice are <u>detected in one family member</u>, the <u>entire family needs to be checked</u> and only those who are infested with living lice should be treated.

Treatment

- medicinal lotion (1% permethrin or pyrethrin) applied to all affected areas + all areas w/body hair (genitals, armpits, scalp, even eyebrows);
- They can be used for this purpose and are the <u>drugs of choice</u> for <u>pregnant</u> or <u>lactating</u> women. These agents should be applied to the affected areas and <u>washed off after 10 minutes</u>.
- Ivermectin paralyzes and kills lice and their eggs In severe and recurrence cases

- Shaving off or grooming any hair in the affected areas with a finetoothed comb is necessary to ensure full removal of the dead lice and nits, though it does not suffice as treatment on its own.
- Wash all clothes and bedding that were exposed

Scabies is a contagious ectoparasite skin infestation characterized by superficial burrows and intense pruritus (itching). Direct contact has be prolonged It is caused by the mite Sarcoptes scabiei.

The word *scabies* itself is derived from the Latin word for "scratch" (scabere).

https://www.youtube.com/ watch?v=5Fsp4z710dw

SCABIES



Scabies

Scabies is highly contagious and can be spread by scratching, picking up the mites under the fingernails and simply touching another person's skin.

They can also be spread onto other objects like keyboards, toilets, clothing, towels, bedding, furniture, and anything else that the mite may be rubbed off onto, especially if a person is heavily infested.

The parasite can survive up to 14 days away from a host, but often do not survive longer than two or three days away from human skin.[[]

Feed on dissolve tissue not blood

Scabies

When a human comes into contact with the female mite, it burrows under the skin, laying eggs along the lines of its burrow. These eggs hatch, and the resulting offspring rise to the surface of the skin; mate; and repeat the cycle causing red lesions.

A delayed hypersensitivity (allergic) response resulting in a papular eruption (red, elevated area on skin) often occurs 30-40 days after infestation. While there may be hundreds of papules, fewer than 10 burrows are typically found. 1- female mite secrete proteolytic enzymes

2- this enzyme break down the proteins and the mice enter through skin (allow them enter the epidermis)

3- when they enter their burrow lay about 2-3 eggs for 4-6 weeks until their death .

4- until these eggs get hatch(2-4days) and the larvae (offspring) rise to surface and repeat the cycle.

The body induce immune reactions in response to these proteolytic enzymes (hypersensitivity) --> itching /rash /papules

The burrow

Very important to diagnosis

- A fine, wavy and slightly scaly line
- A few mm to one cm long.

Patient with rash and papules and itching over body at night Often the diagnosis is classical scabies

- A tiny mite may sometimes be seen at the end of the burrow.
- Mostly in the <u>webs of fingers</u>, flexing surfaces of the <u>wrists</u>, around <u>elbows</u> and <u>armpits</u>, <u>areolae</u> of the breasts in females and on <u>genitals</u> of males, along the belt line, and on the lower <u>buttocks</u>.
- The <u>face</u> is usually <u>not involved</u>. and head





2 types

-1-Classical Scabies







Simple , mild, immune eruptions of small erythematous papule Appearance : nots in arrows (arrows points)

pruritis (itching) very sever specially in night

occur after After 3 to 6 week of initial colonization



Diagnosis

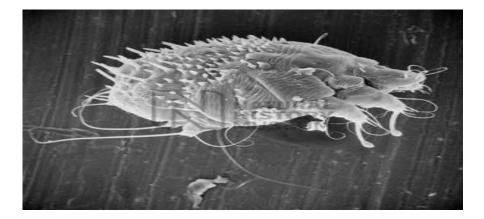
- Diagnosis can be made simply by observing the <u>characteristic burrows</u> of the mites causing scabies.
- A sterilized needle can be used to explore the pearly bump at the end of a burrow, remove its <u>contents</u>, and place it on a slide to be examined. The <u>mite itself</u> may then be identified.

Treatment

- Treatment by several types of <u>lotions</u> (usually containing 5% **Permethrin**) can be applied to the body and left on for 12 to 24 hours. <u>One topical application</u> is usually sufficient.
- <u>Itching</u> can be lessened by the use of **calamine lotion** or <u>antihistamines</u>.

Prevention

- <u>Good hygiene</u> is essential in the prevention of scabies.
- When a member of a household is diagnosed with scabies, all that person's recently worn clothing and bedding should be <u>washed</u> in very hot water.





Electron micrograph of scables mite

