

19/11/2021

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CARDIAC INFECTIONS: ARF AND ENDOCARDITIS

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Acute Rheumatic fever (ARF)

OUTLINES

- Etiology
 - Epidemiology
 - Pathophysiology
 - Jones criteria
 - Diagnosis
 - Treatment
 - Complications
 - Prevention
 - Prognosis

ETIOLOGY

- Proceeded by GAS pharyngitis.
→ Antibiotics
 - ABT to treat GAS pharyngitis prevents rheumatic fever.
 - ABT prophylaxis prevents ARF recurrence
 - serotypes of GAS (M types 1, 3, 5, 6, 18, 29) are more frequently isolated

ا) اطفال اللي يعانون من GAS pharyngitis .
يتكون احتمالية انه يتكون عاليه جداً مع كل GAS pharyngitis ^{inf}

لـ يعني طفل صاد معه GAS pharyngitis و بعد هذا فعلى الأرجح ثانية مرة بعض ما يسمى GAS pharyngitis من نوعه من أول مرة.

* Complications of GAS pharyngitis:

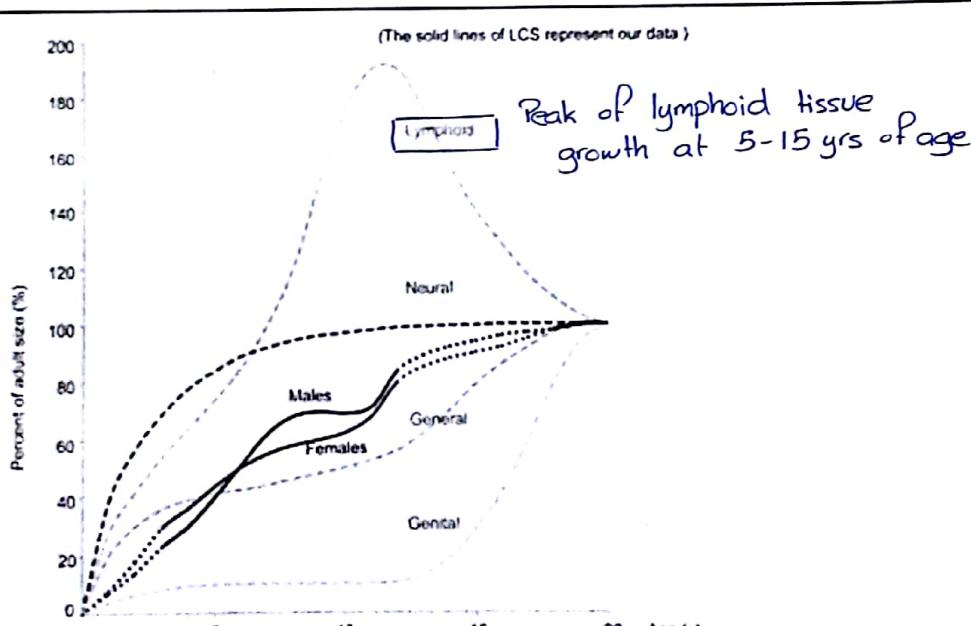
- Rheumatic fever
- Reactive arthritis
- Glomerulonephritis

EPIDEMIOLOGY

- Why more frequent in developing countries:
 - Host factors:
 - genetic susceptibility
 - Lack of appropriate medical care.
 - Poverty and crowding.
 - Pathogen factors
 - Certain GAS are rheumatogenic serotypes (types 1, 3, 5, 6, and 18)
- Most common form of acquired heart disease
 → why?! because this is the age of having active lymphatic tissue (the age to get infected)
- peaks : 5-15 yr of age
- Once happened → increased risk of recurrence

GAS pharyngitis \leftarrow أقل من سنتين ما منشوف \rightarrow الأسباب *

(viral pharyngitis \leftarrow أقل من سنتين بكتيريا)



as well as to

PATHOGENESIS

- Cytotoxicity theory:
 - GAS toxin leads to ARF and rheumatic heart disease.
- Immunologic theory
 - Latency.
 - Cross antigenicity of several GAS and tissues (e.g., heart valve, sarcomere, brain, joint)

* Very Important !!

JONES CRITERIA

| MAJOR MANIFESTATIONS | MINOR MANIFESTATIONS | EVIDENCE OF GAS INFECTION |
|---|---|---|
| 1. Carditis 2. Polyarthritis 3. Erythema marginatum 4. Subcutaneous nodules 5. Chore | 1. Arthralgia 2. Fever 3. High ESR or CRP 4. Prolonged P-R ↳ 1st degree heart block | 1. Positive throat culture 2. or rapid streptococcal titer test 3. or ASO titer ↳ Ag-Ab reaction |
| • Guidelines for the Diagnosis of Initial or Recurrent Attack of Rheumatic Fever (Jones Criteria, Updated 2015) • 2 major or 1 major and 2 minor criteria PLUS evidence of preceding GAS infection needed to diagnose ARF • recurrent ARF: presence of 3 minor criteria PLUS evidence of preceding GAS infection. | | |

JONES CRITERIA

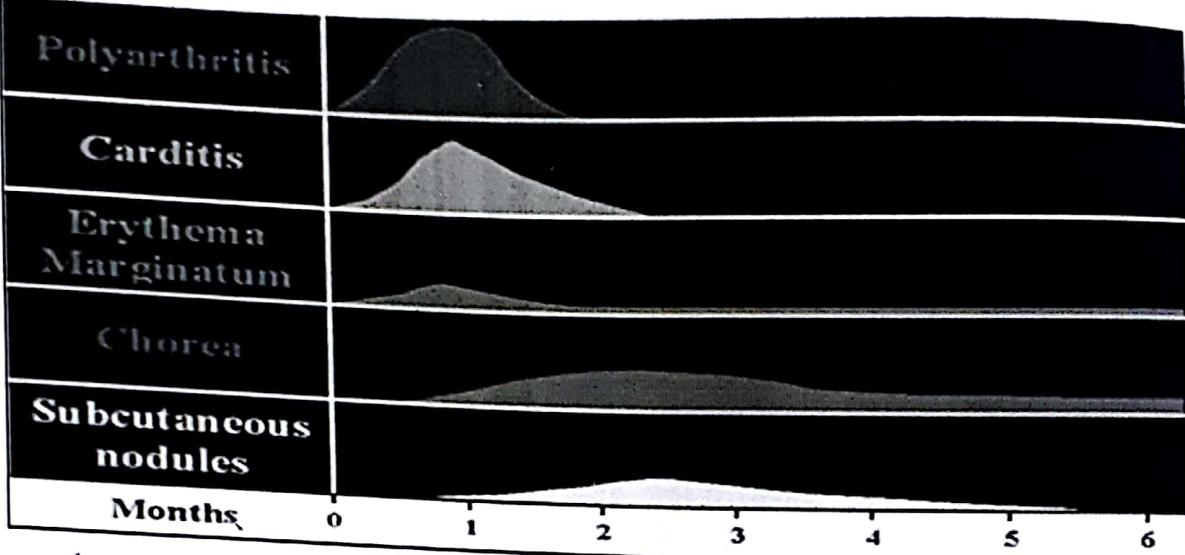
- Initial attack:
 - 2 major manifestations, plus evidence of recent GAS infection.
 - Or 1 major and 2 minor manifestations, plus evidence of recent GAS infection.
 - Chorea alone, plus evidence of recent GAS infection.
- Recurrent attack: 2 major, or 1 major and 2 minor, or 3 minor manifestations , plus evidence of recent GAS infection
- Carditis is now defined as clinical and/or subclinical (echocardiographic valvulitis)
- Arthritis: monoarthritis or polyarthralgia

Revised Jones Criterion

| Major manifestations |
|--|
| <ul style="list-style-type: none">• Carditis• Polyarthritis• Chorea |
| <ul style="list-style-type: none">• Erythema marginatum• Subcutaneous nodules |
| Minor manifestations |
| <ul style="list-style-type: none">• Fever• Arthralgia• Previous rheumatic fever |
| <ul style="list-style-type: none">• Raised ESR or CRP• Leucocytosis• First-degree AV block |
| Plus |
| <ul style="list-style-type: none">• Supporting evidence of preceding streptococcal infection: recent scarlet fever, raised antistreptolysin O or other streptococcal antibody titre, positive throat culture |
| N.B. Evidence of recent streptococcal infection is particularly important if there is only one major manifestation. |

30° C
38° C
37° C

Clinical Manifestations of Acute Rheumatic Fever



الـ chorea ممكن تقول شوّي ... بدها أشهر لتبليش (بكون راح الا strep)

MIGRATORY POLYARTHRITIS

- In 75% of ARF.
 - larger joints (knees, ankles, wrists, and elbows)
 - Migratory
 - Arthritis is the earliest manifestation
 - Last weeks if untreated. → Aspirin
 - **Response to salicylates is characteristic**
 - Not deforming
 - inverse relationship between the severity of arthritis and severity of cardiac involvement

عستان خلیک فی کتب پتھکی انه اذا
انت ساکک د rheumatic fever ، اخن
الایسون لحد ما تناک سهی.

CARDITIS

- 50-60% of all ARF
- subclinical carditis accepted in revised jones criteria 2015.
 - subclinical carditis defined: without a murmur but with echocardiographic evidence of valvulitis
 - clinical carditis (with a valvulitis murmur)
- Pancarditis: but mainly Endocarditis (valvulitis)
- MR or MR+AR $MR \rightarrow$ Mitral Regurgitation $AR \rightarrow$ Aortic Regurgitation
- insufficiency is characteristic
- mitral and/or aortic valvular stenosis usually appears in years
- tachycardia and cardiac murmur
- Most serious ARF complication, May require valve replacement, if recurrent

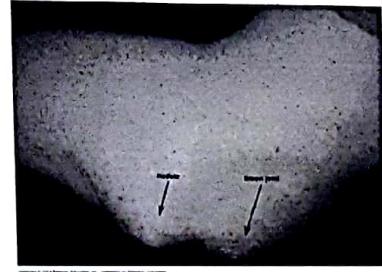
SYDENHAM CHOREA

- 10-15% of ARF.
 - could be Isolated, frequently subtle
 - Emotional lability, incoordination, poor school performance, uncontrollable movements, and facial grimacing, all exacerbated by stress and disappearing with sleep, are characteristic.
 - Later than arthritis or carditis (ASO may disappear when chorea presents)
- Occurs in 10-15% of pts with acute RF
- Occasionally unilateral
- lasts 3 m to 2-3 yrs , no permeant damage
- مختصر موجة و علاجها سُنوي صعب



SUBCUTANEOUS NODULES

- rare ($\leq 1\%$)
- firm nodules
- along the extensor surfaces of tendons near bony prominences
- Corollates with significant rheumatic heart disease.



ERYTHEMA MARGINATUM

- On trunk and extremities, but not on the face
 - accentuated by warming the skin



MINOR CRITERIA

minor criteria

يُعنى إذاً أن arthritis ... لا يستلزم arthralgia !!

- Arthralgia: (only if arthritis is not used as a major criterion)
 - Fever, more than 38.0°
 - elevated acute phase reactants
 - prolonged P-R interval on ECG (unless carditis is a major criterion)



- First-degree heart block with prolonged PR interval (interval between arrows), which may be present as a minor criterion for acute rheumatic fever.

RECENT GAS INFECTION

- Must have.
- ARF develops 2-4 wk post GAS pharyngitis.
- 1/3 have no Hx of pharyngitis.
- 80-85% have high ASO.
- 95-100% have an elevation if 3 different antibodies (antistreptolysin O, anti-DNase B, antihyaluronidase) are measured.
- clinical findings of acute rheumatic fever generally coincide with peak antistreptococcal antibody responses.

واسع جداً

DDX OF ARF

| ARTHRITIS | CARDITIS | CHOREA |
|--|---|---|
| Juvenile idiopathic arthritis | Viral myocarditis | Huntington chore |
| Reactive arthritis (e.g., Shigella, Salmonella, Yersinia) | Viral pericarditis | Wilson disease |
| Serum sickness | Infective endocarditis | SLE |
| Sickle cell disease Malignancy SLE Lyme disease (Borrelia burgdorferi) Pyogenic arthritis Post strep RA | Kawasaki disease Congenital heart disease Mitral valve prolapse Innocent murmurs | Cerebral palsy Tic disorder Hyperactivity |

ANTIINFLAMMATORY THERAPY

- Early treatment may mask the disease.
- Use Acetaminophen early if still unsure if DX.
- Salicylates: (High dose aspirin) then low dose for a few weeks.
 - 50-70 mg/kg/day QID PO X 3-5 days
 - Then 50 mg/kg/day in 4 QID PO X 3 wk
 - Then half that 2-4 wk
- Corticosteroids. If Carditis present.
 - prednisone is 2 mg/kg/day QID X 2-3 wk
 - followed by half the dose for 2-3 wk
 - then by 5 mg/24 hr every 2-3 days.
- Repeat if ARF rebounded
- Carditis Rx: Steriod, Digoxin, fluid and salt restriction, diuretics, and oxygen

SYDENHAM CHOREA RX

- Late: usually antiinfalmatory not needed.

Treatments:

- Sedatives:
 - phenobarbital, drug of choice
 - Alternate choices: haloperidol or chlorpromazine
 - Plus minus corticosteroids.

COMPLICATIONS

- "Acute Rheumatic Fever licks the joints and bites the heart" (Laseque 1884)

PROGNOSIS

- 50-70% of carditis recover.
- Worsoning carditis may occur in subsequent attacks.
- ARF recurrence 50% risk with each GAS pharyngitis
- ARF Recurrence is highest in the 1st 5 yr
- 20% of patients who present with "pure" chorea who are not given secondary prophylaxis develop rheumatic heart disease within 20 yr.

→ Therefore we give prophylactic
Abx for at least 5 years
(Prophylaxis medication that
is used is Penicillin G injx
once a month)

جامعة الملك عبد الله

PREVENTION

- primary prevention:
 - DX and treat GAS pharyngitis before ARF appears.
 - Effective if PCN given in first 9 days of pharyngitis
- secondary prevention:
 - Maintenance ABT since recurrence likely.
 - Benzathine PCN G IM X 1 Q 4 weeks
 - Or PCV V K PO
 - Or Sulfa
 - Macrolide if PCN allergic

DURATION OF PROPHYLAXIS BY AHA

| CATEGORY | DURATION |
|---|---|
| Rheumatic fever without carditis | 5 yr or until 21 yr of age, whichever is longer |
| Rheumatic fever with carditis but without residual heart disease (no valvular disease*) | 10 yr or until 21 yr of age, whichever is longer |
| Rheumatic fever with carditis and residual heart disease (persistent valvular disease*) | 10 yr or until 40 yr of age, whichever is longer; sometimes |

Endocarditis

- * Which is mainly infx of the values of the heart
- * Most commonly from Strep. Viridans
- ↳ it comes from poor oral hygiene
- Strep viridans causes subacute endocarditis (from 2-3 weeks)
- However
- Staph aureus causes acute endocarditis (more overwhelming)

التي تسببها
بكتيريا فيروزية
أو سبائك
Strep. Viridans

WHO DEVELOPS PEDIATRIC ENDOCARDITIS?

- Marked decline in Rheumatic HD
- Relative increase in congenital HD (VSD, PDA, TOF, aortic valve abnormalities; operated patients with S-P shunts, prosthetic material)
- Central venous catheters, normal hearts
- Highest risk: Aortic valve prosthesis or systemic-pulmonary shunt

TABLE 26-1 Underlying Heart Disease in 266 Children with Infective Endocarditis

| Underlying Heart Disease | Percentage Affected (%) |
|-------------------------------|-------------------------|
| Congenital heart disease | 78 |
| Tetralogy of Fallot | 24 |
| Ventricular septal defect | 16 |
| Congenital aortic stenosis | 8 |
| Patent ductus arteriosus | 7 |
| Transposition of great vessel | 4 |
| Others | 19 |
| Rheumatic heart disease | 14 |
| No heart disease | 8 |

From Kaplan EL. Infective endocarditis in the pediatric age group: an overview. In: Kaplan EL, Taranta AV, editors. *Infective endocarditis: an American Heart Association symposium*. Dallas: American Heart Association; 1977, p. 51-4.

ETIOLOGY

- **STREPTOCOCCI (~ 45%)**
 - Viridans 35%
 - Enterococci ~ 5%
 - *S. pneumoniae*, beta streptococci (GBS) - ~ 7%
- **STAPHYLOCOCCI:** especially post-op, foreign body-associated or in normal hearts (~ 40%)
 - *S. aureus* ~ 30% (seen also in IV drug abusers)
 - Coagulase-negative staph ~ 10%

ETIOLOGY

They are difficult to grow, causing blood culture -ve endocarditis

- HACEK group: ~ 5%:

- *Haemophilus* species, *Actinobacillus actinomycetemcomitans*, *Cardiobacterium hominis*, *Eikenella corrodens*, *Kingella kingae*
- fastidious Gram-negative coccobacilli

- Others ~ 5-7%

- Fungi, especially *Candida* ~ 2-5%
- Gram-negative enterics ~ 3%

- Culture-negative ~ 5%

INFECTIVE ENDOCARDITIS PATHOGENESIS

- Areas of turbulent flow (**jet effect, eddies**)

- Stenosis (valves, coarct)

↙ valve بفتح باء

- Small VSD

thrombus بفتح باء و valve بفتح باء high pressure ↗
infx بفتح باء و predisposed area فتح باء

- Endothelial disruption results (also occurs with indwelling line)

- Sterile fibrin-platelet thrombus develops on the disrupted surface

- Entrapment of bacteria from "stray bacteremia" initiates focus of infection; platelets and fibrin deposit to form vegetation. Receptors are involved (MSCRAMM's).

* So if a pt is known to have congenital heart disease (or is at risk to develop endocarditis) → They should be given prophylactic Abx before doing any dental procedure

Present

ASYMPTOMATIC BACTEREMIA OCCURS IN:

| Initiating Event | Percentage of Positive Blood Cultures (%) | Predominant Organisms |
|---|---|--|
| Dental extraction (children) | 30-65 | Streptococcus, diphtheroids |
| Chewing gum, candy, paraffin | 0-51 | Streptococcus, <i>Staphylococcus epidermidis</i> |
| Tooth brushing | 0-26 | Streptococcus |
| Tonsillectomy | 28-38 | Streptococcus, <i>Haemophilus</i> , diphtheroids |
| Bronchoscopy (rigid scope) | 15 | Streptococcus, <i>S. epidermidis</i> |
| Bronchoscopy (fiberoptic) | 0 | |
| Orotracheal intubation | 0 | |
| Nasotracheal intubation/suctioning | 16 | Streptococcus, aerobic gram-negative rods |
| Sigmoidoscopy/colonoscopy | 0-9.5 | Enterococcus, aerobic gram-negative rods |
| Upper gastrointestinal endoscopy | 8-12 | Streptococcus, <i>Neisseria</i> , <i>S. epidermidis</i> , diphtheroids, other |
| Percutaneous liver biopsy | 3-14 | Pneumococcus, aerobic gram-negative rods, <i>Staphylococcus aureus</i> , other |
| Urethral catheterization | 8 | Not stated |
| Manipulation of <i>S. aureus</i> suppurative foci | 54 | |

From Everett ED, Hirschmann JU. Transient bacteremia and endocarditis prophylaxis: a review. Medicine (Baltimore) 1977;56:61-77.
© 1977, The Williams & Wilkins Company, Baltimore.

INFECTIVE ENDOCARDITIS CLINICAL SYNDROMES

- Acute Presentation

- High fever, toxicity, ± CHF
- *S. aureus* most common; β strep, *S. pneumoniae*
- Early post-op; normal heart; indwelling lines

- Subacute Presentation (more common)

- Insidious, non-toxic, malaise, immune phenomena
- Viridans strep most common pathogen
- Also fungal, HACEK agents, coagulase-negative staph
- Extracardiac manifestations are less common than in adults (splenomegaly, hematuria, immune phenomena)

كثير من المرضى ينجوا بكون العدوى أسبوعين أو ٣، فمثلاً fever syste blood culture & echo \rightarrow subacute bacterial endocarditis

C/P

| Symptom | Average (%) | Range (%) | Physical Finding | Average (%) | Range (%) |
|----------------------------------|-------------|-----------|-------------------------------|-------------|-----------|
| Fever | 90 | 56-100 | Splenomegaly | 55 | 36-67 |
| Malaise | 55 | 40-79 | Petechiae | 33 | 10-50 |
| Anorexia/weight loss | 31 | 8-83 | Embolic phenomena | 28 | 14-50 |
| Heart failure | 30 | 9-47 | New or change in heart murmur | 24 | 9-44 |
| Arthralgia | 24 | 16-38 | Clubbing | 14 | 2-42 |
| Neurologic findings | 18 | 12-21 | Osler nodes | 7 | 7-8 |
| Gastrointestinal findings | 16 | 9-36 | Roth spots | 5 | 0-6 |
| Chest pain | 9 | 5-20 | Janeway lesion | 5 | 0-10 |
| | | | Splinter hemorrhages | 5 | 0-10 |
| emboli ممكن يظهر في | | | | | |
| Hematuria لاؤ و kidney دلائل عاد | | | | | |

INFECTIVE ENDOCARDITIS EVALUATION

- 3 or more blood cultures (separate venipunctures) over 6-24 hours before therapy:
 - Continuous bacteremia is the rule in endocarditis
 - Trans-thoracic Echo (~ 80% sensitive, higher than in adults)
- * Trans-esophageal echo is better than the trans-thoracic echo (TTE)

بس الأفضل بعملها TTE عسان أسلف

INFECTIVE ENDOCARDITIS EVALUATION

- Role of Trans-esophageal Echo in kids is evolving:
 - Better imaging of aortic root structures
 - Superior in individuals with thick chest walls, obesity
 - Superior with prosthetic valves
 - Superior for vegetations, abscesses

SELECTED LABORATORY FINDINGS OF BACTERIAL ENDOCARDITIS IN CHILDREN

| Laboratory Finding | Average (%) | Range (%) |
|---|-------------|-----------|
| Positive blood culture | 87 | 68-98 |
| Elevated erythrocyte sedimentation rate | 80 | 71-96 |
| Low hemoglobin (anemia) | 44 | 19-79 |
| Positive rheumatoid factor | 38 | 25-55 |
| Hematuria | 35 | 28-47 |

INFECTIVE ENDOCARDITIS DIAGNOSTIC CRITERIA

✗ • Duke Criteria:

جامعة الملك عبد الله
جامعة الملك عبد الله
جامعة الملك عبد الله

- **Definite IE:** Pathologic evidence, or 2 majors, or 1 major and 3 minors, or 5 minors
- **Possible IE:** 1 major and 1 or 2 minors, or 3-4 minors alone
- **Rejected:** Firm alternate diagnosis; or resolution of illness or absence of evidence of IE at surgery or autopsy after ≤ 4 days of antibiotics

✗ INFECTIVE ENDOCARDITIS REVISED DUKE CRITERIA (2000)

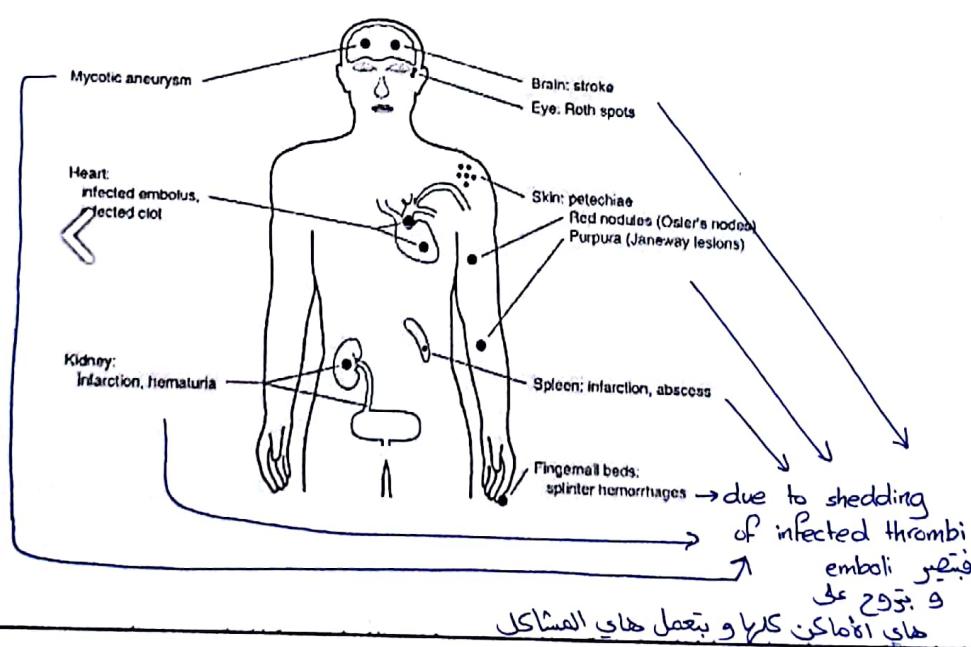
• MAJOR CRITERIA

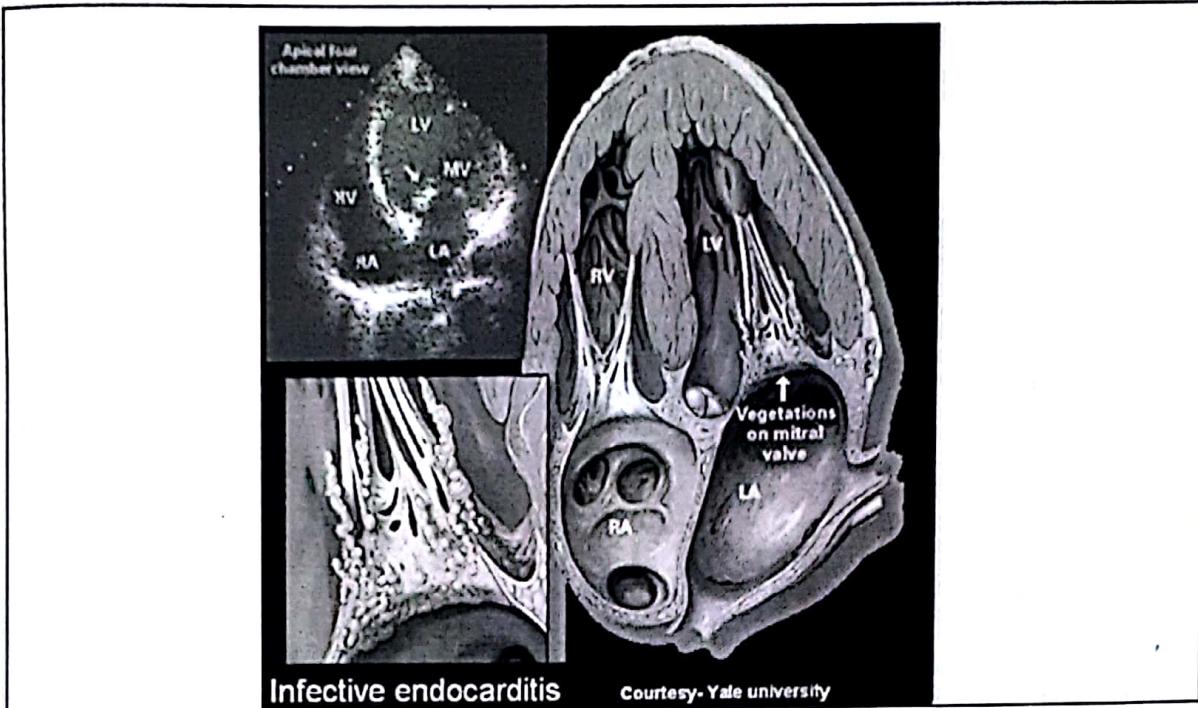
- Positive blood cultures
 - Typical IE organism from ≥ 2 cultures or
 - Persistently positive cultures (≥ 2 BC at least 12 hr apart or all of 3 or majority of ≥ 4 BC at least 1 hr apart)
 - Single positive for *C. burnetii* or IgG $> 1:800$
- Evidence of endocardial involvement
 - Positive echocardiogram or
 - New valvar regurgitation

X INFECTIVE ENDOCARDITIS REVISED DUKE CRITERIA (CONT.)

• MINOR CRITERIA

- Predisposing heart disease or IVDA
- Fever 38°C
- Vascular phenomena (Janeway lesions, emboli, conjunctival hemorrhages, mycotic aneurysms, strokes)
- Immunologic phenomena (nephritis, Osler nodes, Roth spots, rheumatoid factor)
- Positive blood cultures not meeting major criterion





→ Due to shedding of infected thrombi

VASCULAR PHENOMENA

- Janeway lesions
- Emboli
- Conjunctival hemorrhages
- Mycotic aneurysms
- Strokes

JANEWAY LESIONS

painless small erythematous or hemorrhagic lesions on the palms and soles



IMMUNOLOGIC PHENOMENA

- Nephritis
- Osler nodes
- Roth spots
- Rheumatoid factor → +ve ↗
- splinter hemorrhages

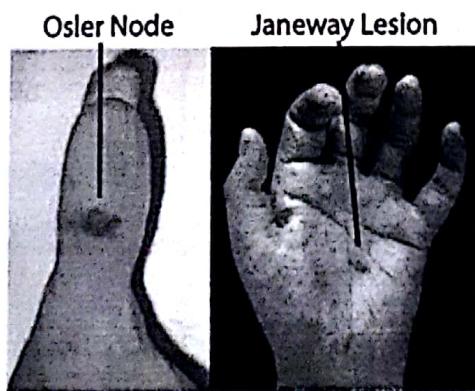
Roth Spots

- These "white-centered" hemorrhages
- not specific for endocarditis



OSLER NODES

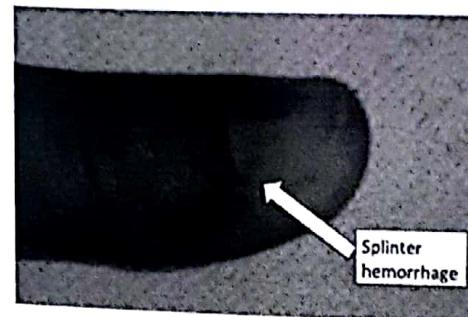
Osler nodes :tender, pea-sized intradermal nodules in the pads of the fingers and toes



SPLINTER HEMORRHAGES

linear lesions beneath the nails.

- may represent vasculitis produced by circulating antigen-antibody complexes..



INFECTIVE ENDOCARDITIS TREATMENT I

- PROLONGED ^{بعض الأنواع في} organism حسب الـ
- PARENTERAL
- BACTERICIDAL ANTIBIOTICS

INFECTIVE ENDOCARDITIS TREATMENT I

- Highly sensitive streptococci (PenMIC \leq 0.1 mcg/ml)
 - Penicillin G or Ceftriaxone 4 weeks
 - Penicillin G or Ceftriaxone, plus Gentamicin 2 weeks
 - Vancomycin (for Pen-allergic) 4 weeks
- Relatively resistant streptococci (PenMIC $> 0.1 \leq 0.5$)
 - Penicillin G or Ceftriaxone 4 weeks
 - plus Gentamicin 2 weeks
 - Vancomycin (for Pen-allergic) 4 weeks
- Enterococci or Pen-resistant streptococci (MIC > 0.5)
 - Pen G or Ampicillin plus Gentamicin 4-6 weeks
 - Vancomycin (for Pen-allergic) plus Gentamicin 6 weeks

INFECTIVE ENDOCARDITIS TREATMENT II

- Staphylococci (without prosthetic material)
 - Nafcillin or Oxacillin 6 weeks \pm Gentamicin 3-5 days
 - Cefazolin (for Pen-allergic) 6 weeks \pm Gentamicin 3-5 days
 - Vancomycin (for Pen-allergic or for MRSA/MRSE) 6 weeks
- Staphylococci (with prosthetic material)
 - For Methicillin Resistant Staph:
 - Vancomycin plus Rifampin \geq 6 weeks plus Gentamicin 2 weeks
 - For Methicillin Sensitive Staph:
 - Nafcillin or Oxacillin or cefazolin \geq 6 weeks plus Rifampin \geq 6 weeks plus Gentamicin 2 weeks
- HACEK Agents
 - Ceftriaxone 4 weeks, or Ampicillin and Gentamicin 4 weeks

"CULTURE - NEGATIVE" ENDOCARDITIS INCLUDES

*Think also about the HACEK group

- Partially treated endocarditis
- Nutritionally deficient streptococci
- Fungal endocarditis
- Q fever (rare) Chlamydia
- Bartonella quintana
- Rx: 4-6 weeks of amp-sulbactam or vancomycin and gentamicin, possibly with cipro. Ceftriaxone and gentamicin ± doxycycline if Bartonella suspected

HIGH RISK FOR COMPLICATIONS

- Prosthetic valve IE
- Left-sided IE → because it may result in systemic emboli
- *Staphylococcus aureus* IE
- Fungal IE
- Previous episode of IE
- Prolonged symptoms (≥ 3 months)
- Cyanotic CHD
- Systemic-pulmonary shunts
- Poor clinical response to antibiotics

INFECTIVE ENDOCARDITIS COMPLICATIONS I

- Cardiac
 - Obstruction, perforation, CHF
 - Heart block, arrhythmia
 - Perianular extension/Myocardial abscess
 - Prosthetic device dysfunction, dehiscence, or obstruction of valve or shunt
- spread of the infx
(local or remote)

INFECTIVE ENDOCARDITIS COMPLICATIONS II

- Extra-Cardiac
 - Thrombo-embolic events, stroke
 - Mycotic aneurysms
 - Metastatic infection
 - Persistent bacteraemia or fungemia
 - Immune-mediated phenomena
 - Nephritis, Osler, Roth, rheumatoid factor

INFECTIVE ENDOCARDITIS NON-ECHO SURGICAL INDICATIONS

- Persistent bacteremia despite appropriate therapy (usually >5-7 days)
- CHF 2° to obstruction or ruptured chordae or leaflet
- Fungal endocarditis
- Prosthetic valve infection (esp. staphylococcal)

ECHO FEATURES SUGGESTING POSSIBLE NEED FOR SURGERY

- Vegetation
 - Persistent after systemic embolus
 - Anterior leaflet of MV, esp. >10 mm
 - 1 embolus or more in 1st 2 weeks of therapy
 - 2 emboli or more during or after therapy
 - Increase in size despite appropriate therapy
- Valvar dysfunction
 - Acute AI or MI with failure
 - CHF unresponsive to medical therapy
 - Valve perforation or rupture
- Perivalvar extension
 - Valve dehiscence, rupture or fistula
 - New heart block

PREVENTION OF IE

- Maintain good oral hygiene
- Antibiotic prophylaxis now recommended only for dental procedures in those with:
 - Prosthetic valve
 - History of previous IE
 - Congenital heart disease
 - Unrepaired cyanotic CHD
 - Repaired CHD in 1st 6 months after repair
 - Repaired CHD with residual defect
 - Heart transplant with valve dysfunction

Wilson: Circulation 2007; 115

ENDOCARDITIS PROPHYLAXIS REGIMENS FOR A DENTAL PROCEDURE → given 60 mins before the procedure

| Situation | Agent | Regimen: Single Dose 30 to 60 Minutes Before Procedure | |
|---|---|--|--|
| | | ADULTS | CHILDREN |
| Oral Unable to take oral | Amoxicillin Ampicillin or Cefazolin or Ceftriaxone Cephalexin* or Clindamycin or Azithromycin or clarithromycin | 2 g 2 g IM or IV 1 g IM or IV 2 g | 50 mg/kg 50 mg/kg IM or IV 50 mg/kg IM or IV 50 mg/kg |
| Allergic to penicillins oral | Cefazolin or Ceftriaxone* or Clindamycin | 600 mg 500 mg | 20 mg/kg 15 mg/kg |
| Allergic to penicillins and unable to take oral | Cefazolin or Ceftriaxone* or Clindamycin | 1 g IM or IV 600 mg IM or IV | 50 mg/kg IM or IV 20 mg/kg IM or IV |

Wilson W, Taubert KA, Gewitz M, et al. Prevention of Infective endocarditis: guidelines from the American Heart Association. Circulation 2007;116:1736-54.