An anatomical illustration of a human head in profile, facing right. The skin is semi-transparent, revealing the underlying muscles and salivary glands. The parotid gland is visible in the lower part of the face, and the sublingual gland is located under the tongue. A network of yellow nerves is shown branching across the face. The background is a solid dark grey color.

# Salivary Glands

## Q1: What is the organ affected?

- Parotid gland → major salivary gland
- ↳ most tumors (80%) occurs in it
- ↳ most of them are benign

## Q2: What is the most likely Dx?

- Parotid Pleomorphic Adenoma → as it's the Mc tumor in parotid gland + lies at lower border of mandible

## Q3: What is the most common subtype?

subtypes are: - Myxoid (not sure) ✓

- ① myxoid (stroma-rich)
- ② cellular
- ③ mixed

## Q4: What is 1 sign that will confirm your Dx?

- ① Rubbery-hard, does not ② fluctuate and of ③ limited mobility on physical examination

- **Benign** salivary gland tumor.
- The most common salivary gland tumor.
- Usual location : parotid gland.
- single firm, mobile, well-circumscribed mass.
- **Painless.**
- Slow growing.



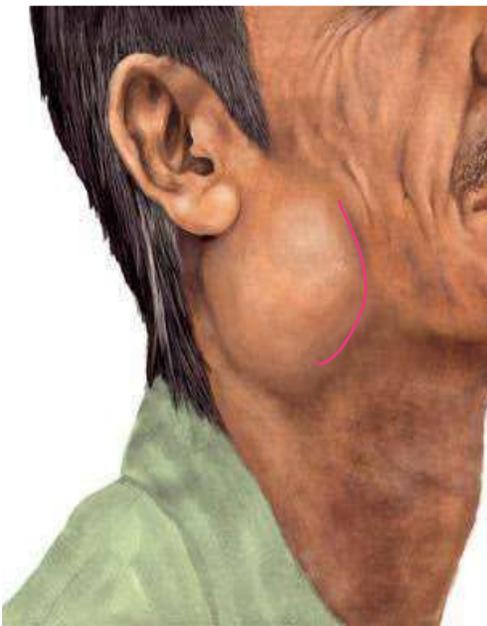
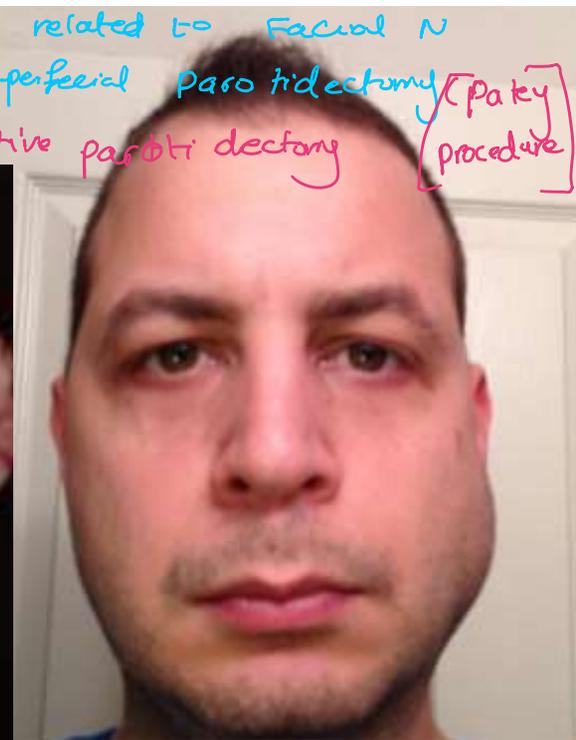
## Q5: How do we treat this pt?

- Superficial parotidectomy, some said total parotidectomy

→ according to its location in related to Facial N  
① If it's superficial to it → superficial parotidectomy (Patey procedure)  
② If it's deep → total conservative parotidectomy

## Q6: Histology? ✓

- ① Epithelial
- ② Myoepithelial
- ③ Stroma
- ④ Pseudopods
- ⑤ No true capsule



**Q: a patient had a superficial parotidectomy:**

**Q1: What is the most likely indication?**

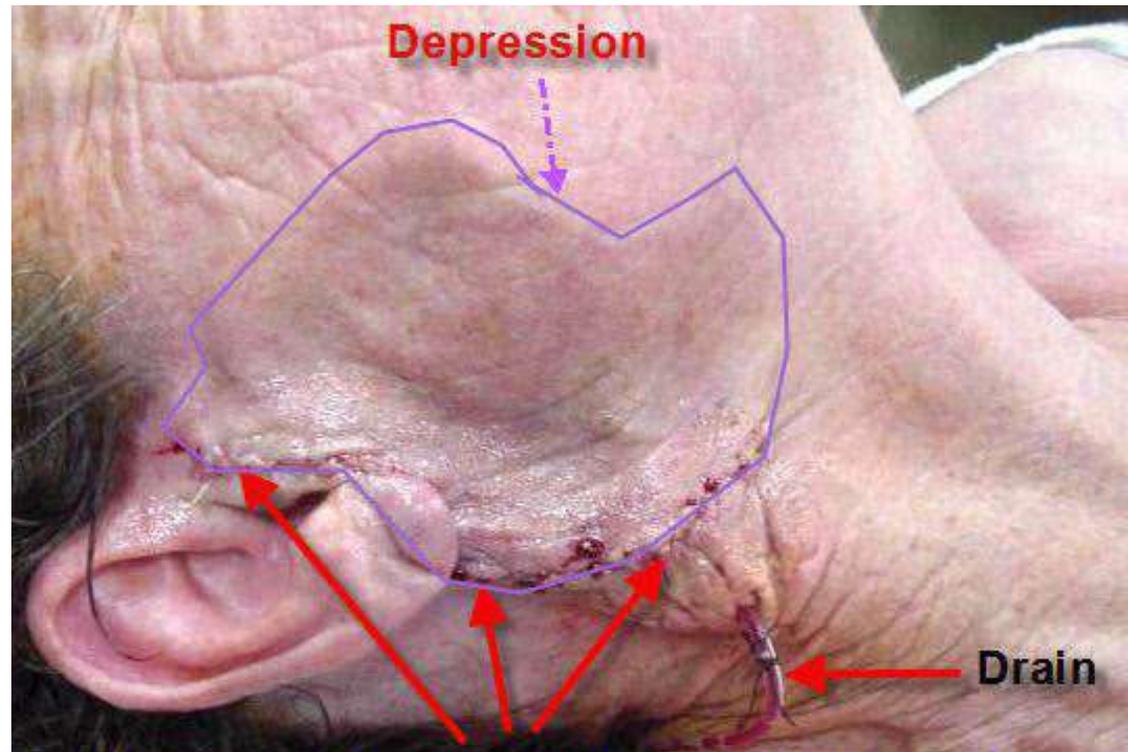
- Parotid gland tumor  
(most likely pleomorphic adenoma)

**Q2: What is the nerve in risk of being damaged?**

- Facial nerve

Some said: great auricular nerve

*Both are at risk  
but the NC is great auricular N*



**Q: 50 yo pt presented with bilateral neck swelling:**

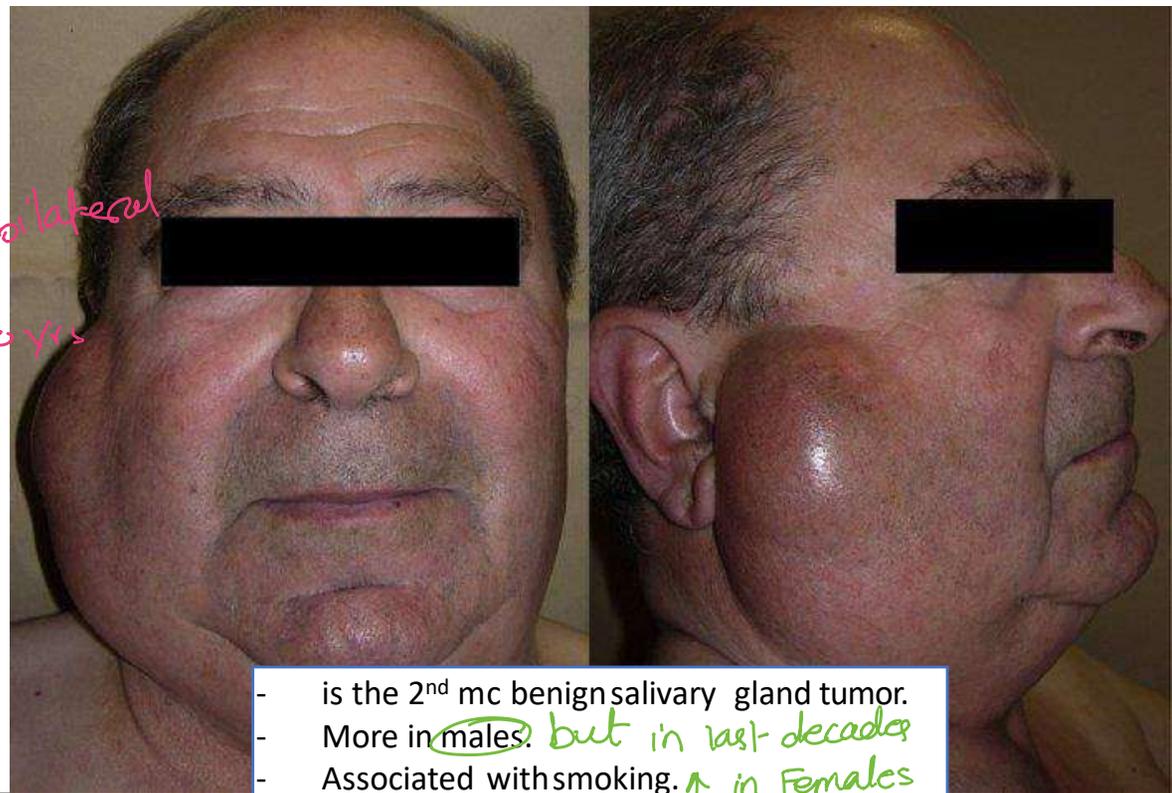
**Q1: What is the Dx?**

- Warthin's tumor

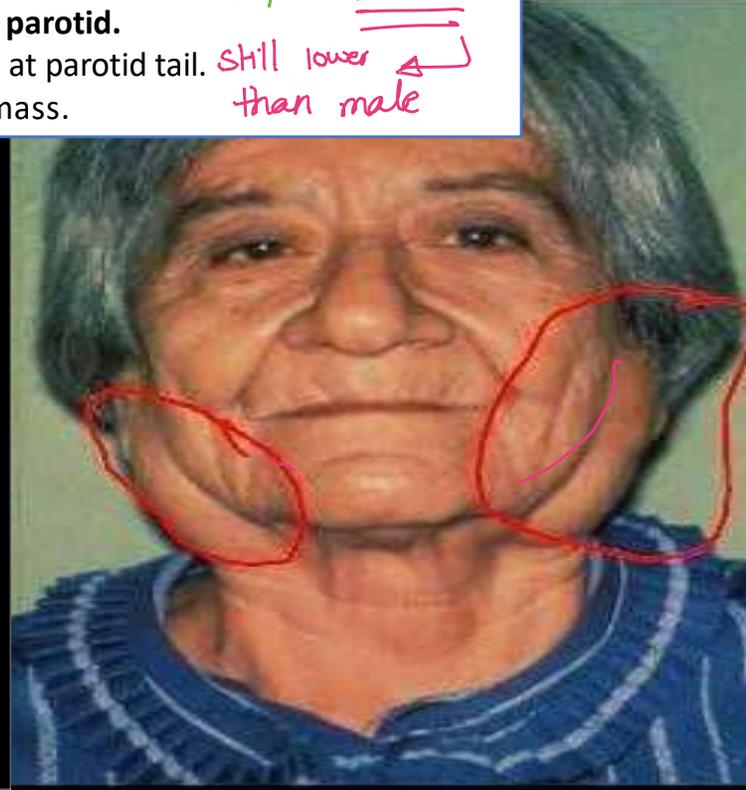
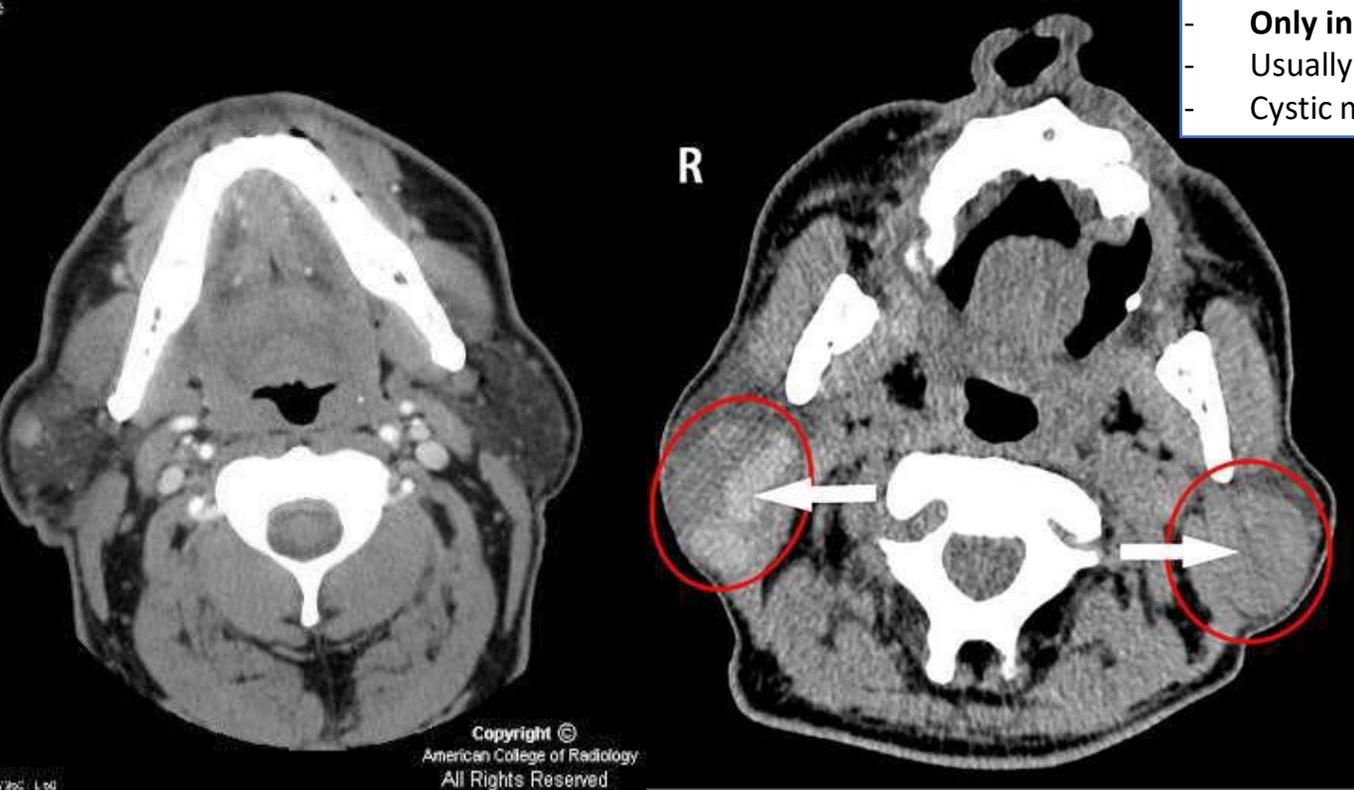
10% bilateral  
=> 50 yrs

**Q2: What is the malignancy risk?**

- 0.3%



- is the 2<sup>nd</sup> mc benign salivary gland tumor.  
- More in males. *but in last decades*  
- Associated with smoking. *↑ in Females*  
- **Only in parotid.**  
- Usually at parotid tail. *still lower than male*  
- Cystic mass.



# pleomorphic adenoma

in lower border of mandible

male / young middle age

asymptomatic, painless, limited mobility, Hard-Rubbery, not fluctuant, well circumscribed

—

same the answer above

same the answer above

≤ 5%

location

epidemiology

grossly

bilateral

Histo

ttt

Risk of malignancy

# warthin's

inferior pole of superficial lobe of parotid gland

≈ 50% , ↑ Female because of smoking

- soft, fluctuant, painless
- large cystic spaces
- multifocal

1/10

mix of epithelial & lymphatic tissue + fibrous capsule

→ sup lobe → parotid

↳ deep lobe → total conservative parotidectomy

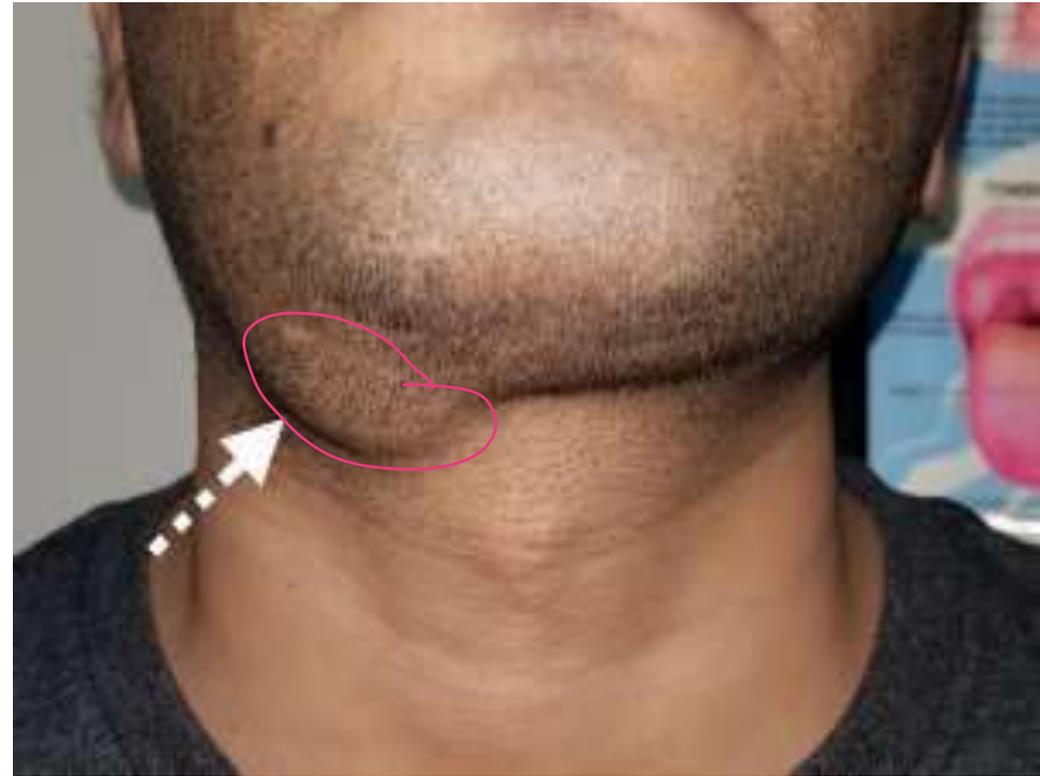
0.3%

**Q1: if a surgery was done  
what is the nerve at risk to  
be injured?**

- Marginal Mandibular Nerve

**Q2: What is the risk of  
malignancy?**

-50%



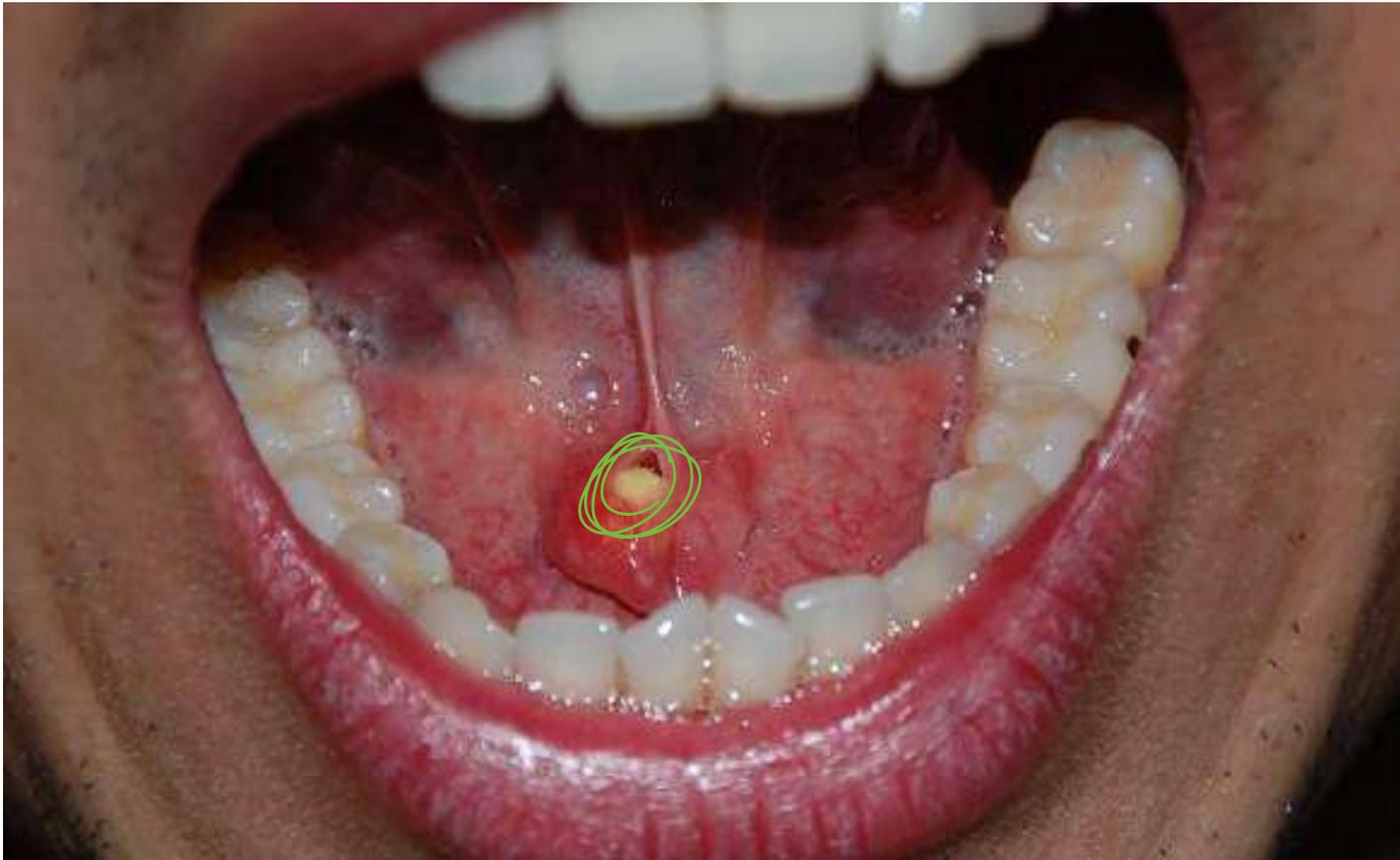
Salivary Gland	Malignancy Rate	Incidence of Tumor
Parotid	20%	80%
Submandibular	50%	15%
Sublingual & Minor	70%	5%



# Sialolithiasis = salivary stones

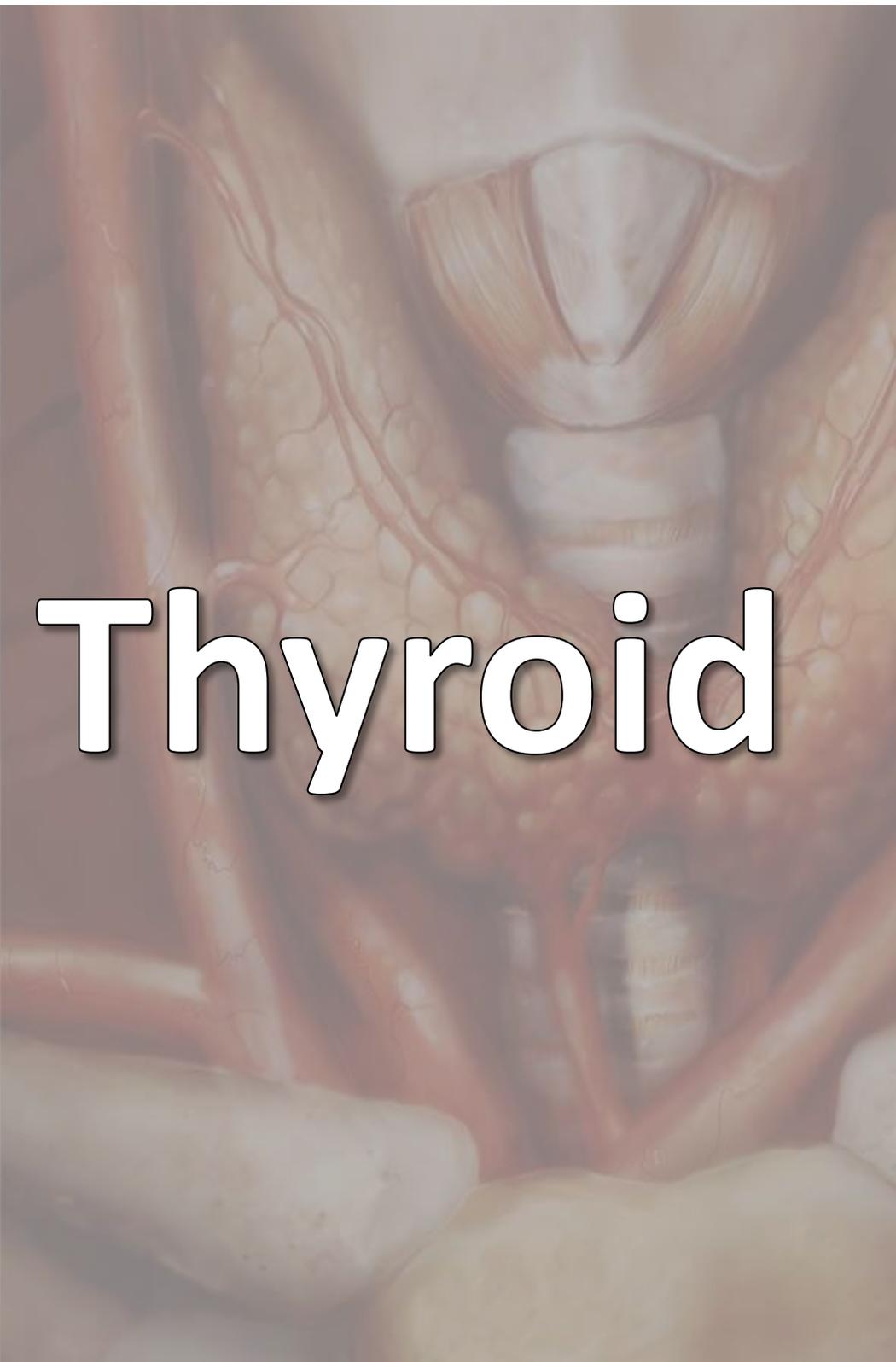
## Submandibular salivary gland stone

- The stone is located in the Wharton's duct (most common site) :  
in the floor of the mouth near the frenulum of the tongue.





**Neck &**



**Thyroid**

endo

بالعانة يكون pheochromocytoma موصفة NF2 و MEN2A

Q: a patient with thyroid medullary cancer, & a CT was

done: وعانة بجواعك الطواريء واول اسي تقوله المهم HTN

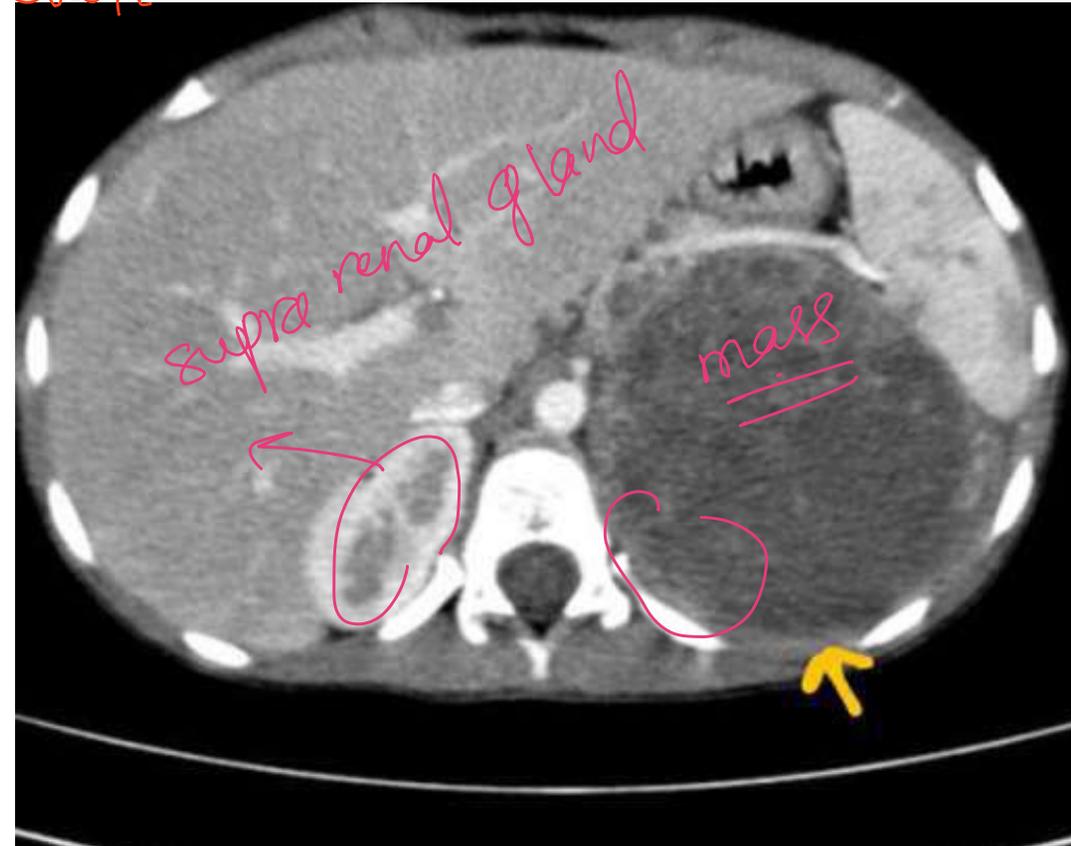
Q1: What is your next step? (not sure what the dr. meant so here is the possibilities):

- Assess the functionality of the adrenal tumor by hx, physical ex and ordering lab tests: KFT (Na, K, Creatinine, Urea) / Aldosterone levels/ cortisol/ metanephrine / noremetanephrine / vanillyl mandelic acid (VMA)
- pheochromocytoma
- 24h urine analysis for catecholamine metabolites (VMA/ Meta)

Q2: If the patient has no genetic abnormality and the lesion is not functioning what will you do next?

- Because it is very large > surgery adrenalectomy, the dr said : If it was more than 4 cm then you have to remove it immediately

لصغيره ارفان صكره هصاى اكله



any adrenal mass  $\rightarrow$  the 1st thing you should do is to assess the function, why?

- 78% incidentaloma  $\rightarrow$  25% malignant if its size  $\geq 4$  cm
  - 7% cushing adenoma
  - 4% pheochromocytoma
  - 4% adrenocortical adenoma
  - 2% myelipoma
  - 1% conn's adenoma
- could be malignant

do Biochemical profile :-

Aldosterone, renin, serum Na & K  $\rightarrow$  conn's  
morning cortisol, 1mg dexamethasone suppression test  $\rightarrow$  cushing  
serum VEGF & metanephrin  $\rightarrow$  pheochromocytoma

If everything is normal, then check for size :-

$< 4$  cm  $\rightarrow$  Follow up after 6 months ( $\geq 1$  cm growth rate? Remove)  
( $< 1$  cm? Follow up yearly)

$\geq 4$  cm  $\rightarrow$  Remove it

Q: a patient presented with **episodic sweating and hypertension**:

Endo

Q1: What is the Dx?

- Pheochromocytoma

دائماً في mass تلاحظها لا يتم فحصها في الخطوة

Q2: What is the 1<sup>st</sup> thing to do?

- Check if functional or not by checking cortisol, renin, angiotensin and VMA,... etc

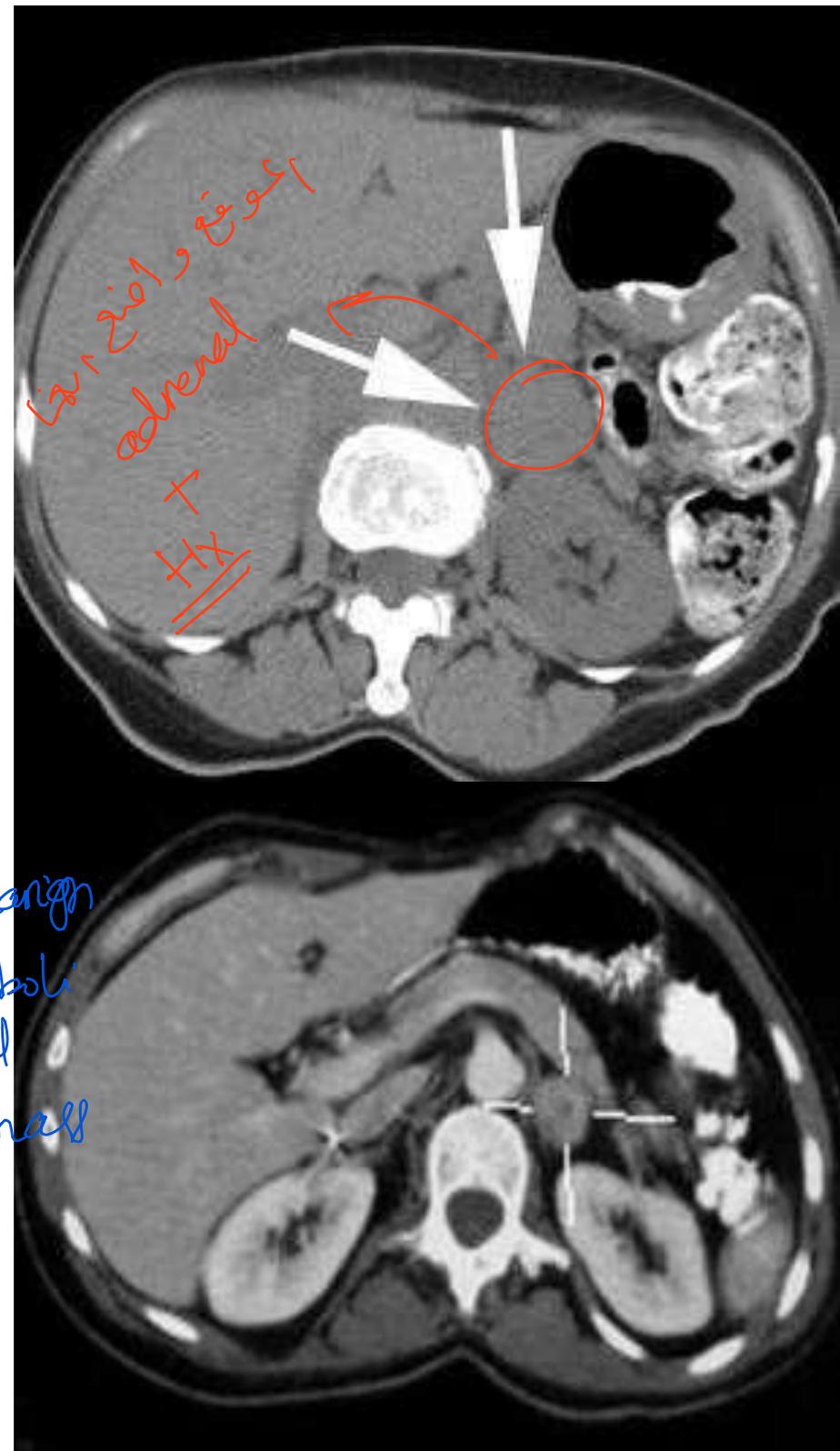
Q3: What raise the possibility of malignancy?

- >4 cm
- necrosis
- hemorrhage
- Heterogenous

-irregular margin  
- venous emboli in proximal vein to mass

Q2: What is the size that would be considered an indication for surgery?

- >4 cm



Q: Lab investigations show **high aldosterone level and high ratio of PAC to PRA:**

*endo*

Q1: What is your Dx?  
- Conn's tumor

Q2: Mention a common presentation for this patient?

- Hypertension as  $\uparrow$  reabsorption of Na & water  
 $\uparrow$  excretion of K & H



# DDx of neck lumps

	Midline	Lateral
Neoplastic	Thyroid Parathyroid Pharyngeal/Laryngeal	Most tumors (lymphoma, carotid...)
Congenital	Thyroglossal duct cyst Laryngocele	Cystic Hygroma Branchial cleft cyst
Infectious	Ludwig's Angina	Most infections (cat-scratch, mononucleosis, sialadenitis...)
Inflammatory	Submental reactive lymphadenopathy Thyroiditis	Most reactive lymphadenopathy

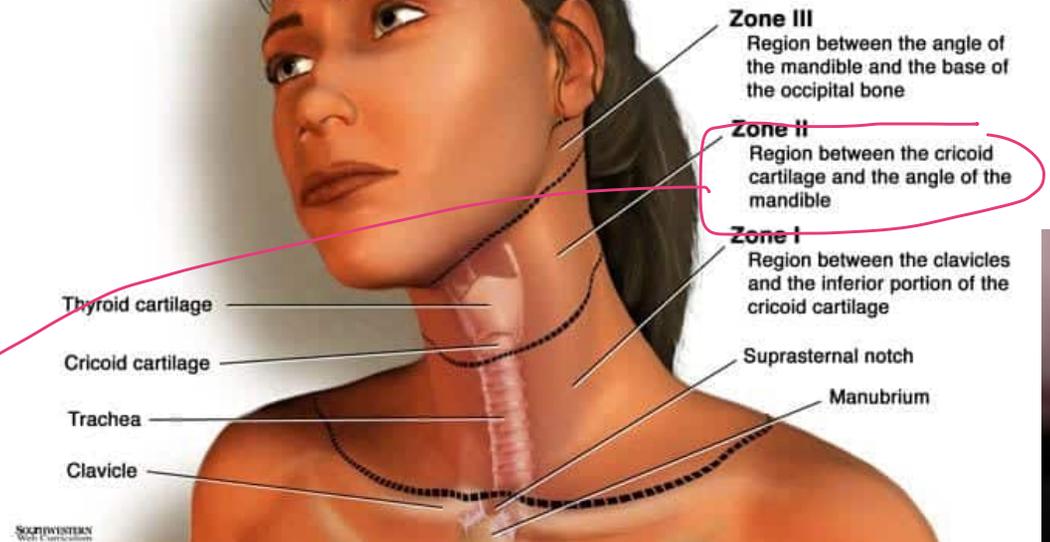
## Q1: What is the Dx?

- Lacerated neck wound

## Q2: What zone?

- Zone 2

### The 3 Zones of the Neck



#### Zone III

Region between the angle of the mandible and the base of the occipital bone

#### Zone II

Region between the cricoid cartilage and the angle of the mandible

#### Zone I

Region between the clavicles and the inferior portion of the cricoid cartilage

Thyroid cartilage

Cricoid cartilage

Trachea

Clavicle

Suprasternal notch

Manubrium

## Q3: Name the borders for it?

- From the angle of the mandible to the cricoid cartilage

## Q4: When to intubate the patient?

- 1) Expanding hematoma
- 2) Obstructive complication
- 3) Cervical vertebrae injury



## PENETRATING NECK INJURIES

What depth of neck injury must be further evaluated?

Penetrating injury through the platysma

Define the anatomy of the neck by trauma zones:

Zone III

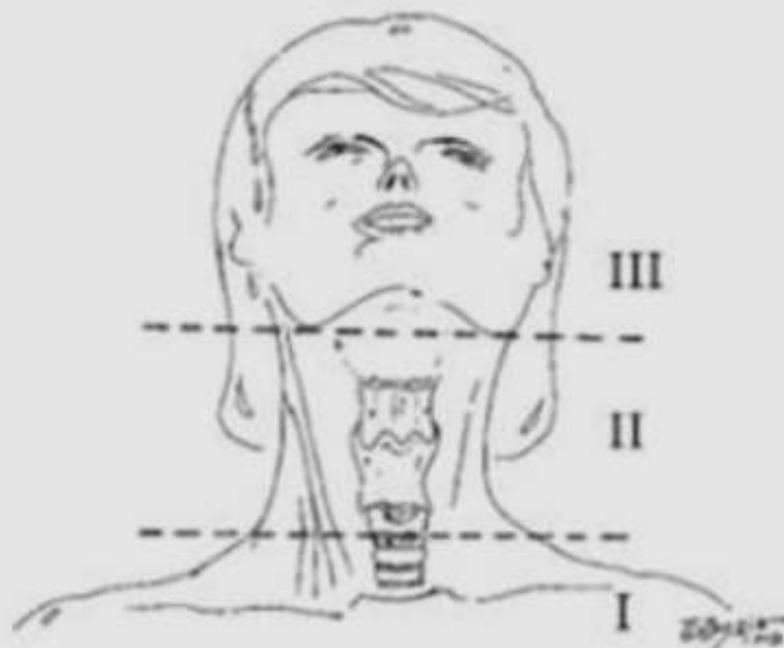
Angle of the mandible and up

Zone II

Angle of the mandible to the cricoid cartilage

Zone I

Below the cricoid cartilage



How do most surgeons treat penetrating neck injuries (those that penetrate the platysma) by neck zone:

Zone III

Selective exploration

Zone II

Surgical exploration vs. selective exploration

Zone I

Selective exploration

What is selective exploration?

Selective exploration is based on diagnostic studies that include A-gram or CT A-gram, bronchoscopy, esophagoscopy

What are the indications for surgical exploration in all penetrating neck wounds (Zones I, II, III)?

“**Hard signs**” of significant neck damage: **shock**, exsanguinating hemorrhage, expanding hematoma, pulsatile hematoma, neurologic injury, subQ

# VERY COMMON QUESTION!

Bethesda diagnostic category		Risk of malignancy	Usual management	
<b>I</b>	<b>Nondiagnostic or unsatisfactory</b>	Cyst fluid only Virtually acellular specimen Other (obscuring blood, clotting artifact, etc.)	1% to 4%	Repeat FNA with ultrasound guidance
<b>II</b>	<b>Benign</b>	Consistent with a benign follicular nodule (includes adenomatoid nodule, colloid nodule, etc.) Consistent with lymphocytic (Hashimoto) thyroiditis in the proper clinical context Consistent with granulomatous (subacute) thyroiditis Other	0% to 3%	Clinical follow-up
<b>III</b>	<b>Atypia of undetermined significance or follicular lesion of undetermined significance</b>		5% to 15%	Repeat FNA
<b>IV</b>	<b>Follicular neoplasm or suspicious for a follicular neoplasm</b>	Specify if Hurthle cell (oncocytic) type	15% to 30%	Surgical lobectomy
<b>V</b>	<b>Suspicious for malignancy</b>	Suspicious for papillary carcinoma Suspicious for medullary carcinoma Suspicious for metastatic carcinoma Suspicious for lymphoma Other	60% to 75%	Near-total thyroidectomy or surgical lobectomy
<b>VI</b>	<b>Malignant</b>	Papillary thyroid carcinoma Poorly differentiated carcinoma Medullary thyroid carcinoma Undifferentiated (anaplastic) carcinoma Squamous cell carcinoma Carcinoma with mixed features (specify) Metastatic carcinoma Non-Hodgkin lymphoma Other	97% to 99%	Near-total thyroidectomy

# Q1: What is the Dx?

- Thyroglossal duct cyst

# Q2: What is the structure on U/S (involved bone)?

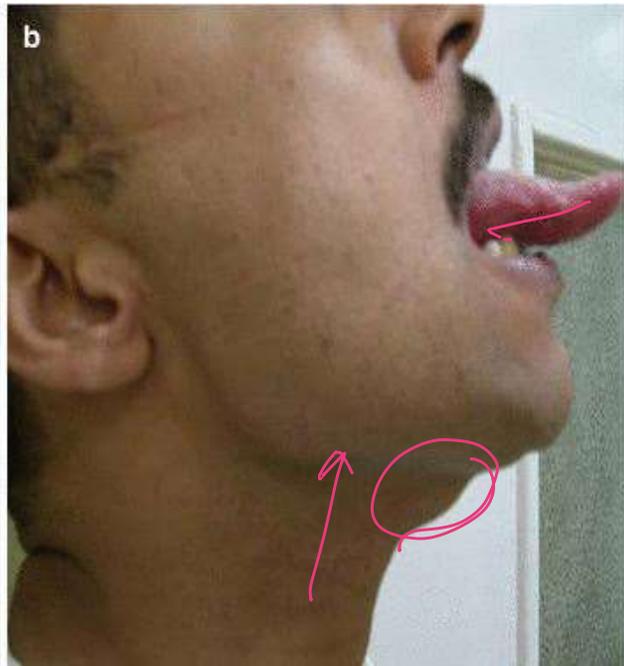
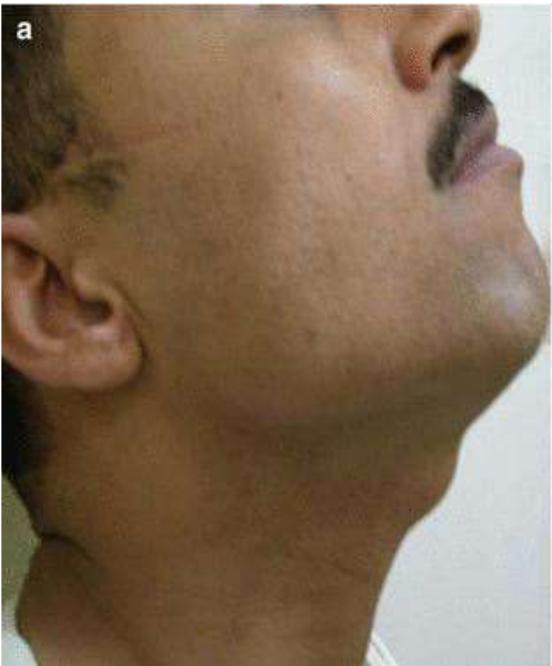
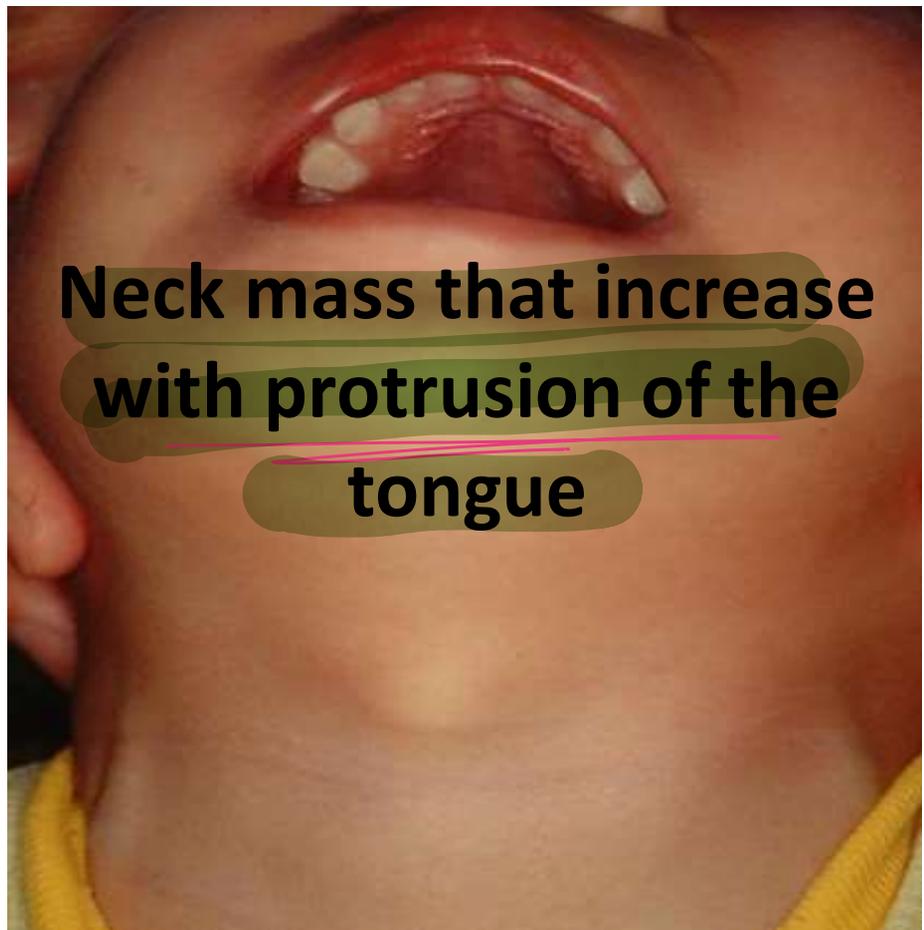
*MC  
Site is  
midline at  
or below*

- Hyoid bone

# Q3: What is the Mx?

- Sistrunk's procedure ✓

(if the hyoid bone not removed the recurrence rate is > 50-60%)



## Q4: What is the malignancy risk?

- 2%

MC is papillary then SCC

## Q5: Name the malignancy that does not occur here?

- Medullary Ca

neural crest ←

not seen also  
in pyramidal  
& isthmus

## Q6: Complications?

① - Infection, ② malignant risk

③ Sinus formation due to ruptured cyst

## Q7: Sign to confirm your Dx?

- Movement with tongue protrusion  
by inspection or palpation

## Q8: What is the risk of recurrence?

- Sistrunk procedure reduces the  
recurrence risk from 60% to < 10%

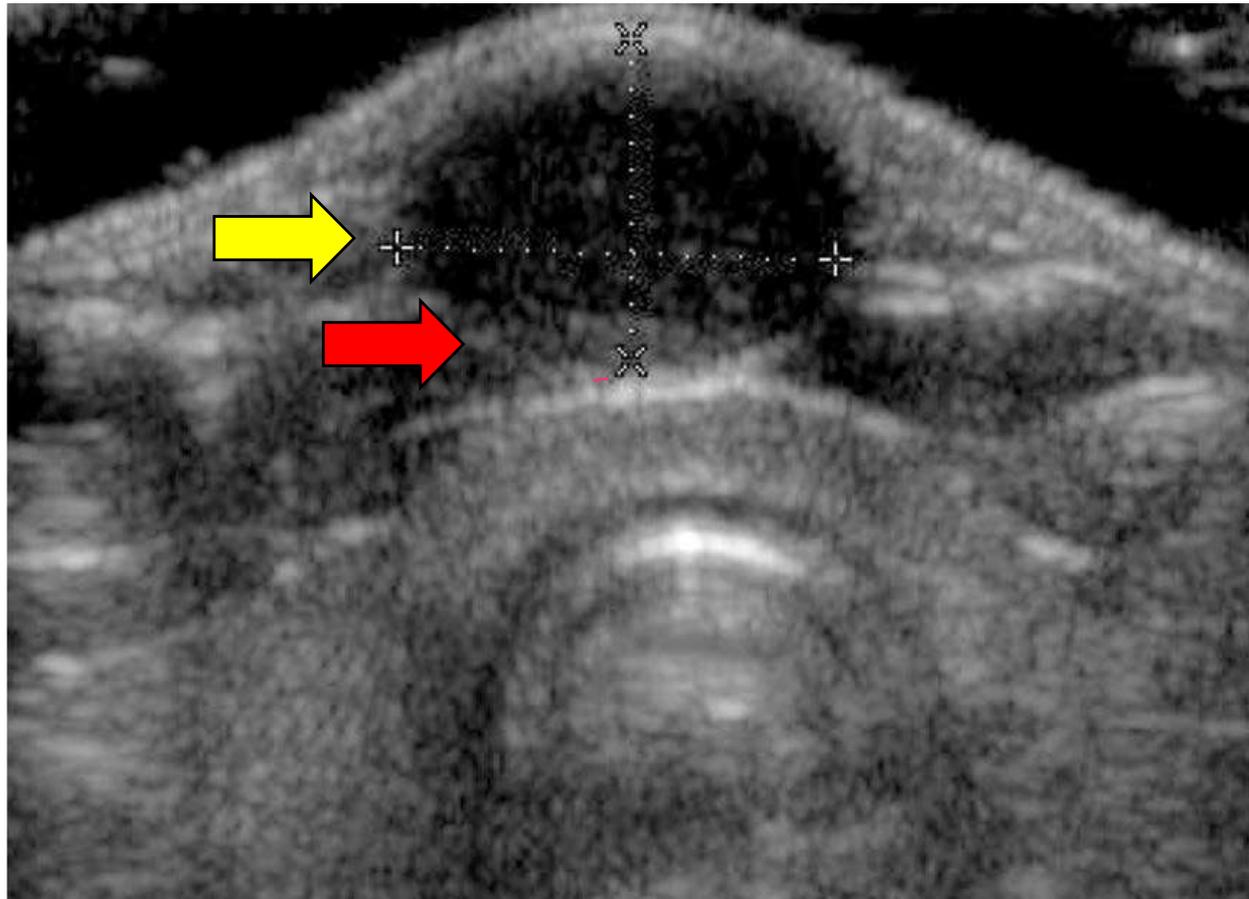


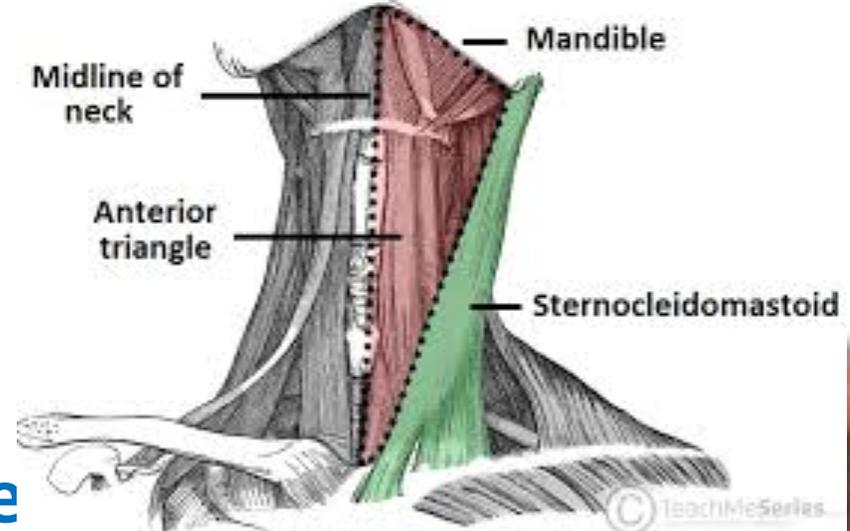


Q: This patient underwent surgery for the pathology depicted by the yellow arrow. Histology reported a malignancy of non-thyroid origin.

What is the most likely malignancy? SCC

What structure does the red arrow point to? Hyoid bone





**Q1: Name the triangle of the neck in which the lesion is situated:**

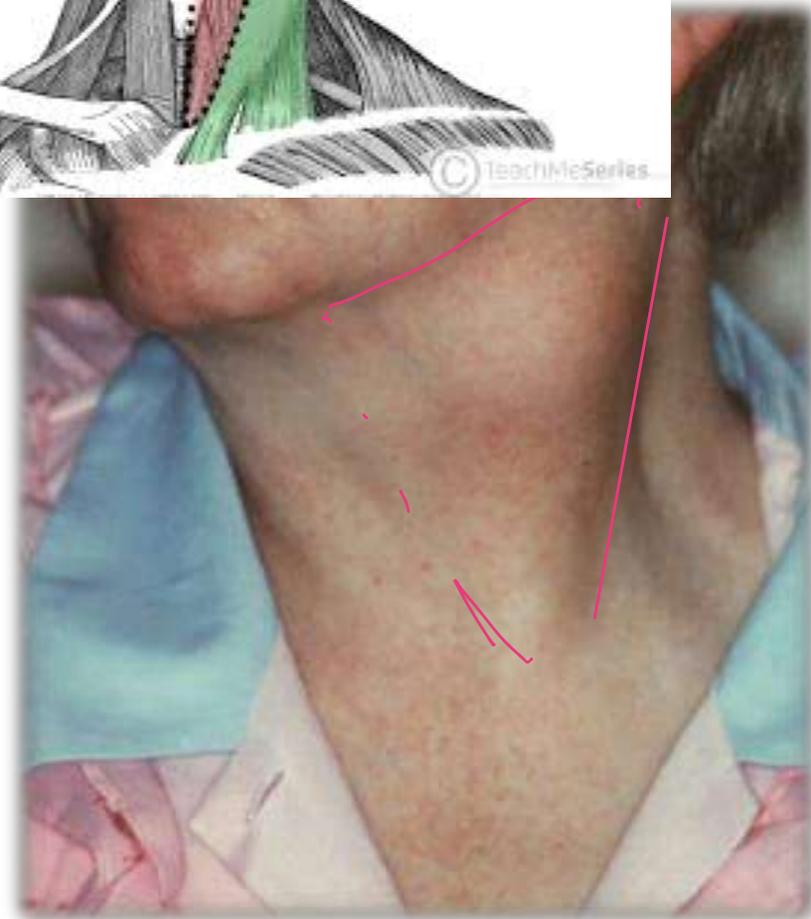
salivary gland infection  
anterior triangle.

**Q2: Give 2 DDx for the lump:**

① sialadenitis/ lipoma.

③ epidermoid cyst

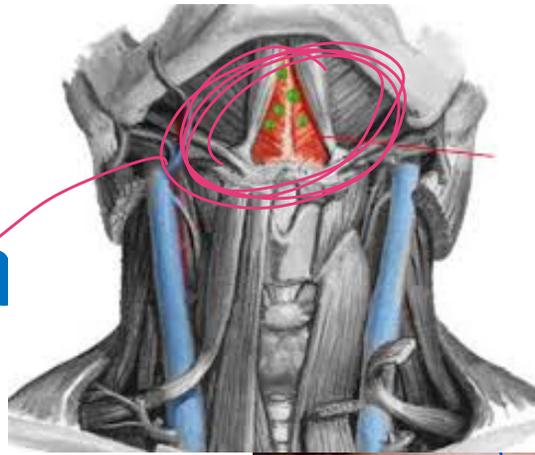
④ lymphadenitis



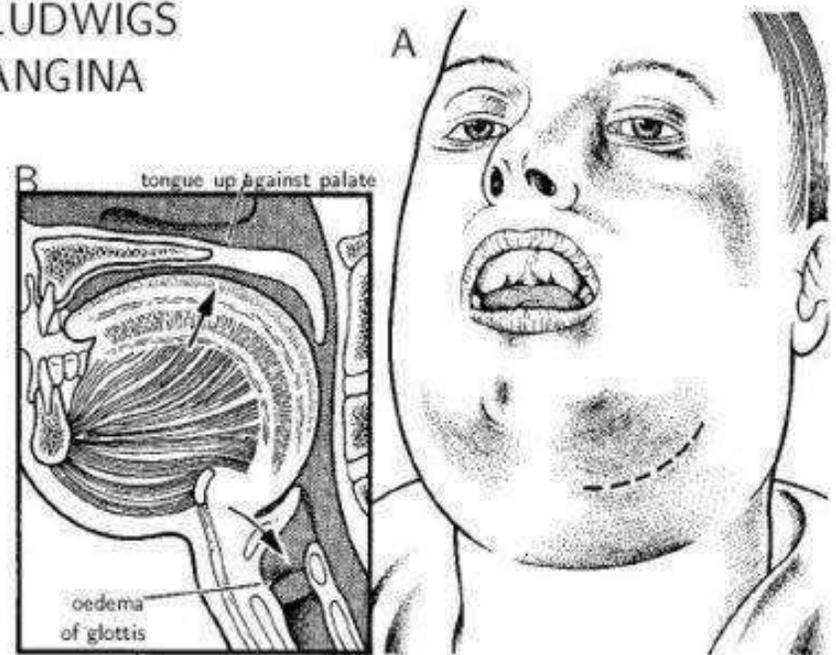
# Ludwig angina

pus accumulation in the submental triangle. causes pressure on the larynx and epiglottis and suffocation.

treated surgically by opening the submental area and draining the pus.

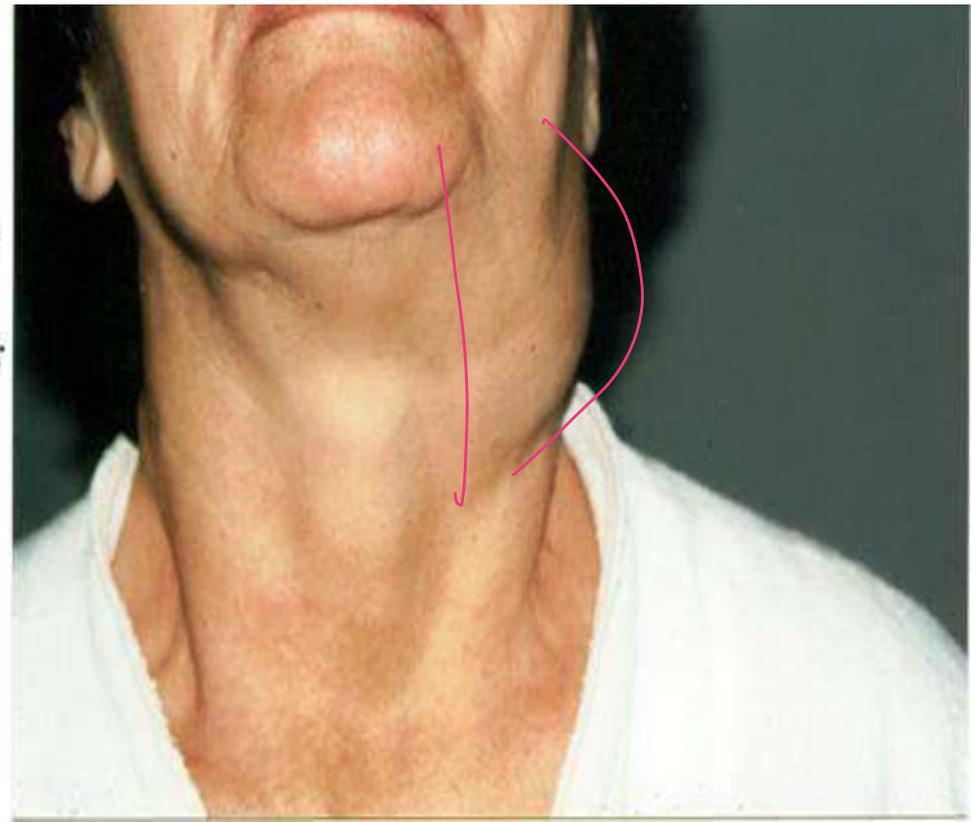
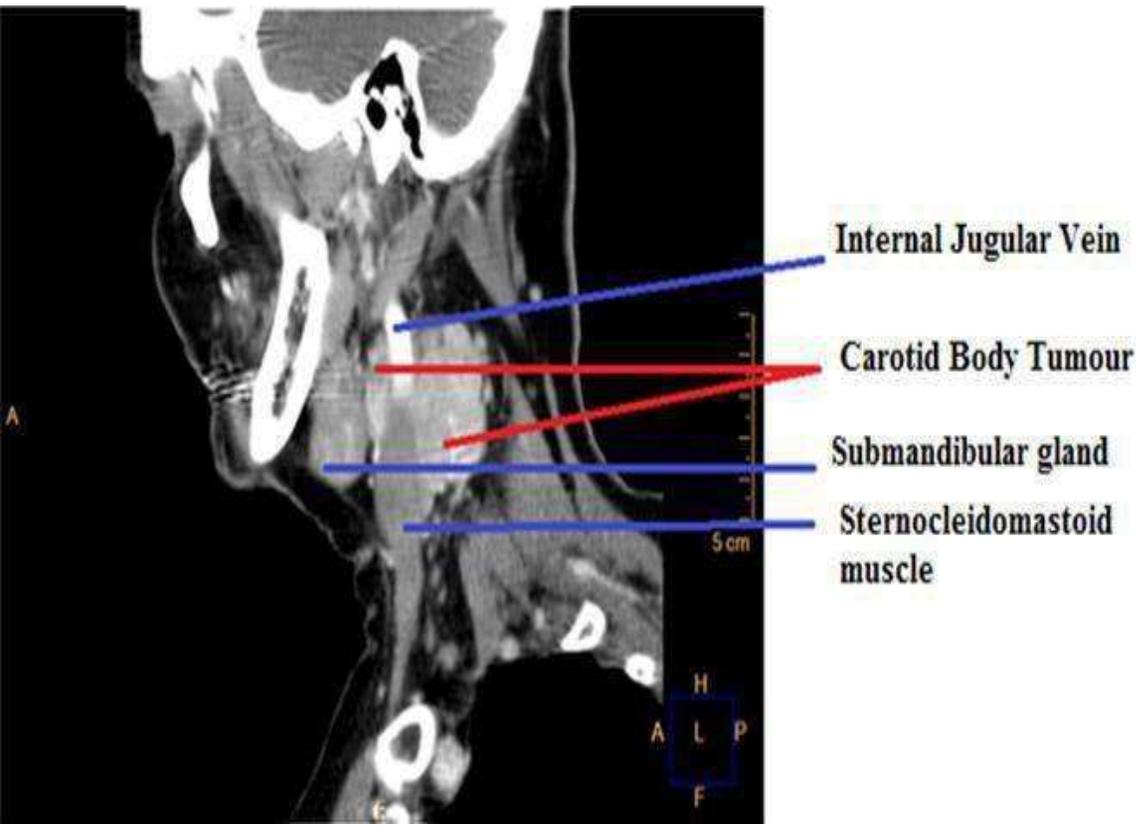
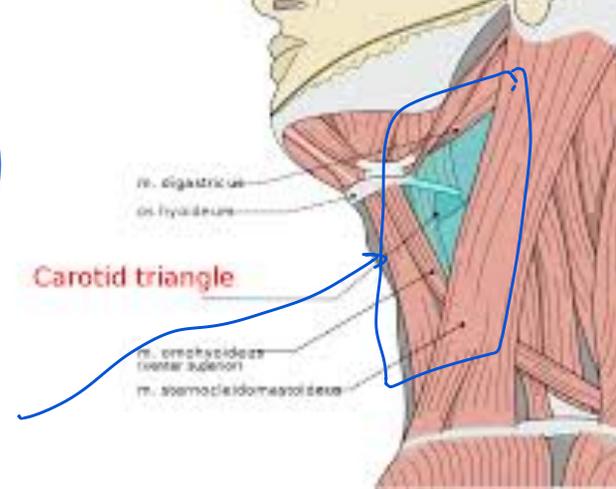


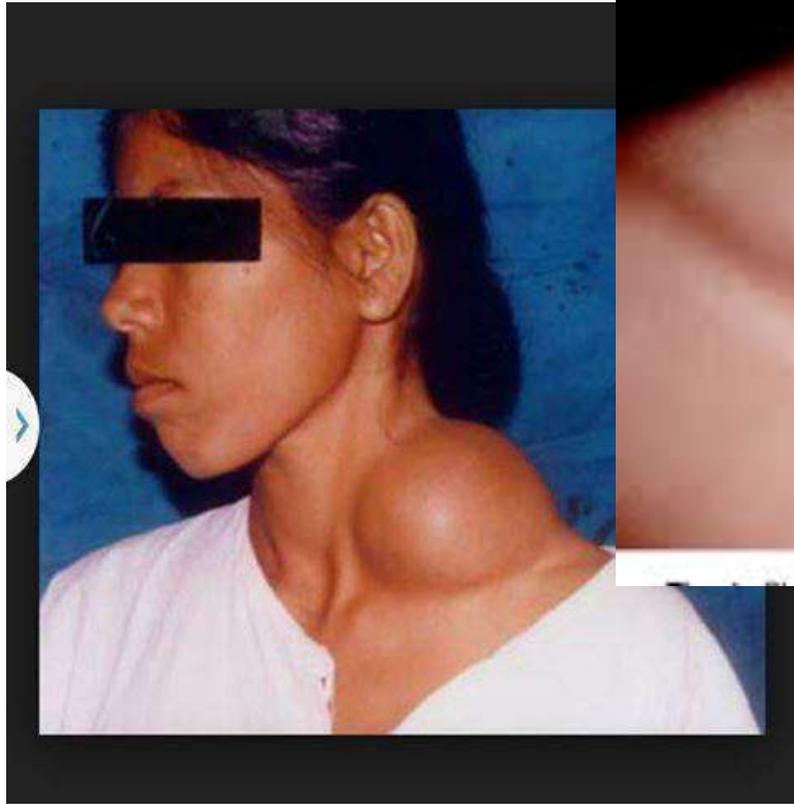
LUDWIGS  
ANGINA



# Carotid body tumor : in carotid triangle

- moves side by side.
- Dx: carotid angiogram.
- Surgical excision and preoperative embolization.
- Lateral mass.





## Branchial cyst

- Smooth surface and globular.
- At the level of junction between upper and middle 1/3 of SCM.



## Branchial fistula

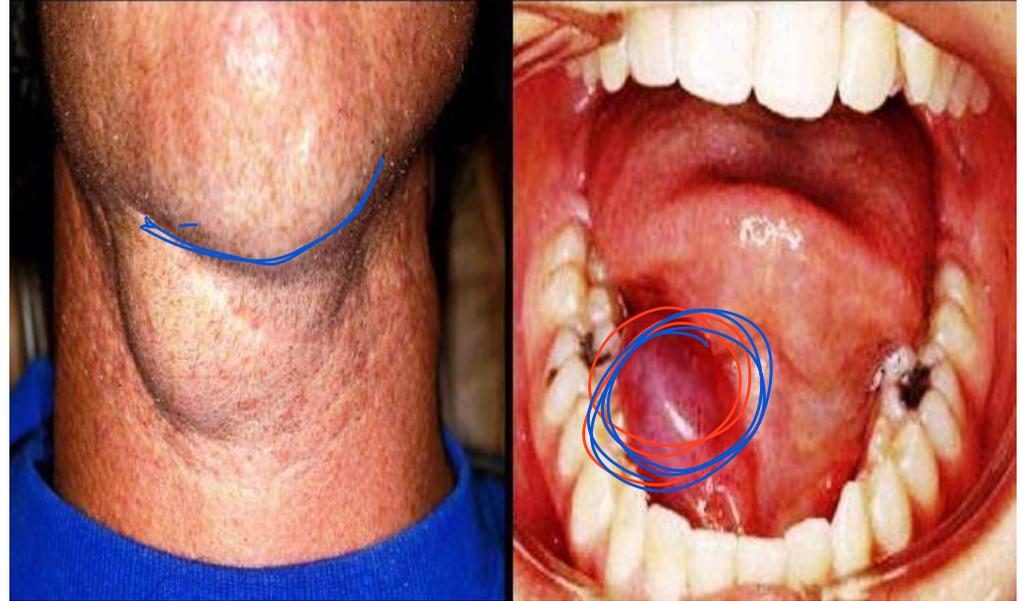
- formed by the 2<sup>nd</sup> branchial cleft and pouch.
- lined by ciliated columnar epithelium.
- Discharge : mucus or muco-pus.
- in anterior triangle.
- at junction between middle and lower third of SCM.
- congenital.
- surgery (excision).



## Sublingual dermoid cyst

- Medline congenital mass.
- Contents : hair follicles/ sebaceous cyst/ sweat glands.
- *painless swelling*
- *dysphagia*
- *dysphonia*
- *SOB*

## Plunging ranula



**Ranula** : cystic mucosa extravasation from sublingual salivary gland.

**Plunging** : if extended through myelohyoid muscle.

Treatment : excision.

**Q: Hx that suggest a thyroid nodule:**

*MC of all nodules*

**Q1: What is the Dx?**

- Multi-nodular goiter



**Q2: How to approach the patient with this Dx?**

- TFT

*hyper thyroidism (↑T<sub>4</sub> & T<sub>3</sub> & ↓TSH)*

- US

*② thyroid scan (I<sup>123</sup>, Tc 99)*

*+ FNA in cold nodules*

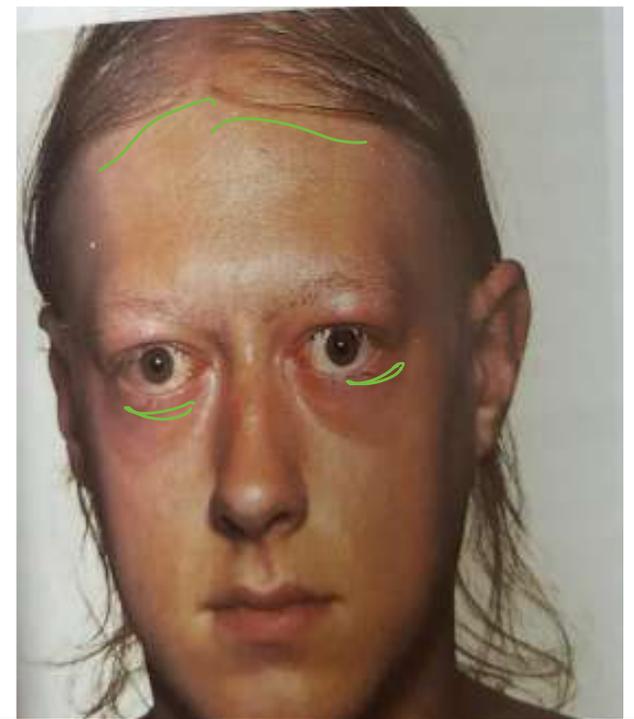
*ما بالك باصابة  
بما 99%  
hyper function  
بنية وبنية  
benign*

## Q1: What is the Dx?

- Graves disease

## Q2: Mention 2 signs that you can see?

- Exophthalmos
- Significant hair loss
- Lid retraction



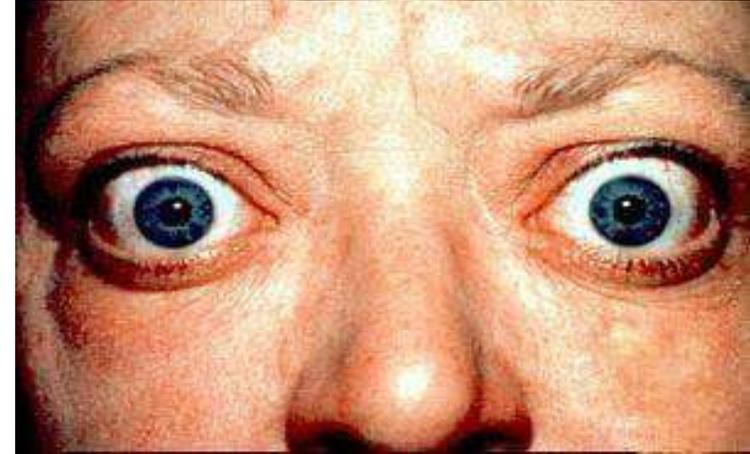
## Q3: What is the 1<sup>st</sup> Sx patient will develop if she develops ophthalmoplagia?

- ~~Diplopia~~ or Proptosis (~~not sure~~)

bulging eye

## Q4: What is a drug you can give this patient before getting into surgery?

- PTU (Propyl thiouracil), propranolol  
or carbimazole or methimazole



**Q: 50 year old female patient present with hypothermia:**

**Q1: What is the endocrine disorder?**

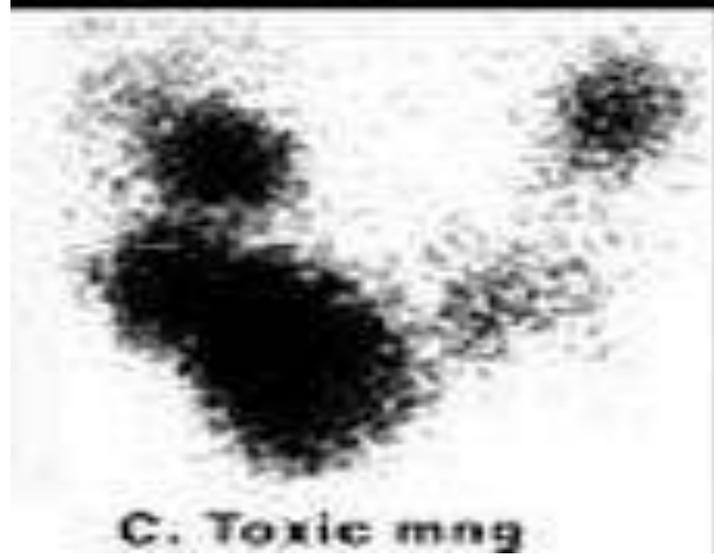
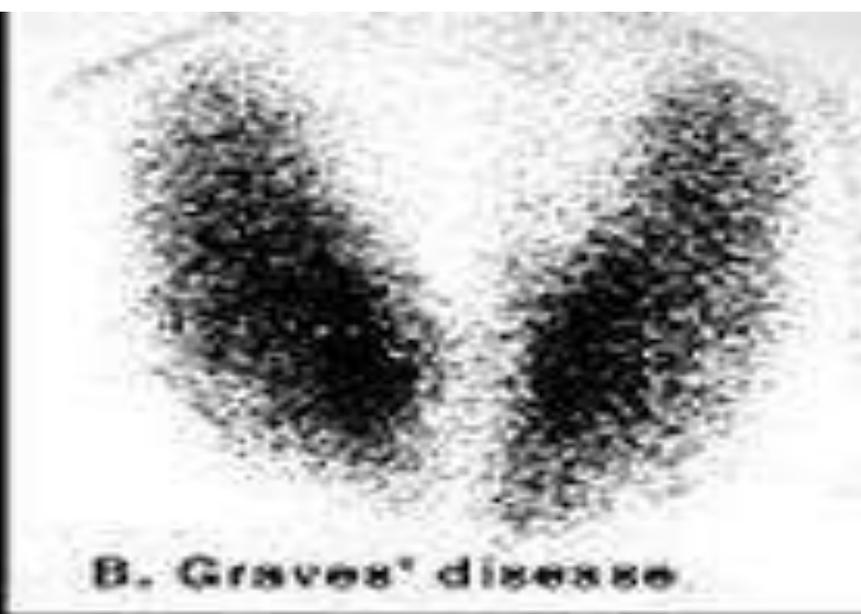
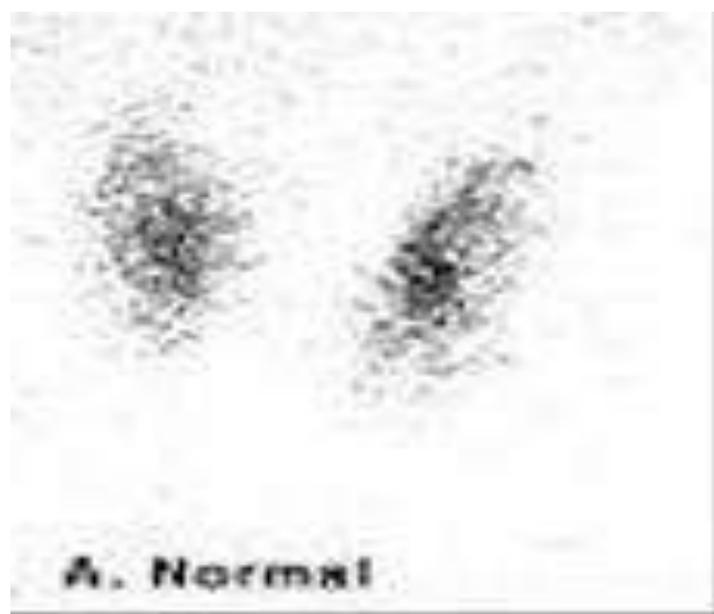
- Hypothyroidism

**Q2: Mention 3 signs on face?**

- 1) Puffy face
- 2) Periorbital edema
- 3) Coarse hair

absent lateral 1/3 eye brows





Q: Patient with hyper diffuse functioning thyroid:

Q1: What is the Dx?

- Graves Disease

Q2: What is the serological marker?

- TSI (thyroid stimulating immunoglobulin)

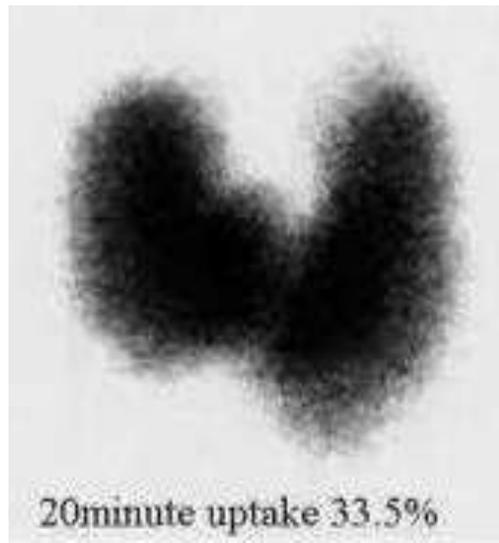
Q3: Mention 3 lines of Mx?

1) Anti-thyroid drugs (carbimazole) +  $\beta$ -blockers

2) Radio-iodine

3) Surgery

\*\* All 3 are considered 1<sup>st</sup> line Mx



**Q1: What is the pathology?**

- Papillary Thyroid Carcinoma

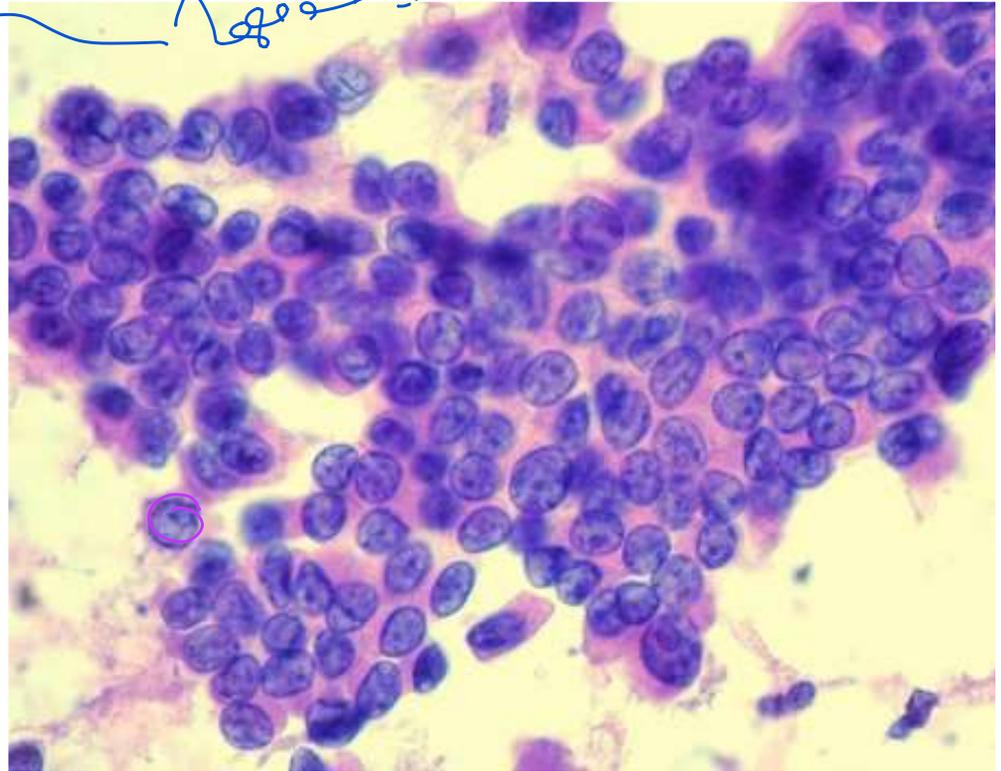
**Q2: What is the rate of the malignancy?**

- 97-99%

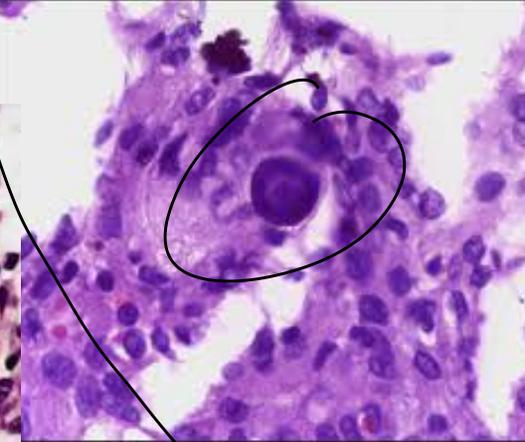
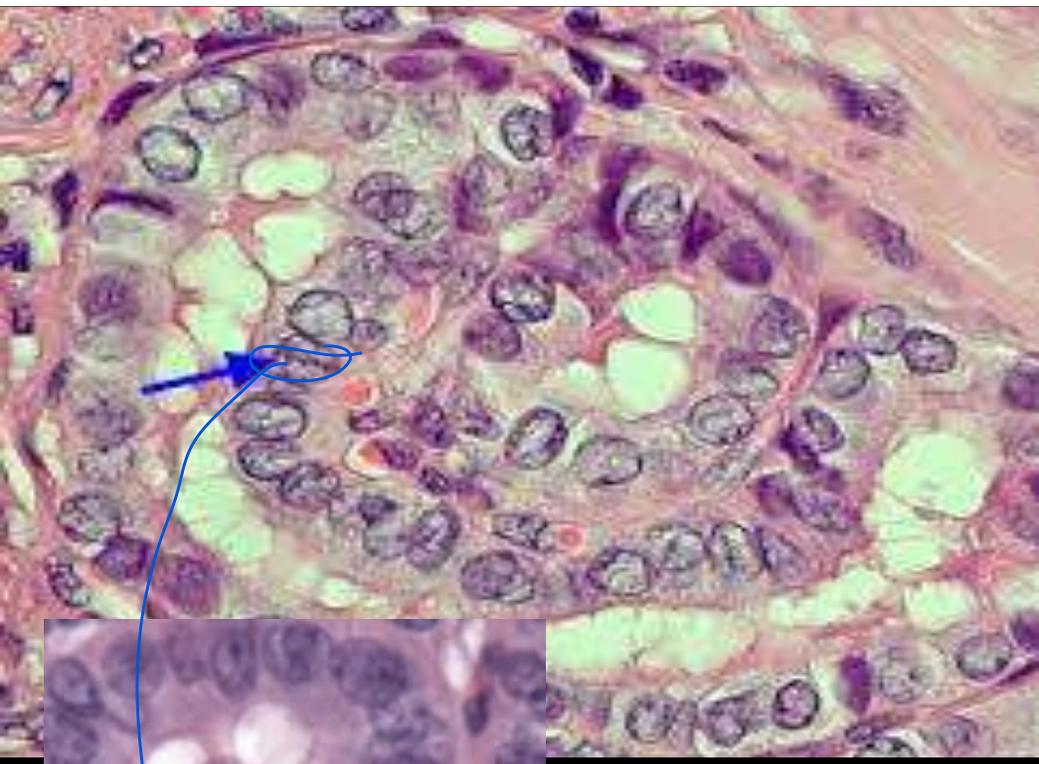
**Q3: Mention 2 features seen in the picture?**

- 1) Nuclear Crowding
- 2) Orphan Annie Nuclei

من تواعم الانوية وجميعها مع بعض تعرف انه هاي  
شوتها orphan anni



→ optical clear nuclei

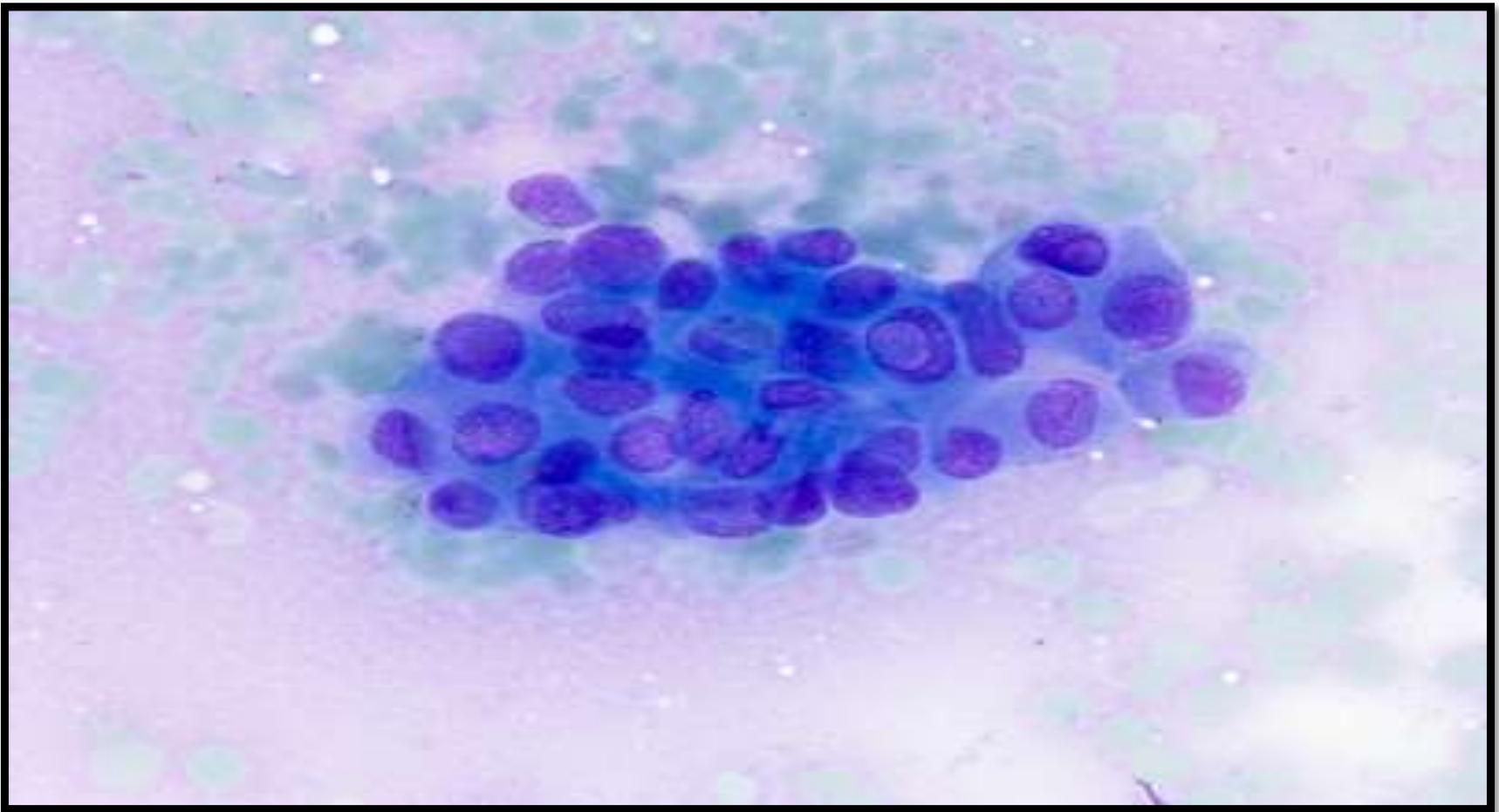


## Papillary thyroid carcinoma:

a. Nuclear groove (blue arrow).

b. Psammoma body.

نویسندگان  
دوره  
شماره



**Papillary thyroid carcinoma:**  
**(Intranuclear cytoplasmic inclusions)**

spider fingers

(Marfanoid habitus)

+ wt loss ←

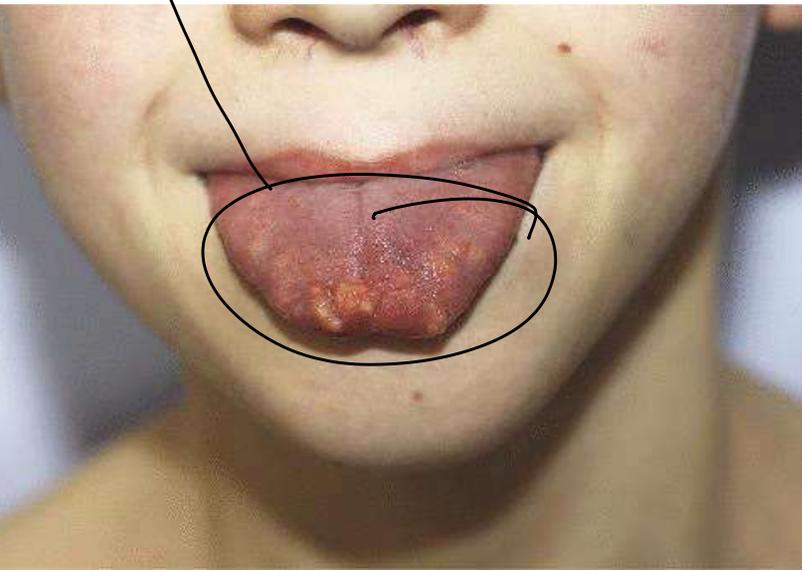
**Q1: What type of thyroid cancer do you expect to see in this patient?**

- Medullary

**Q2: What's the marker?**

- Calcitonin & CEA

neuromas  
of the tongue



**Q1: What type of thyroid cancer do you expect to see in this patient?**

- Medullary cancer

بجيب  
its site

**Q2: Before surgery what type you must exclude?**

- MEN 2 (Pheochromocytoma)

لا نه علاجهم

بالادون قيني

tumor

هو

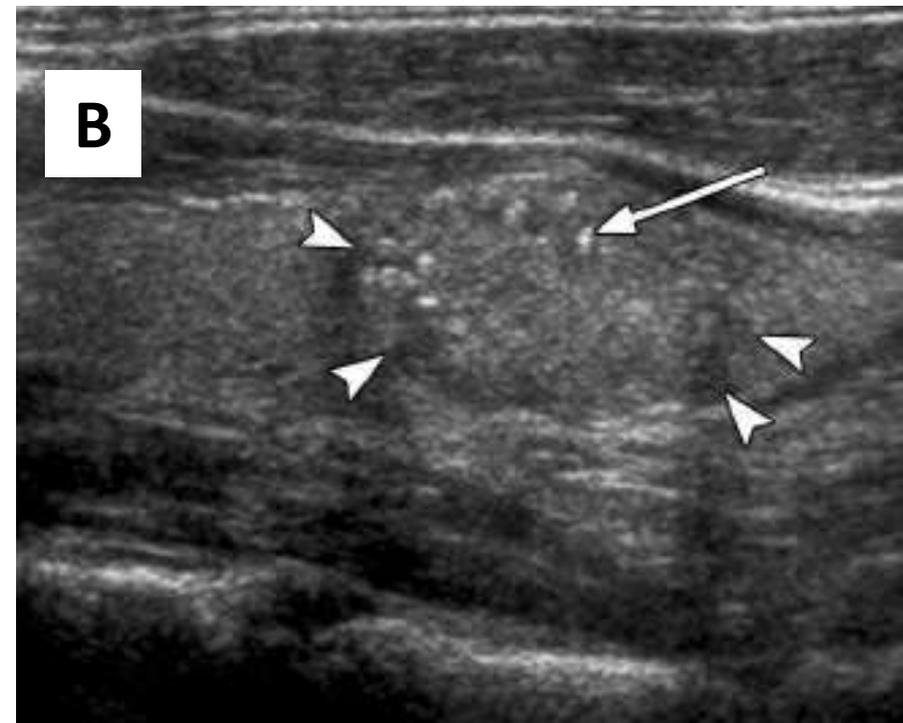
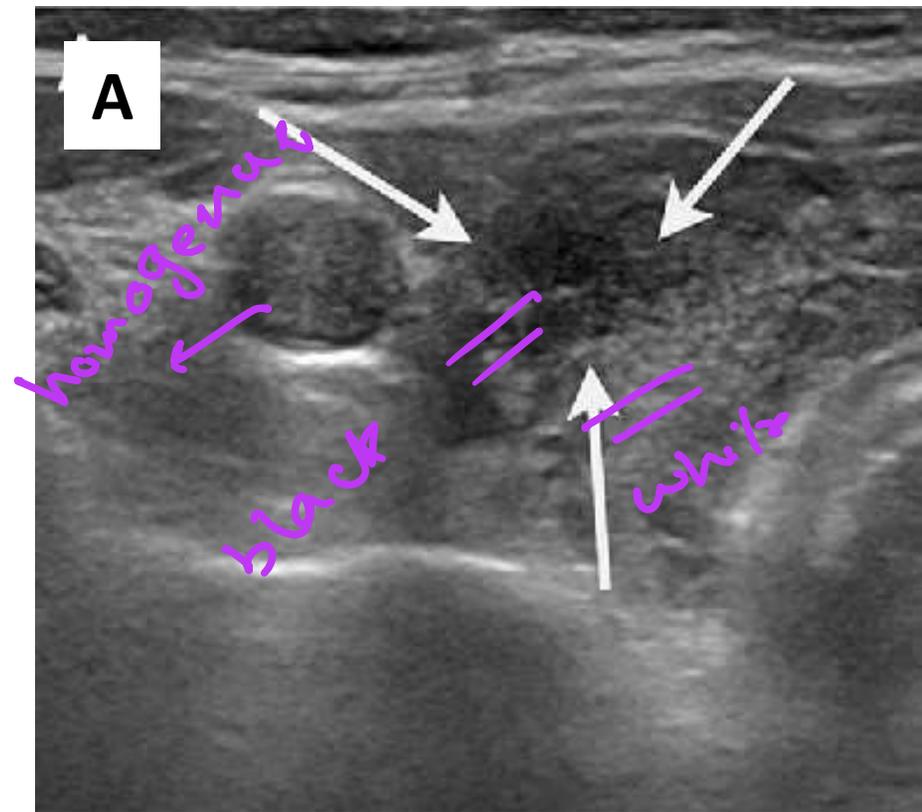
تت of HTN





**Q: Images A & B demonstrate thyroid nodules that are considered sonographically suspicious for malignancy. Name the feature labelling each nodule suspicious.**

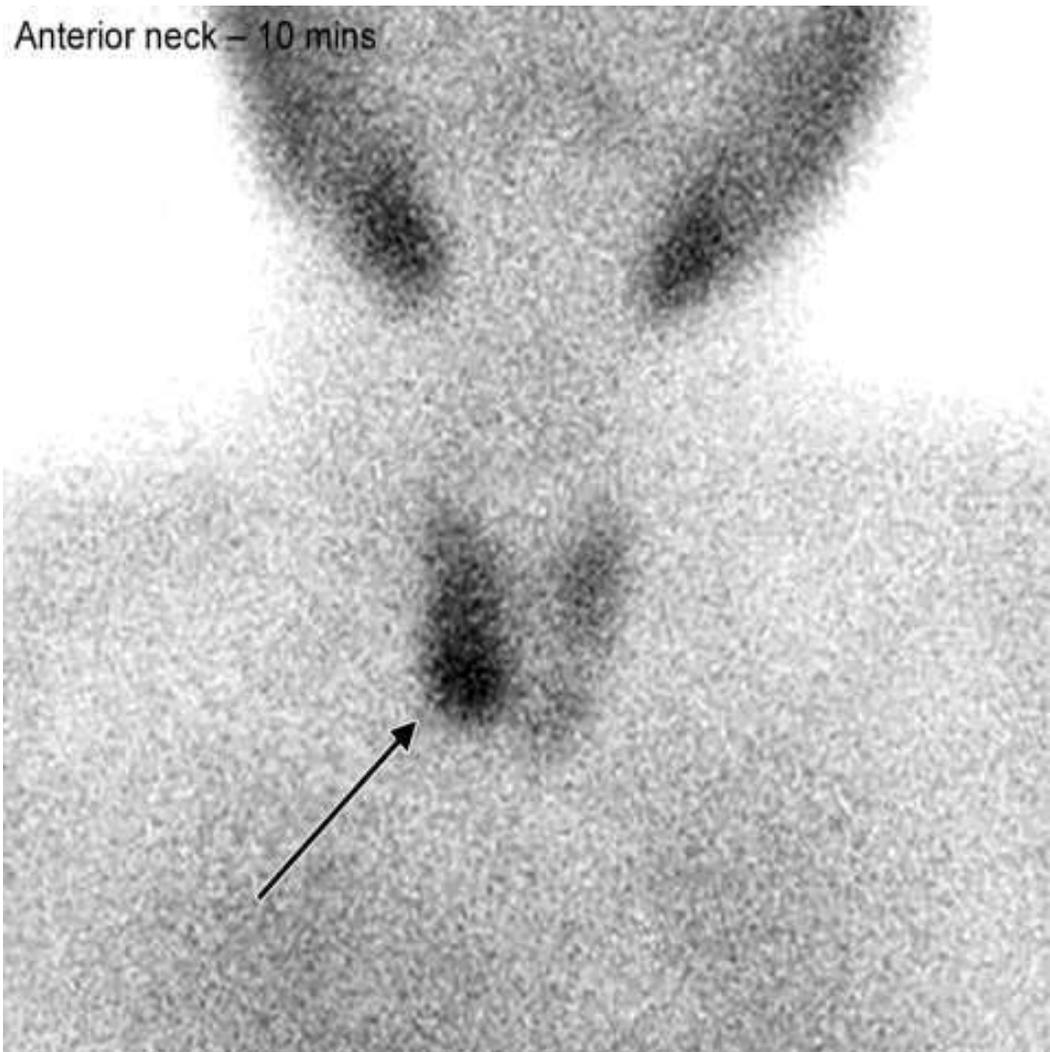
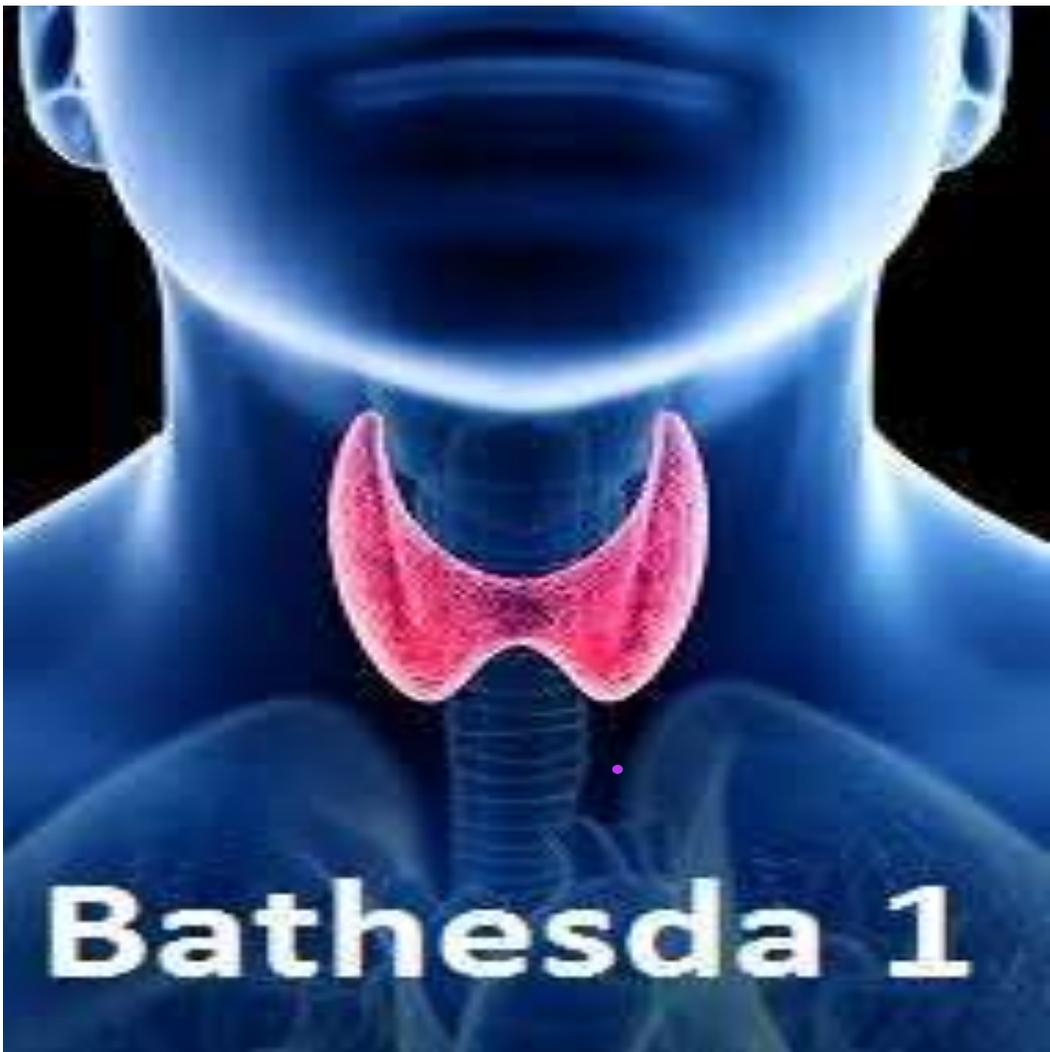
- ~~A~~ > Heterogeneous
- ~~B~~ > Calcification



**Q: What shall you do in the following cases ?**

**A. Thyroid** → repeat cytology ✓

**B. Parathyroid** → removal (parathyroid adenoma) ✓



## Q1: Name the study?

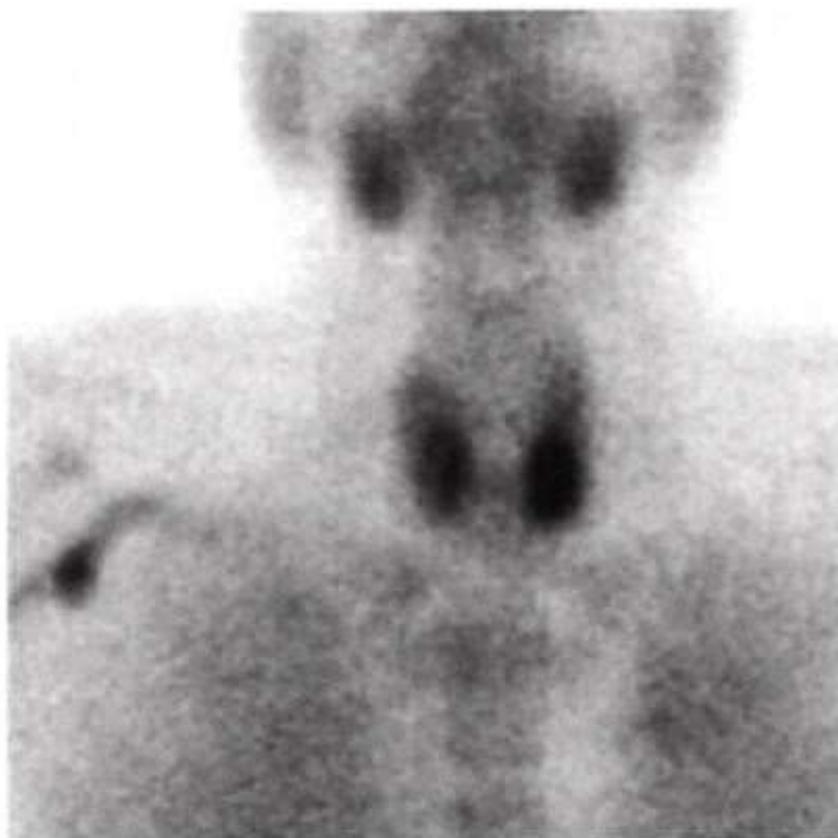
- Sestamibi scan of parathyroid ✓

## Q2: What is the most common cause of the condition?

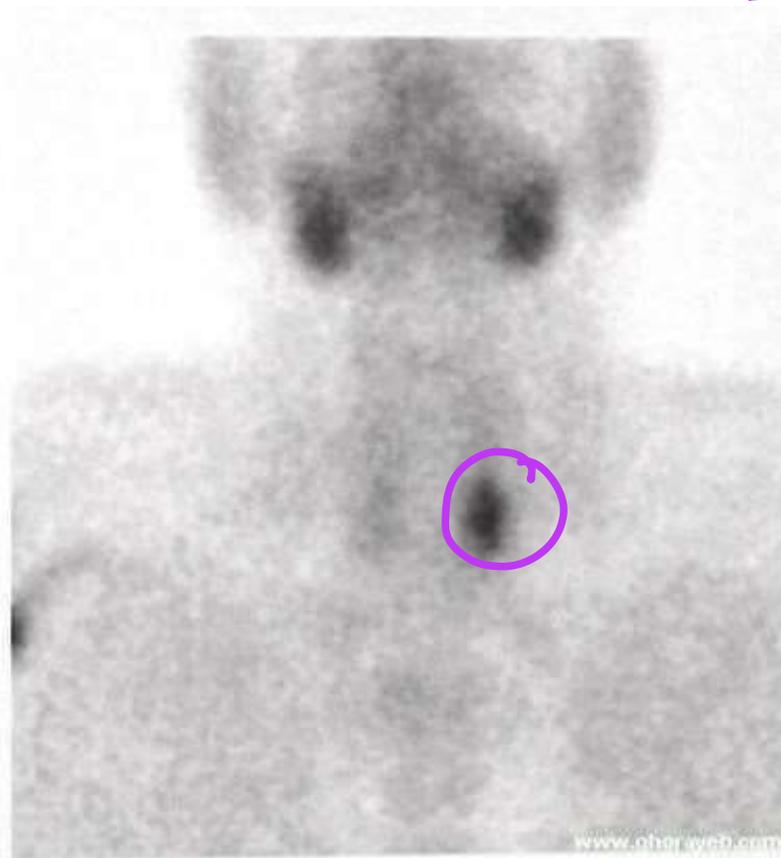
- Adenoma

✓ 90% in one gland

5-10% in 2 =



15 minutes



2 hours

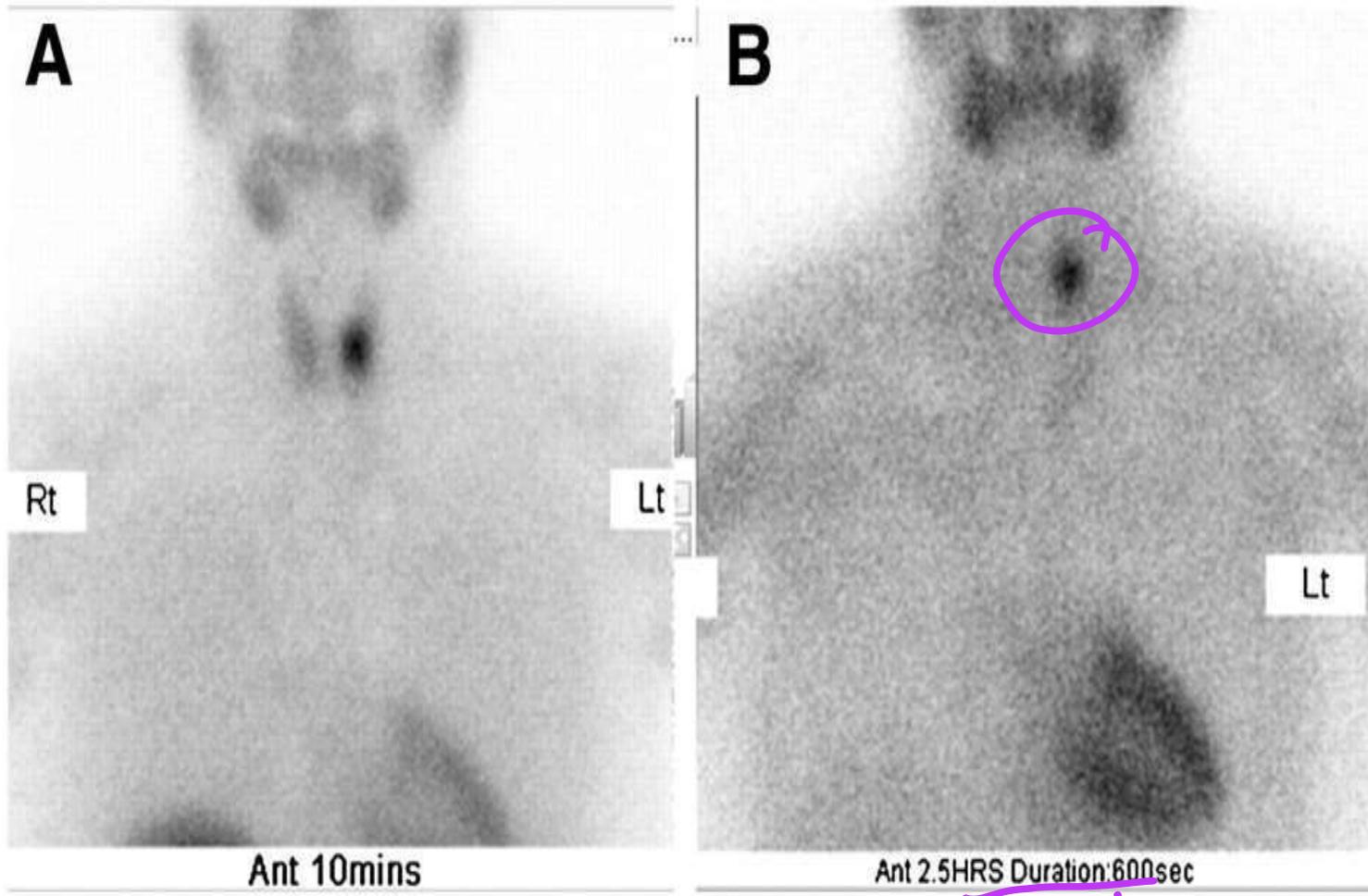
# Q1: Name the study?

- Sestamibi scan

# Q2: What is the pathology you see?

- Hyperfunctioning parathyroid glands

*MC due to adenoma*



## Q1: Risk of disease to be from single nodule?

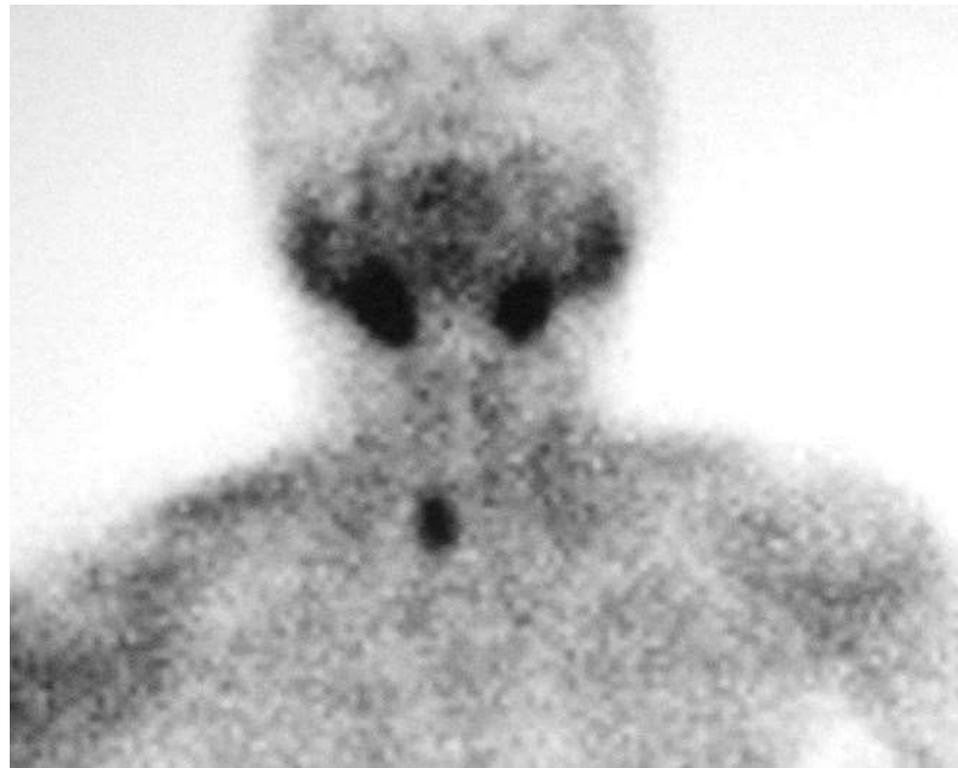
- 85-90% Adenoma

## Q2: What is your Dx?

- Single parathyroid gland adenoma ✓

## Q3: What is your Mx? ✓

- Removal



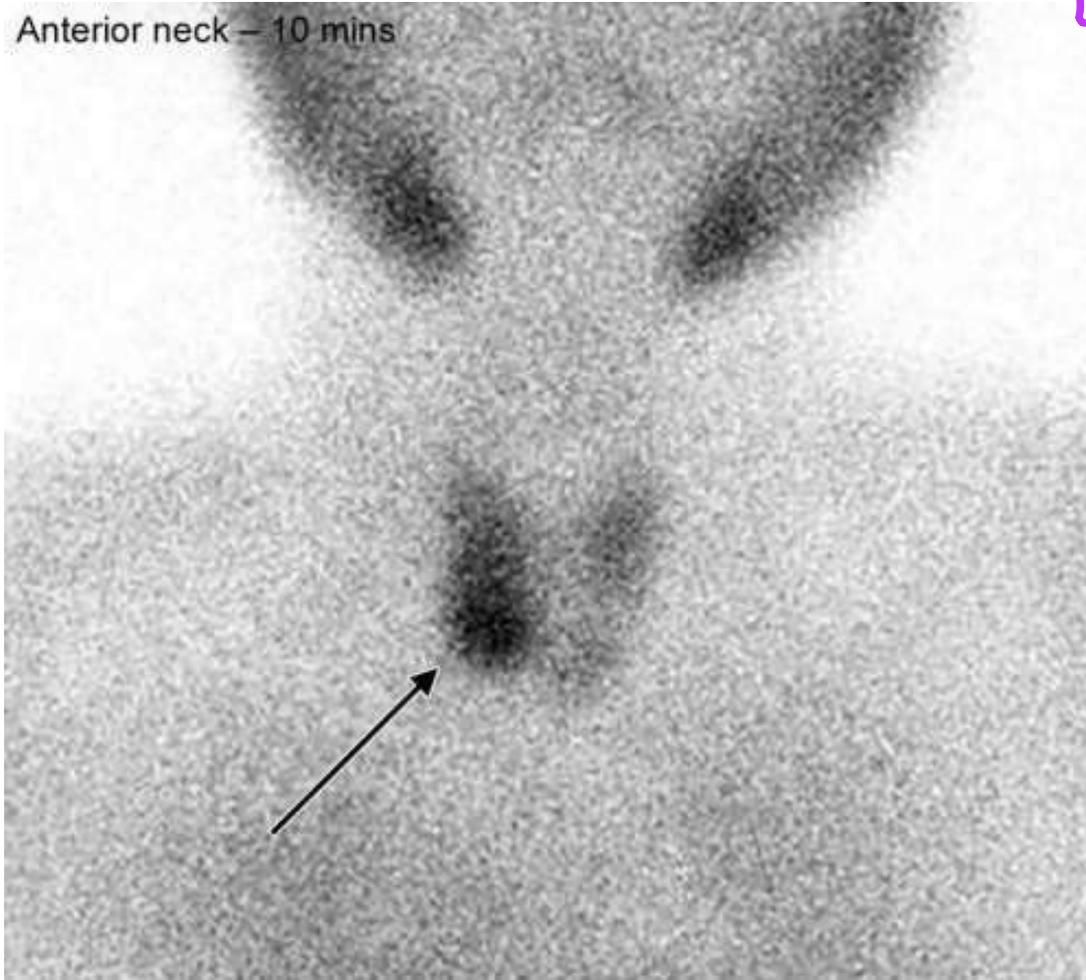
## Q1: What is the Dx?

- Parathyroid adenoma (1ry hyperparathyroidism)

## Q2: The 1<sup>st</sup> Sx to develop if the patient had high PTH & Calcium?

- Bone pain (Since it's Hyper)
- if Hypo: Peri-oral numbness, carpal spasm

✓  
[circumoral  
numbness]



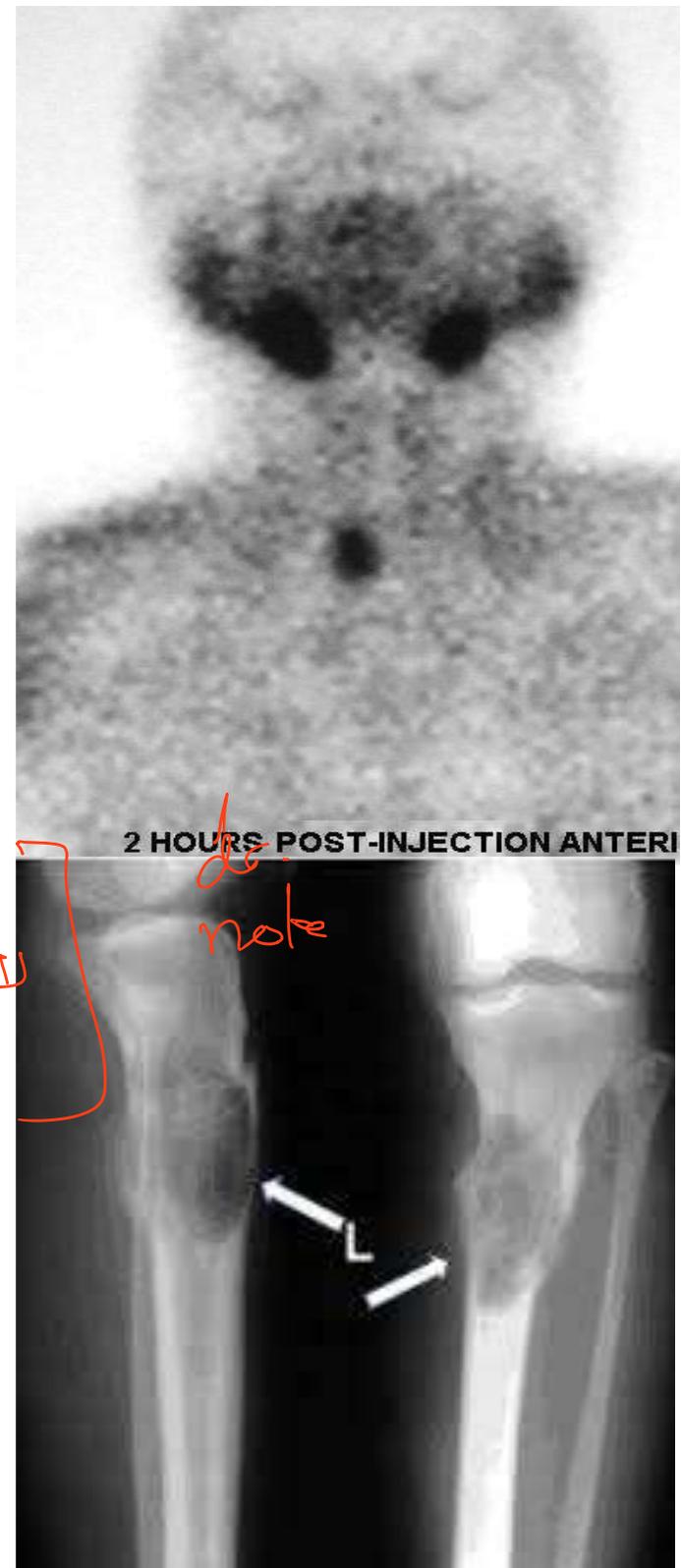
Q: A 60-years old female complains of pain in her bones. She presents with a palpable central neck lump below the cricoid cartilage that moves upward upon swallowing.

1. What does the lump mostly represent?

adenoma  
Parathyroid Carcinoma  
palpable  
ادنوما  
الغدة  
الدرقية  
التي  
تحت  
الحنك

2. What is the bone condition called?

Osteitis Fibrosia Cystica



### Q1: Name the Dx?

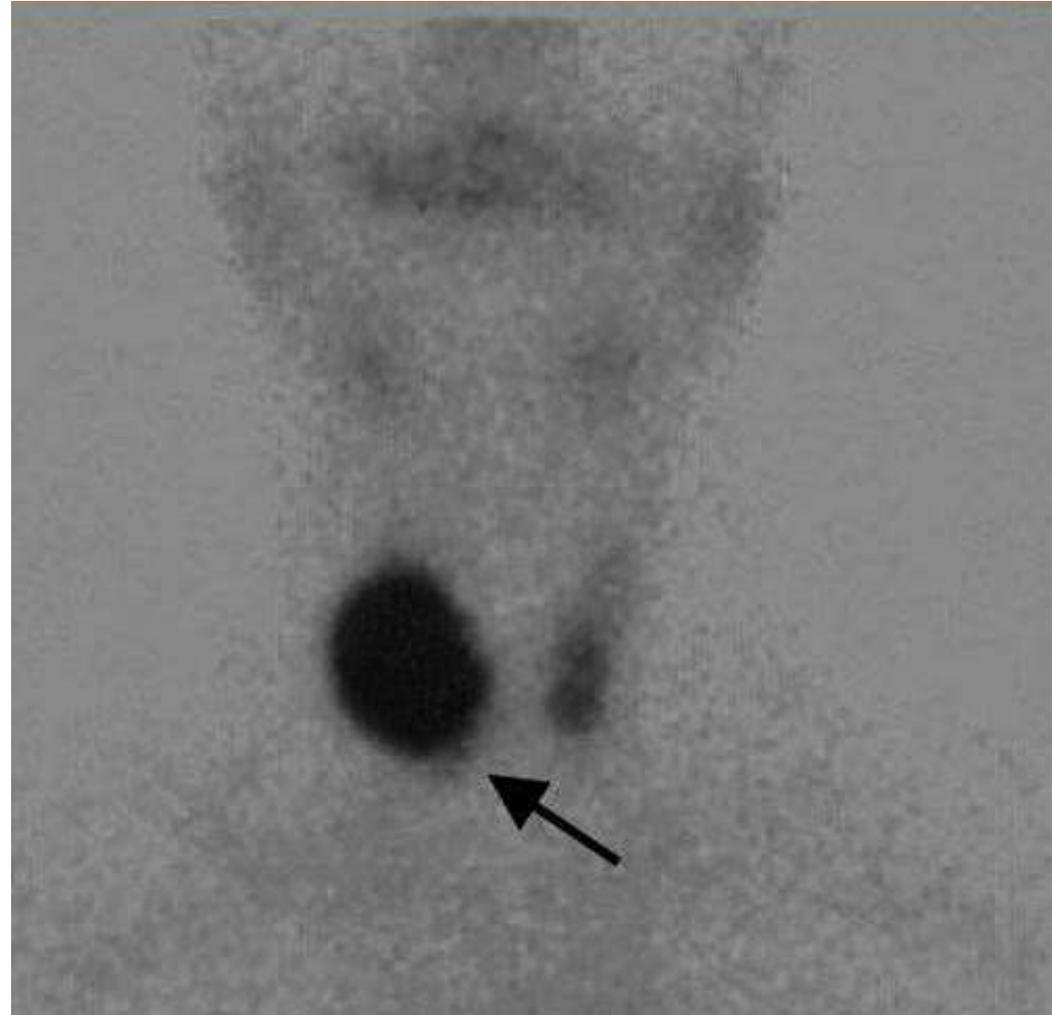
- Parathyroid hot nodule ✓

### Q2: Name the Rx?

- Surgery (Lobectomy) ✓

### Q3: Risk of malignancy?

- Low risk (<3-5%) ✓



① Thyroid nodule    ② LN    ③ aneurysm    ④ parathyroid ca  
⑤ tracheal sarcoma

**Q: Hx of palpable neck mass, recurrent renal stone, high level of calcium and parathyroid hormone:**

*clear it's related to parathyroid gland*



**Q1: Name the Dx?**

- Parathyroid carcinoma

**Q2: What is the minimal Mx to be done?**

- Parathyroidectomy or en-bloc resection of the parathyroid mass and any adjacent tissues that have been invaded by tumor . (from uptodate)

\*\*\* Note: En-bloc resection could include the ipsilateral thyroid lobe, paratracheal alveolar and lymphatic tissue, the thymus or some of the neck muscles, and in some instances, the recurrent laryngeal nerve

**Q: The morning post-total thyroidectomy the patient developed the sign seen in this figure:**



**Q1: Name of the sign?**  
- Trousseau Sign

**Q2: What is the cause?**

- Hypocalcemia after removal of parathyroid glands

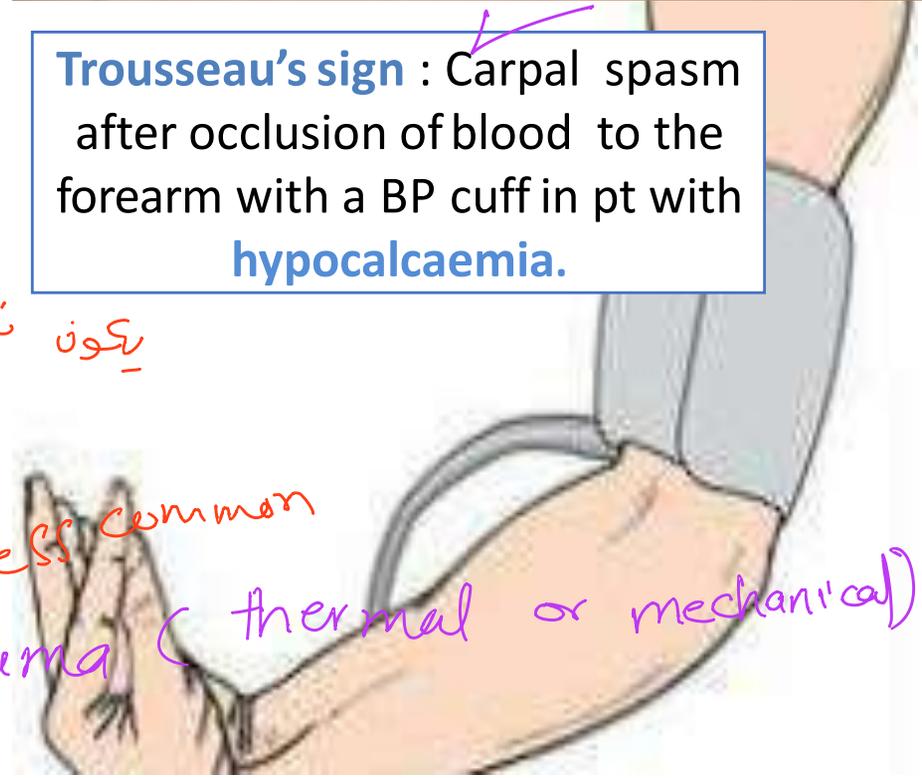
cut off inferior thyroid A من يقطع  
→ in thyroidectomy

**Trousseau's sign** : Carpal spasm after occlusion of blood to the forearm with a BP cuff in pt with **hypocalcaemia**.

**Q3: What is the most likely cause of hypoparathyroidism?**

- Ischemic Injury

less common  
or [ trauma (thermal or mechanical)





**Q1: What are the signs?**

- Chvostek and Trousseau signs

**Q2: What is the cation that influx and cause this sign?**

- Na+ Sodium



# NECK, THYROID & SALIVARY GLANDS



# QUESTION

فكره  
سنة  
1

Yaqeen 2025

1. Name this sign.
2. First symptom to develop
3. What is the cause?



# ANSWER

1. Trousseau Sign
2. Ischemic injurie
3. Hypocalcemia after removal of parathyroid glands



# QUESTION

Yaqeen 2025

1. What is the diagnosis?
2. What is the most common second location?

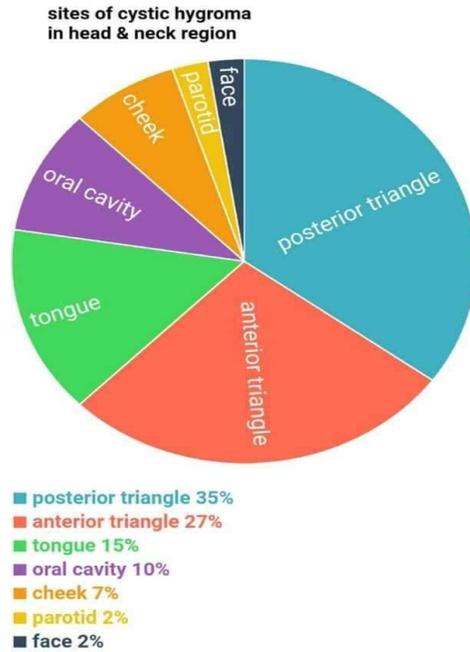
caused by environmental factors:  
① smoking, alcohol during pregnancy



Most serious complication is fetal hydrops

# • ANSWER

1. Cystic hygroma
2. Anterior triangle



## Cystic hygroma

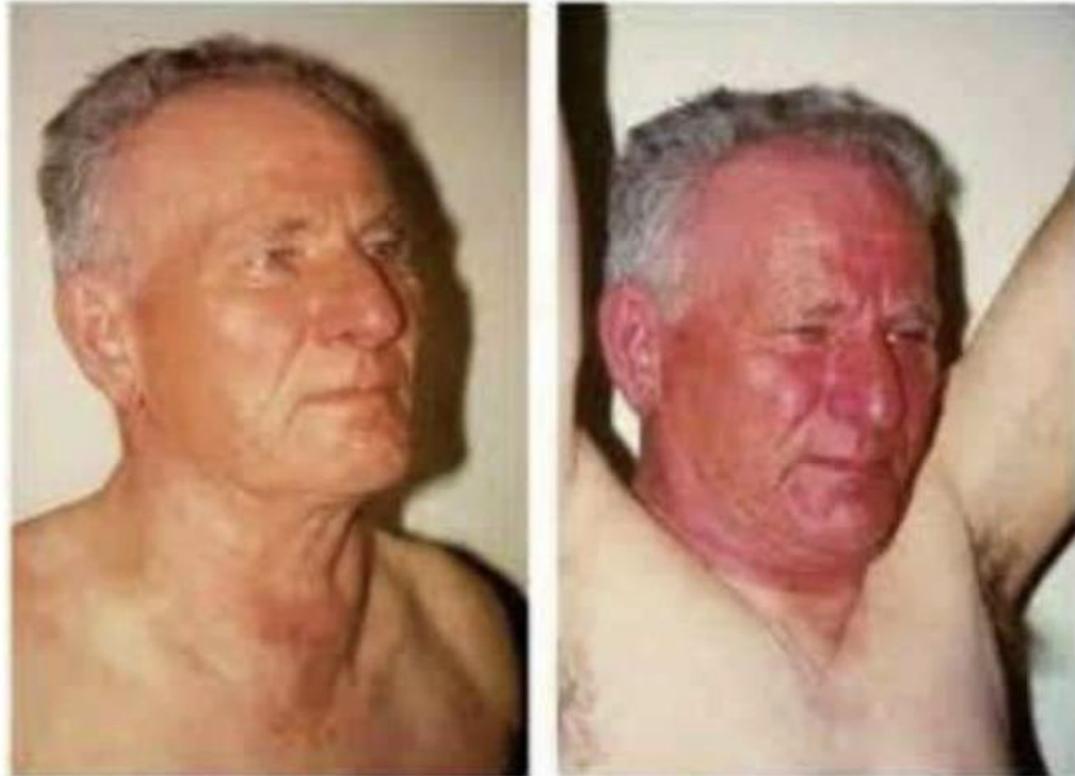
- Fluid-filled sacs caused by blockages in the lymphatic system.
- **most hygromas appear by age 2.**
- **soft, non-tender, compressible lump.**
- high recurrence rate.
- usually located in the posterior triangle of the neck.
- **transillumination.**
- DDX: teratoma/hemangioma/encephalocele.



# • QUESTION

Yaqeen 2025

- A. Name the sign.
- B. Give the cause



# ANSWER

- A. pemberton sign
- B. common manifestation of retrosternal goiter but may also occur with lung carcinoma, lymphoma, thymoma, or aortic aneurysms ,occurs when the thoracic inlet becomes obstructed during positional changes, resulting in compression of the jugular veins. (تکفي للاجاباه retrosternal goiter)



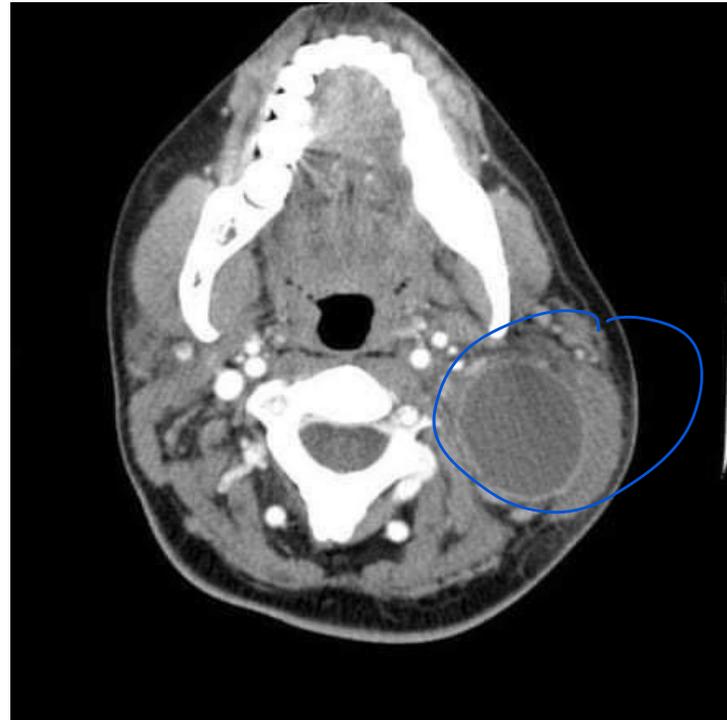
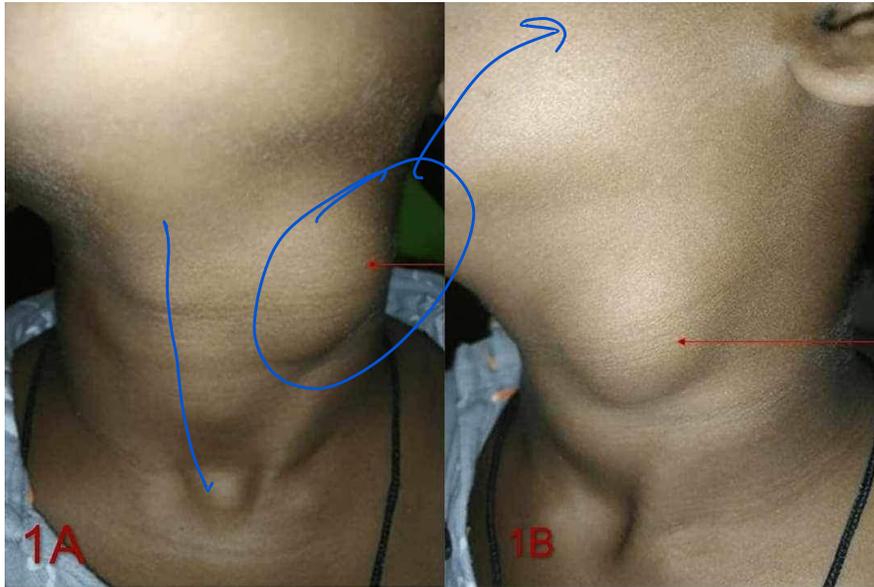
# • QUESTION

Yaqeen 2025

1. Name the lesion :

2. It's origin:

*btw 113 upper & middle SCM muscle*



*laterally*

# ANSWER

1.branchial cyst

2.originate from : 2nd pharyngeal pouch

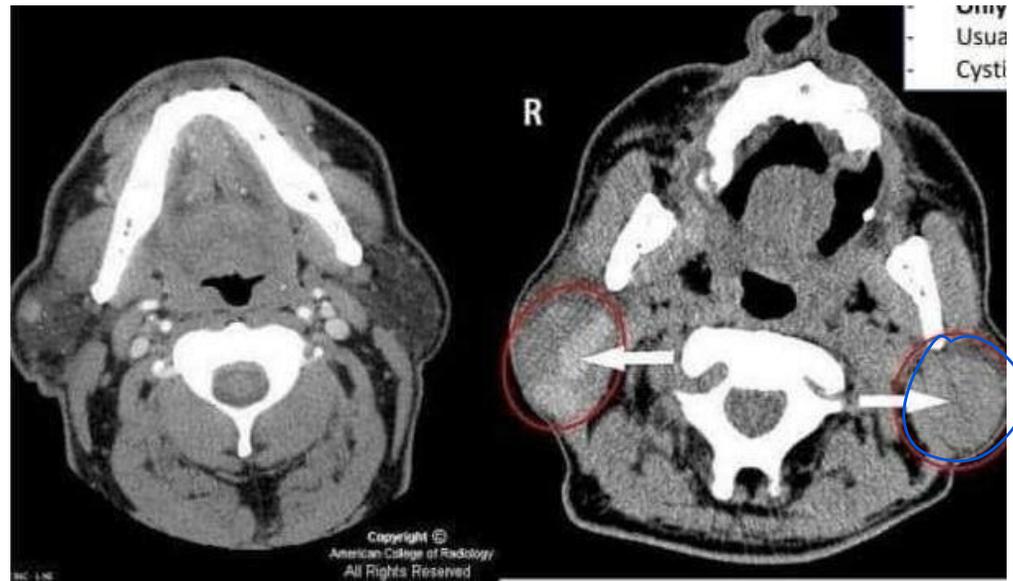


# • QUESTION

Yaqeen 2025

سؤال 2

1. What is the diagnosis?
2. What is the most common site?
3. Describe the consistency of the mass :



# • ANSWER

1. Warthin's tumor

1. Parotid tail (inferior pole of superficial lobe)

1. ~~Not sure~~

soft fluctuant  
painless mass

in hand

**Q: 50 yo pt presented with bilateral neck swelling:**

**Q1: What is the Dx?**  
- Warthin's tumor

**Q2: What is the malignancy risk?**  
- 0.3%

- is the 2<sup>nd</sup> mc benign salivary gland tumor.
- More in males.
- Associated with smoking.
- **Only in parotid.**
- Usually at parotid tail.
- Cystic mass.

# • QUESTION

Hope 2024

This lady underwent resection of a submandibular gland for a mass

1. What nerve injury resulted from her surgery?
2. What is the likelihood of malignancy in general for a submandibular gland mass?



# • ANSWER

1. facial nerven(LMN)

*in ft side*

2. 50%

Salivary Gland	Malignancy Rate	Incidence of Tumor
Parotid	20%	80%
Submandibular	50%	15%
Sublingual & Minor	70%	5%

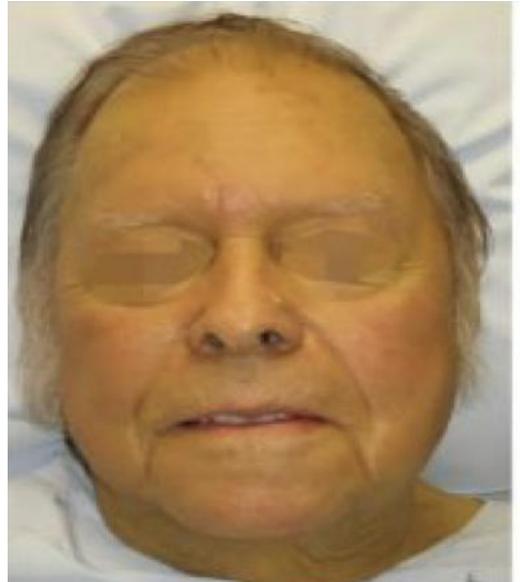


# • QUESTION

Hope 2024

A. What is the general diagnosis of this case?

B. Name the tumor marker for the thyroid lesion in this case ?



# • ANSWER

A. Jaundice *mostly occurs with*

*thyrotoxicosis*

B. TSH



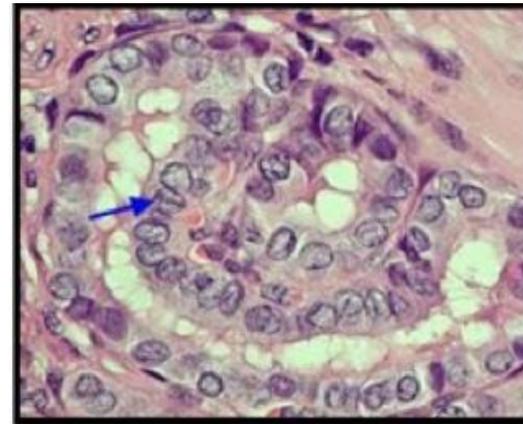
# • QUESTION

Wateen 2023

3/1  
مسعود

A 36-year-old female underwent FNAC for a thyroid lump. This was reported as Bethesda VI.

1. What is the risk of a false positive result ?
2. Name the nuclear feature pointed to by the blue arrow that supported the diagnosis



# • ANSWER

A. 1-3%

B. Nuclear groove



# • QUESTION

Wateen 2023

4 رسة

A 20-year-old male presented with an anterior neck lump above the level of the thyroid gland. The figure represents the ultrasound findings of this Lesion

1. What is the characteristic physical examination finding for this lesion?
2. Following surgery the histopathology examination reported a malignant lesion; what is the most likely malignancy

Thyroglossal duct cyst



# • ANSWER

A. Cyst move deglutition

B. Papillary thyroid carcinoma



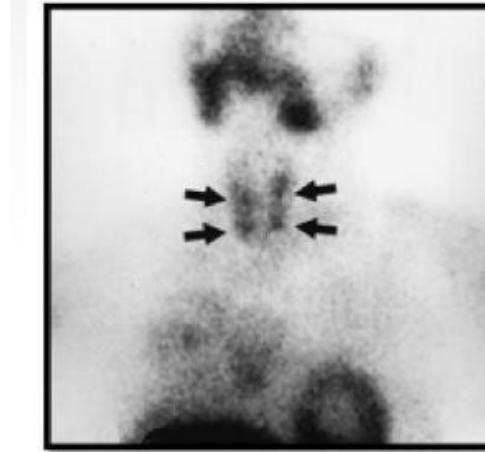
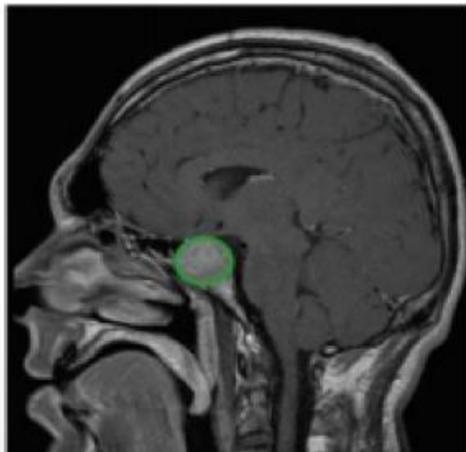
# . QUESTION

Wateen 2023

A 35-year-old female was found to biochemically primary hyperparathyroidism. A MIBI-scan and a pituitary MRI were performed

. A) What is the most likely clinical manifestation that lead to performing a pituitary MRI?

B) What additional imaging study would you perform for this patient ?



# • ANSWER

A. Hyperprolactinemia - Bone pain

B. Pancreatic CT scan - Bone x-ray

in parathyroid tumor,  
↑ expression of prolactin  
Receptors → ↑ prolactin

دو سون سوں کو  
pancreatitis  
جب آج



# • QUESTION

Wateen 2023



2 hours following thyroidectomy, this patient developed neck swelling and shortness of breath.

1. What is your diagnosis
2. Next step in management



# • ANSWER

A. Hematoma post operation

B. Intubation



# • QUESTION

Harmony 2022

3. 30 year old presented with hyper functional diffuse enlargement of her thyroid gland ,What is the most sensitive serologic marker of this condition ✓

- a. T<sub>3</sub>/T<sub>4</sub> Ratio
- b. TSH LEVEL
- c. Free T<sub>3</sub>
- d. Anti TSH Receptor antibody

Answer: D

Image not found

*Graves*



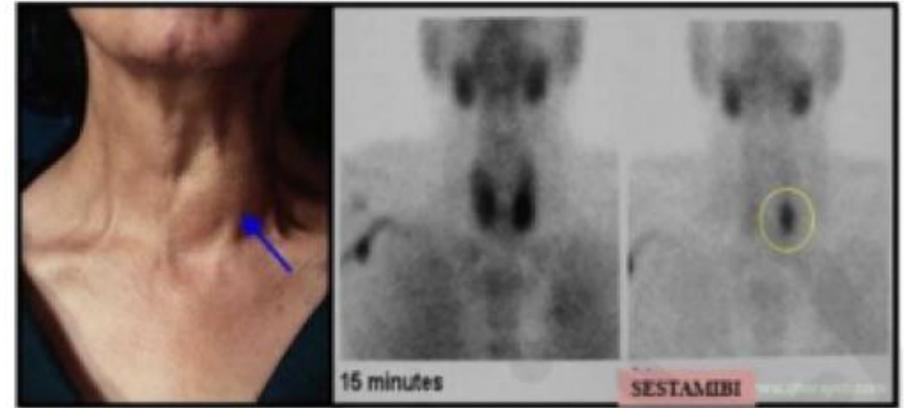
# • QUESTION

Harmony 2022



4. What is your diagnosis ?
- a. Parathyroid cancer
  - b. Parathyroid hyperplasia
  - c. Thyroid cancer
  - d. Reactionary Inflamed lymph node

Answer: A

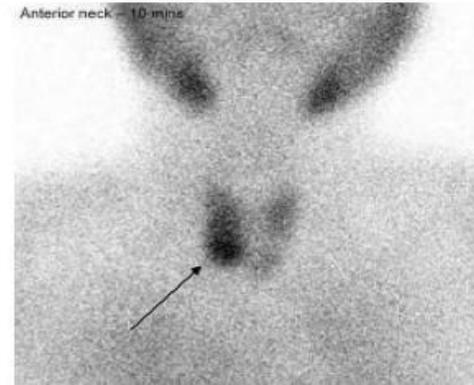
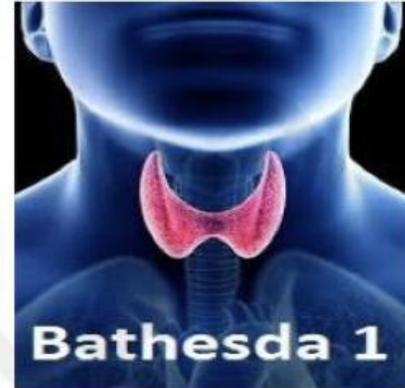


# • QUESTION

عسر البلع  
بilateral

Harmony 2022

What shall you do in the following cases ?



# • ANSWER

Thyroid → repeat cytology

Parathyroid → remove

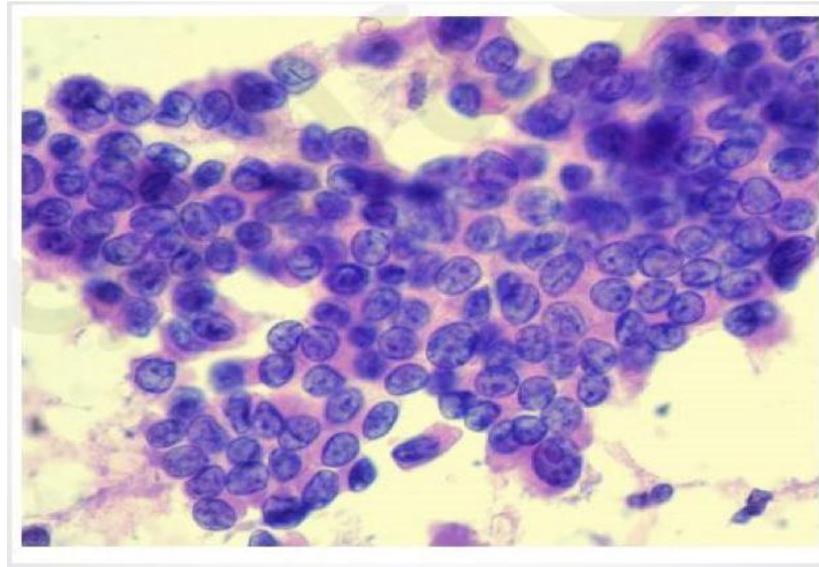


# • QUESTION

Harmony 2022

سؤال

- 1-What is the type of cancer seen in this histology ?
2. What is the rate of the malignancy?
- 3.Mention 2 features seen in the picture?



# • ANSWER

1. Papillary thyroid carcinoma
2. 97-99%
3. Nuclear Crowding ,Orphan Annie Nuclei



# QUESTION

SOUL 2021

6/05/2021

The morning following total thyroidectomy:

1. Name the sign you see?
2. Mention a Name of other sign can be seen in this pt ?



# • ANSWER

1. Trousseau's sign

2 . Chvostek sign



# INCOMPLETED QUESTIONS OR WITH NO PICTURE: Q1.

SOUL 2021

A question about

1. most common site of thyroglossal duct cyst ?
2. Characteristic feature on physical exam :



# ANSWER

midline in or below hyoid bone

1. Infra hyoid bone

2. movement with tongue protrusion



# QUESTION

SOUL 2021

Case about Bethesda VI scoring:

1. Percentage of malignancy ?
2. Most common cancer in this patient ?



# ANSWER

1. 97-99%
2. Papillary thyroid carcinoma



# QUESTION

SOUL 2021

question about warthin tumor: -

1. Describe the consistency of the lesion?
2. Most important Risk factor?



# ANSWER

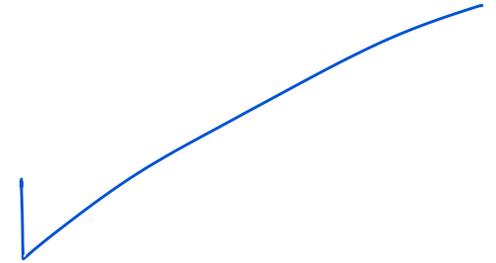
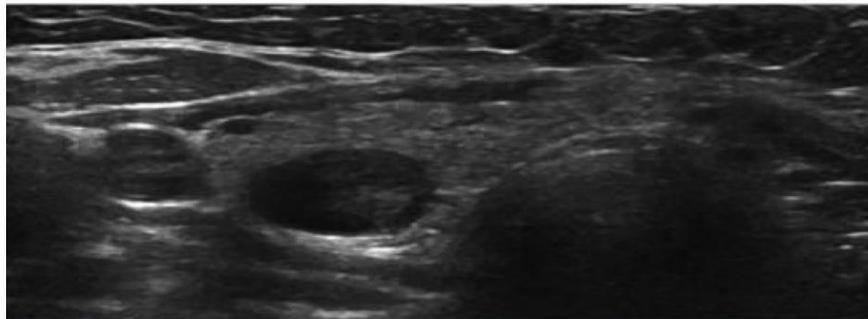
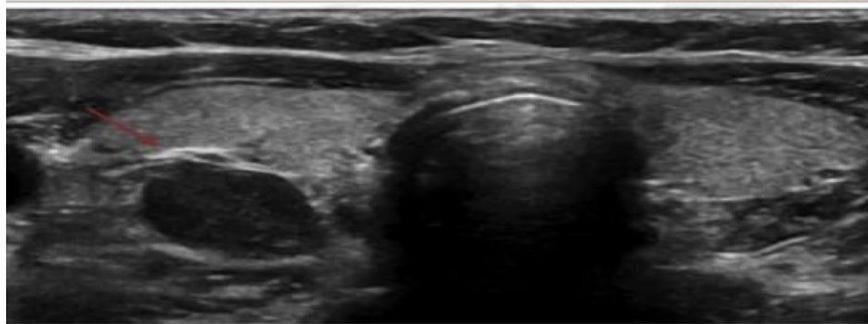
1. Soft , flfluctuate
2. Smoking



# • QUESTION

SOUL 2021

Name 2 sonographic features that are suggestive of malignancy



# • ANSWER

Micro-calcification

Taller than wide shape

Irregular margins •



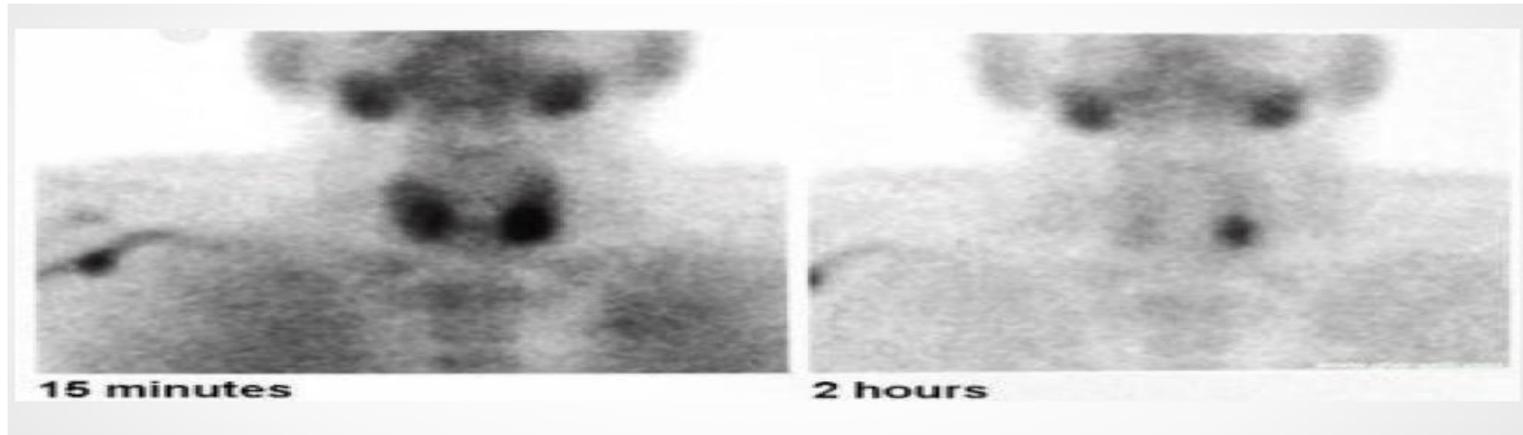
# • QUESTION

SOUL 2021

This image was obtained from 54 yrs old female complaining of repeated attacks of renal colic ,

A) What does the study reveal?

B) What is the likelihood that the lesion detected is malignant?



# • ANSWER

A. parathyroid adenoma

B. 1%

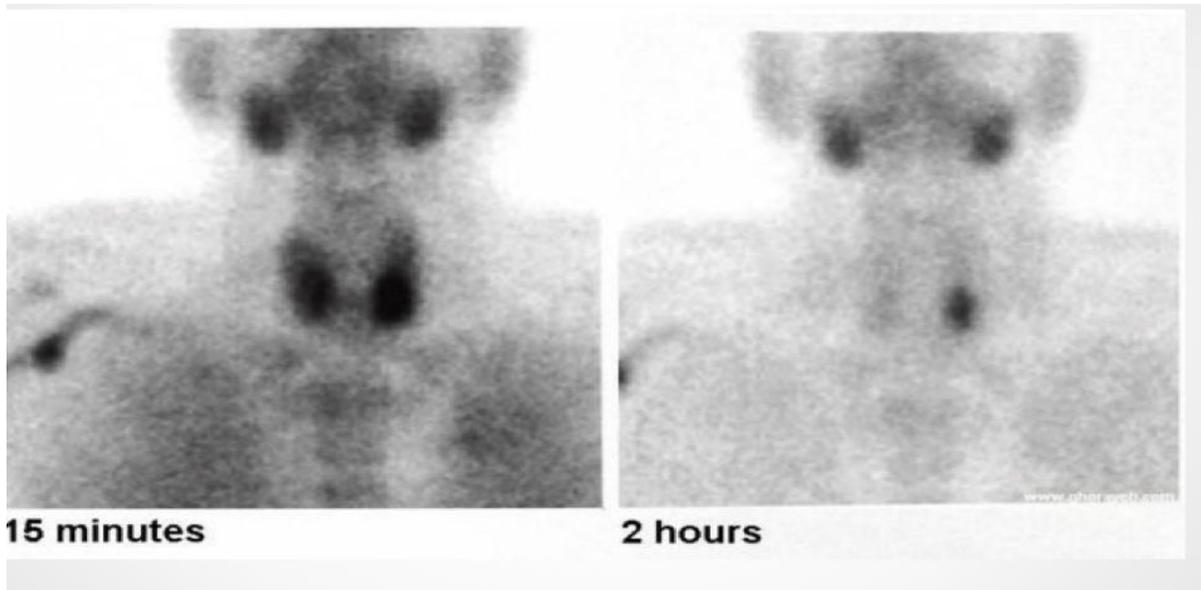


# • QUESTION

SOUL 2021

6/15/6

Name the study and mention the most common cause of the condition?



# • ANSWER

1. Sestamibi scan of Parathyroid

2. Adenoma



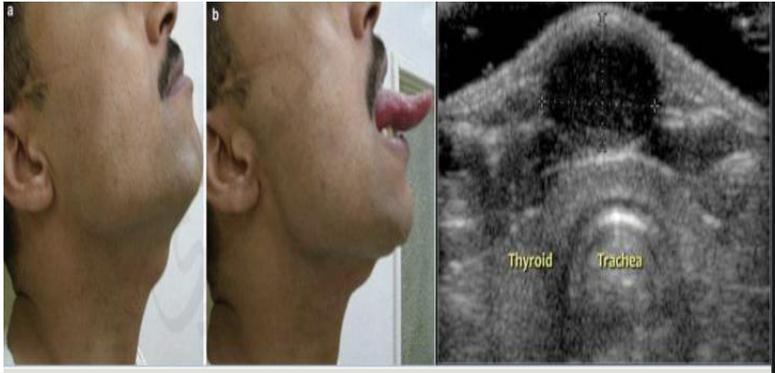
# QUESTION

7  
سوال  
SOUL 2021

1. Diagnosis?

2. What is the structure on U/S?

3. What is the management?



# • ANSWER

1. Thyroglossal duct cyst

2. Hyoid bone

3. Sistrunk's procedure



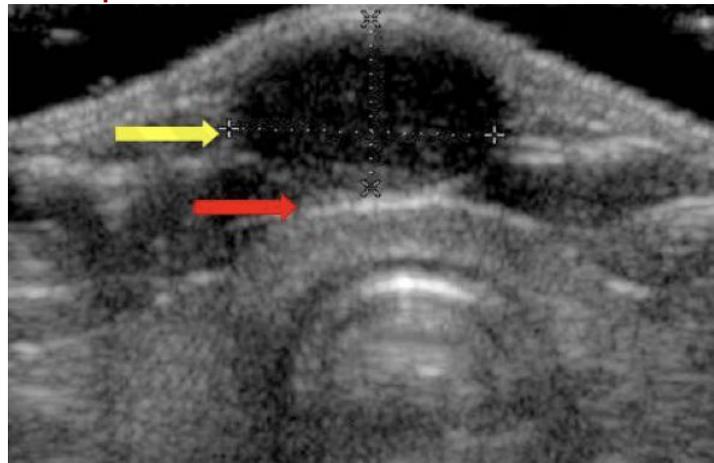
# • QUESTION



IHSAN 2020

This patient underwent surgery for the pathology depicted by the yellow arrow. Histology reported a malignancy of non-thyroid origin.

1. What is the most likely malignancy?
2. What structure does the red arrow point to?



# • ANSWER

1.Squamous cell carcinoma

2.Hyoid bone



# • QUESTION

@rse

IHSAN 2020

A 60-years old female complains of pain in her bones. She presents with a palpable central neck lump below the cricoid cartilage that moves upward upon swallowing.

1. What does the lump mostly represent
2. What is the bone condition called



# • ANSWER

1.Parathyroid carcinoma

2.Osteitis fibrosa cystica



# • QUESTION

عسر  
10

IHSAN 2020

- I. what is the Dx
- II. What is the definitive Mx?
- III. What is the risk of recurrence ?
4. What is the malignancy risk?
5. Name the malignancy that does not occur here?
6. Complications?



# • ANSWER.

I. Thyroglossal duct cyst

II. Sistrunk procedure

III. Sistrunk procedure reduces the recurrence risk from

60% to < 10%

4.2%

5. Medullary Ca

6. Infection, malignant risk



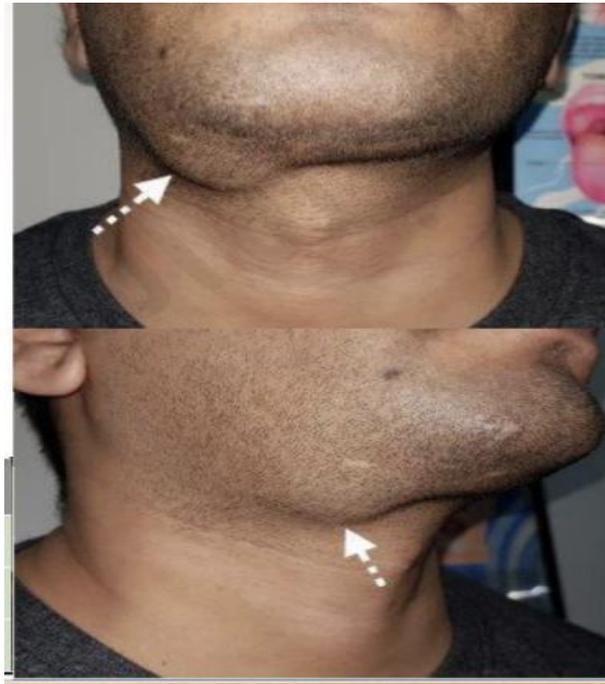
# • QUESTION



IHSAN 2020

I: if a surgery was done what is the nerve at risk to be injured?

II: What is the risk of malignancy?



# • ANSWER

I. Marginal Mandibular Nerve

II. -50%

Salivary Gland	Malignancy Rate	Incidence of Tumor
Parotid	20%	80%
Submandibular	50%	15%
Sublingual & Minor	70%	5%



# • QUESTION



IHSAN 2020

1: What are the signs?

2: What is the cation that influx and cause this sign?



# • ANSWER

I. Chvostek and Trousseau signs

II. Na<sup>+</sup> Sodium



# QUESTION

Handwritten blue scribbles and a circled 'Q' in the top right corner of the slide.

2019 – Before

- 1. What is the most likely diagnosis?
- 2. What is the most common subtype?
- 3. What is one sign that confirms your diagnosis?
- 4. How do we treat this patient?
- 5. Histology?



# • ANSWER

1. Parotid Pleomorphic Adenoma

2. myxoid( ~~I am not sure~~)

3. Rubbery-hard, does not fluctuate and of limited mobility on physical examination

4. Superficial Parotidectomy ,some said total parotidectomy

5. Epithelial cells mixed with myxoid mucoid and chondrial element and surrounded by fibrous capsule and has projections (Histology of pleomorphic adenoma: Mixture of epithelial, chondroid and pseudopoid projections)



# • QUESTION

Dr. [Signature]

2019 – Before

1. What is the most likely diagnosis?

2• Mention 2 signs that you can see?

3• What is the first symptom patient will develop if she develops ophthalmoplegia?

4• What is a drug you can give this patient before getting into surgery?



# • ANSWER

1. Graves disease

2.

1.exophthalmus 2.)Significant hair loss

3. ~~Double vision~~ or ptosis (not sure)

4. PTU



# • QUESTION

2019 – Before

A 45-year-old euthyroid patient presented underwent fine needle aspiration for a palpable left-sided thyroid nodule. This was reported as a follicular neoplasm.

1. Which Bethesda category does this represent?

2. What is the implied risk of malignancy?

3. What is the recommended treatment



# • ANSWER

- ✓
1. Bethesda 4 (~~not sure~~)
  2. 15-30
  3. ~~depend on FNA result , follow up or radiation therapy or thyroidectomy (not sure)~~

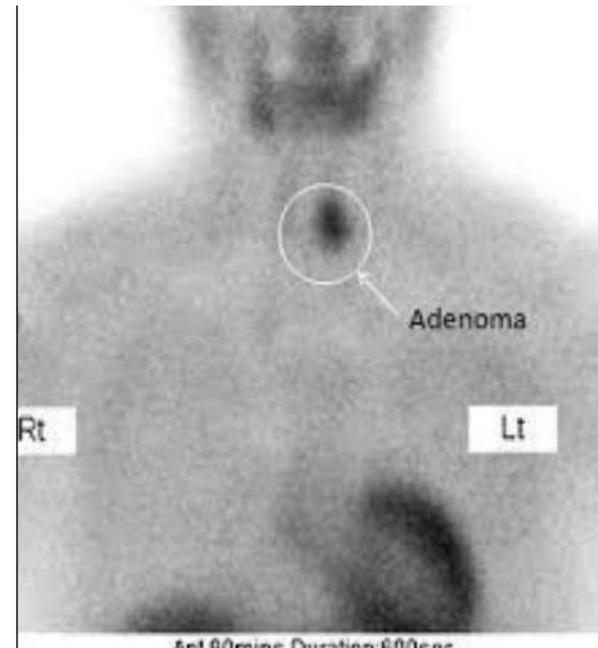
For IV → lobectomy is done

# • QUESTION

2019 – Before

This 53-year-old female has a serum calcium level of 11.8 mg/dl and a PTH level of 209 pg/ml.

1. Name the imaging study used (localization) here:
2. What is the embryologic origin of the inferior parathyroid Gland
3. What is the likelihood that the patient's condition is due to single gland disease?



# • ANSWER

1. Sestamibi scan

2. endoderm of the third and fourth pharyngeal pouches.

3. ~~Not sure~~ 90% -

5-10% if 2



# • QUESTION

15 / 10

2019 – Before

1. Most affected organ?

2. Most common cause / most likely diagnosis?



# • ANSWER

1. Parotid gland

2. Pleomorphic adenoma

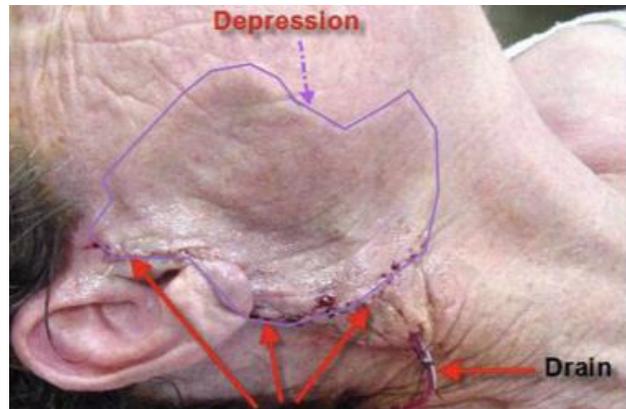


# • QUESTION

2019 – Before

patient had a superficial parotidectomy:

1. What is the most likely indication?
2. What is the nerve in risk of being damaged?



# • ANSWER

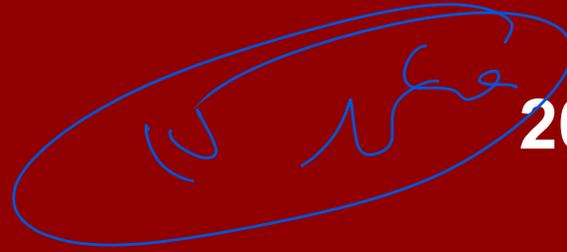
1.Parotid gland tumor (most likely pleomorphic adenoma)

2.Facial Nerve



# • QUESTION

2019 – Before



1. What is the nerve affected?

2. What is the malignancy risk?

## Marginal mandibular nerve

- Injury to this nerve causes an obvious cosmetic deformity with asymmetry of the motion of the corner of the mouth.



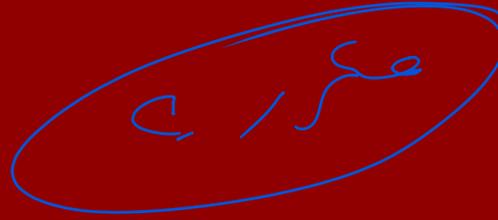
# • ANSWER

1. Marginal mandibular nerve

2.50%



# • QUESTION



2019 – Before

history that suggests a thyroid nodule:

1. diagnosis

2. How to approach a patient with this diagnosis?



# • ANSWER

1. Multi nodular goiter (MNC)
2. TFT (Thyroid function test), initially; if hyperthyroidism we will do a thyroid scan, if hypothyroidism we will do an US

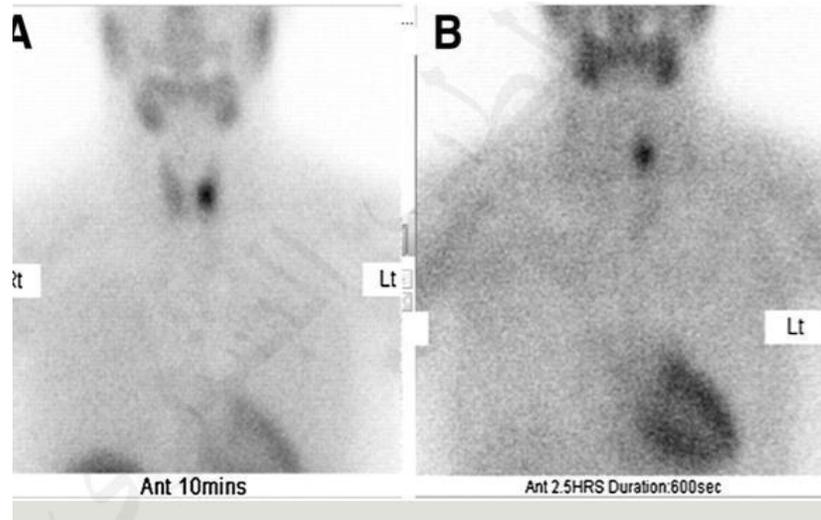


# • QUESTION

21

2019 – Before

1. What is the pathology you see?
2. Name the study?



# • ANSWER

1. Hyperfunctioning parathyroid glands (adenoma)

2. Sestamibi scan



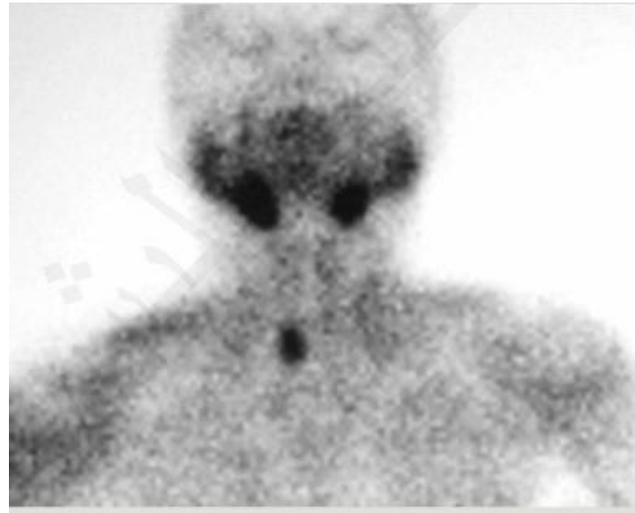
# • QUESTION

22 Se

2019 – Before

1. Risk of disease to be from single nodule?

2. What is your diagnosis?



# • ANSWER

1. 85-90% Adenoma
2. Single parathyroid gland adenoma

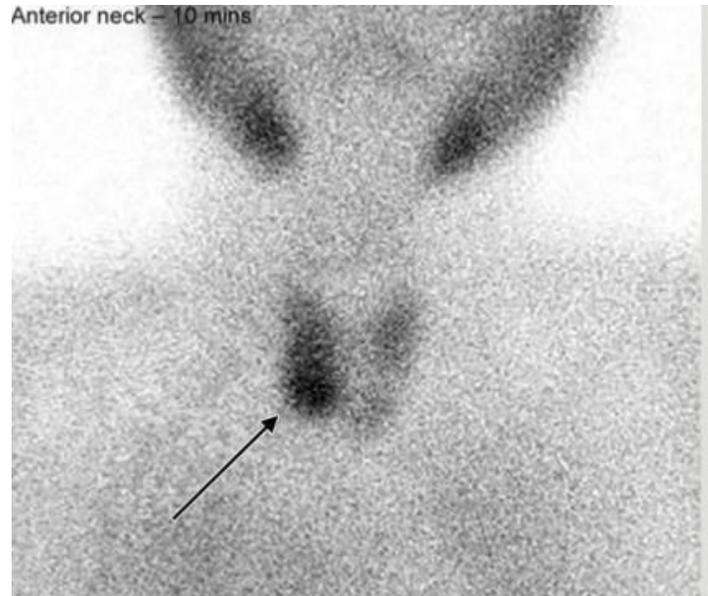


# • QUESTION

23 حشر

2019 – Before

1. What is the diagnosis?
2. The first symptom to develop if the patient had high PTH & Calcium?



# • ANSWER

1 Parathyroid adenoma (1ry hyperparathyroidism)

2. Bone pain

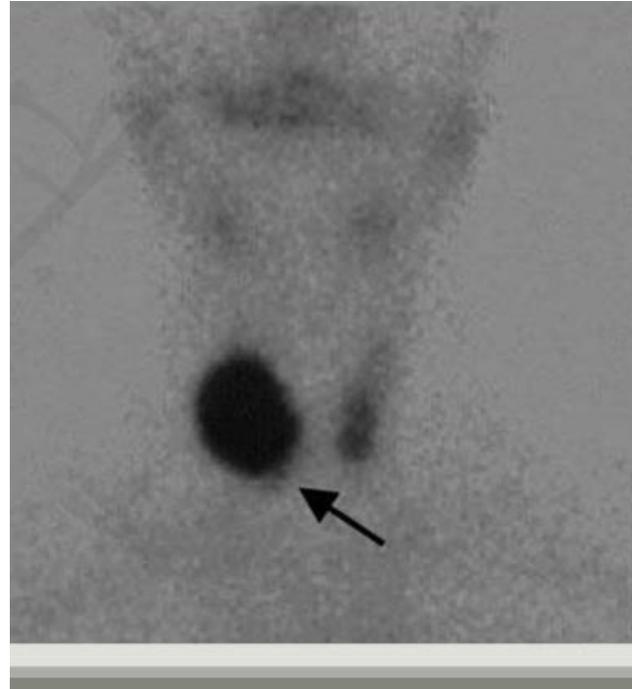


# • QUESTION

24  
عسر

2019 – Before

1. diagnosis
2. management
3. Risk of malignancy?



# • ANSWER

1. Thyroid hot nodule

2. Surgery (Lobectomy)

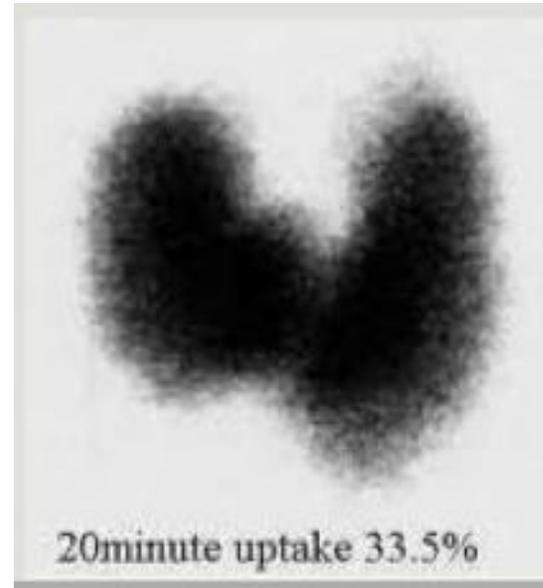
3. Low risk (<3-5%)



# • QUESTION

2019 – Before

1. What is the diagnosis?
2. What is the serological marker?
3. Mention 3 lines of management.



# • ANSWER

✓ 1. Graves Disease

✓ 2. TSI thyroid stimulating immunoglobulin

✓ 3.1) Antithyroid drugs (carbimazole) +  $\beta$ -blockers

✓ 2) Radio-iodine

✓ 3) Surgery \*\* All 3 are considered 1st line Mx



# • QUESTION

25/10/2019

2019 – Before

A 50-year-old female patient present with hypothermia:

1. What is the endocrine disorder?

2. Mention 3 signs on face?



# • ANSWER

1.Hypothyroidism

2.

1) Puffy face

2) Periorbital edema

3) Coarse hair



# • QUESTION

26

2019

2019 – Before

1. Name the diagnosis.
2. Mention 2 signs.
3. What is the treatment used for surgery preparation?



# • ANSWER

1.Gravis disease

2.Exophthalmos, lid retraction

3.Propyl thiouracil, propranolol



# • QUESTION

27 15 Co

2019 – Before

1. What type of thyroid cancer do you expect to see in this patient?
2. What's the marker?



# • ANSWER

1. Medullary

2. Calcitonin

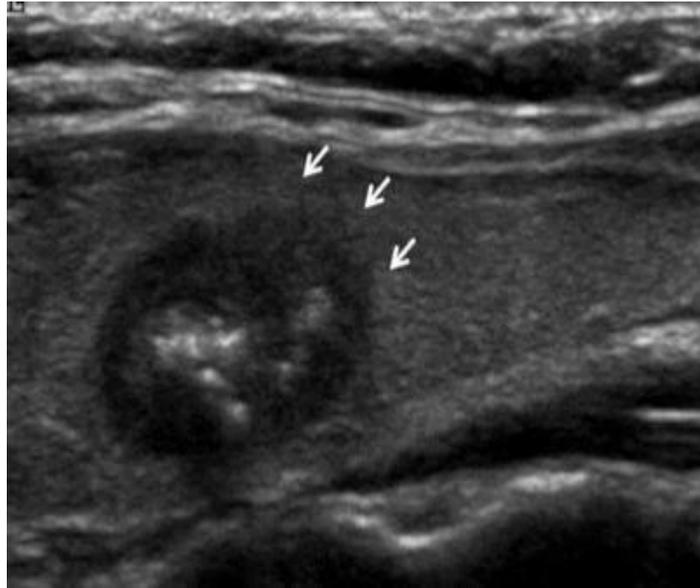


# • QUESTION

28 15/6

2019 – Before

1. What type of thyroid cancer do you expect to see in this patient?
2. Before surgery, what type must you exclude?



# • ANSWER

1. Medullary cancer

2. MEN 2 (Pheochromocytoma)



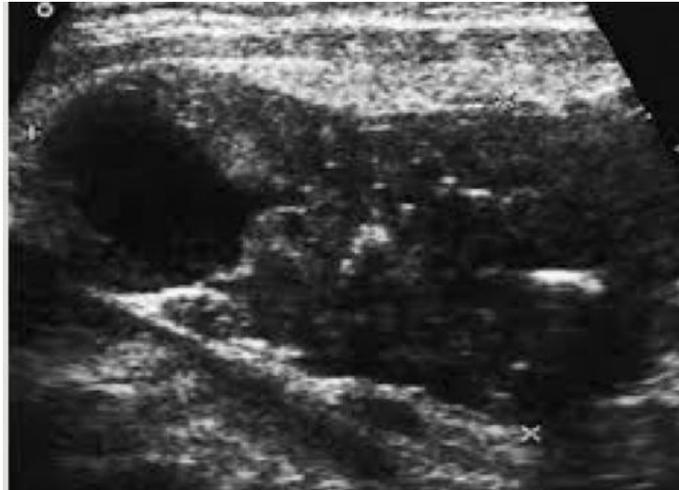
# • QUESTION

29 15/6

2019 – Before

History of palpable neck mass, recurrent renal stone, high level of calcium and parathyroid hormone.

1. Name the diagnosis.
2. What is the minimal management to be done?



# • ANSWER

1. Parathyroid carcinoma

2. Parathyroidectomy or en-bloc resection of the parathyroid mass and any adjacent tissues that have been invaded by tumor. (from UpToDate)

Note: En-bloc resection could include the ipsilateral thyroid lobe, paratracheal alveolar and lymphatic tissue, the thymus or some of the neck muscles, and in some instances, the recurrent laryngeal nerve.\*\*



# • QUESTION

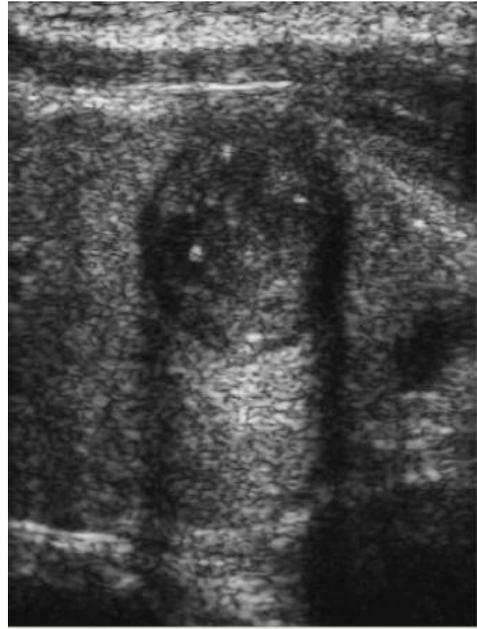
30 15 9

2019 – Before

History of thyroid nodule, US shows micro-calcifications, investigation of blood vessels and reactive LN:

1. Bethesda Grade?

2. What is your Mx?



# • ANSWER

1. Bethesda 5

2.Total Thyroidectomy



# • NOTE

Features like micro-calcifications, vascularization and reactive LNs are highly suspicious for malignancy, and warrant a fine needle aspiration to confirm the malignancy and determine the type.

Bethesda grade 5 is “highly suspicious for malignancy”, which is the case here.

Bethesda grade 6 is “confirmed malignancy”, which cannot be confirmed without histological proof (you can’t have grade 6 without FNA).

The management is the same for grade 5 and 6. However, grade 6 needs cytology (عشان تقدر تحلف عليها) grade 5 لازم يكون عندك fna عشان تقدر تحكي إنها malignant بنسبة 100% وتحكي grade 6, غير هيك بتضلها suspicious اللي هي grade 5



# • NOTE

## FNAC (Breast)

C1: Unsatisfactory

C2: Benign

C3: Atypical cells

C4: Suspicious cells

C5: Malignant



# • NOTE



Bethesda diagnostic category		<b>VERY COMMON QUESTION!</b>	Risk of malignancy	Usual management
<b>I</b>	<b>Nondiagnostic or unsatisfactory</b>	Cyst fluid only Virtually acellular specimen Other (obscuring blood, clotting artifact, etc.)	1% to 4%	Repeat FNA with ultrasound guidance
<b>II</b>	<b>Benign</b>	Consistent with a benign follicular nodule (includes adenomatoid nodule, colloid nodule, etc.) Consistent with lymphocytic (Hashimoto) thyroiditis in the proper clinical context Consistent with granulomatous (subacute) thyroiditis Other	0% to 3%	Clinical follow-up
<b>III</b>	<b>Atypia of undetermined significance or follicular lesion of undetermined significance</b>		5% to 15%	Repeat FNA
<b>IV</b>	<b>Follicular neoplasm or suspicious for a follicular neoplasm</b>	Specify if Hurthle cell (oncocytic) type	15% to 30%	Surgical lobectomy
<b>V</b>	<b>Suspicious for malignancy</b>	Suspicious for papillary carcinoma Suspicious for medullary carcinoma Suspicious for metastatic carcinoma Suspicious for lymphoma Other	60% to 75%	Near-total thyroidectomy or surgical lobectomy
<b>VI</b>	<b>Malignant</b>	Papillary thyroid carcinoma Poorly differentiated carcinoma Medullary thyroid carcinoma Undifferentiated (anaplastic) carcinoma Squamous cell carcinoma Carcinoma with mixed features (specify) Metastatic carcinoma Non-Hodgkin lymphoma Other	97% to 99%	Near-total thyroidectomy



# QUESTION

2019 – Before

1. What is the diagnosis?
2. causes?

puffy  
Face



Fatty  
lump

# • ANSWER

1. Cushing Syndrome

1. (iatrogenic cortisol administration) - Pituitary Adenoma

Note\*\* Not to be confused with Cushing triad of increased ICP, which is: 1) Irregular, decreased respirations 2) Bradycardia 3) Systolic hypertension



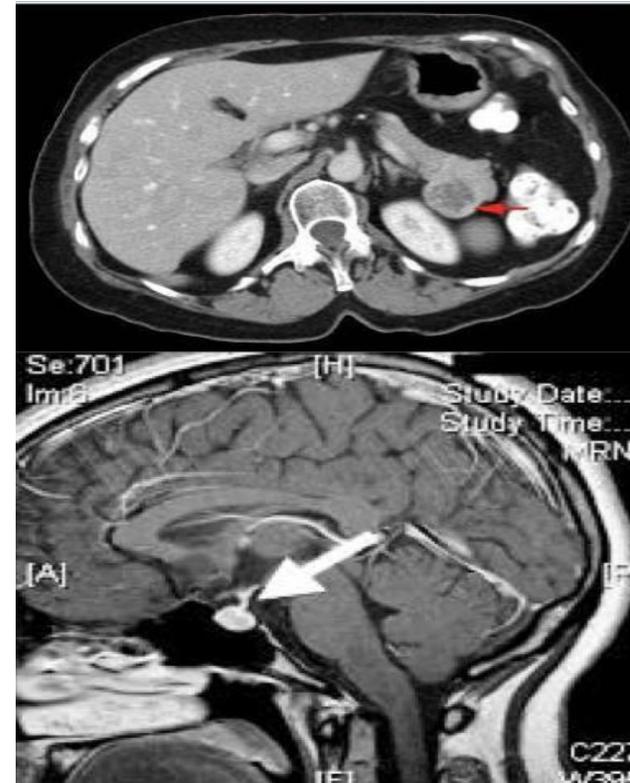
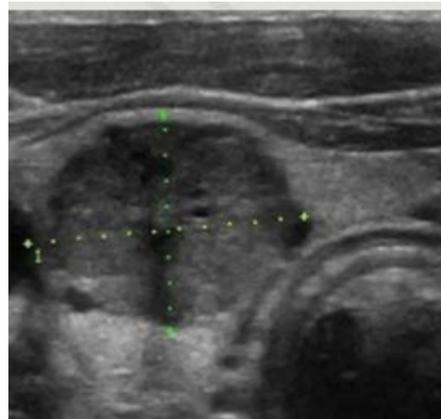
# . QUESTION

2019 – Before

1. White arrow?

2. Syndrome name?

3. The most important thing surgically to do for this patient?



# • ANSWER

1. Pituitary Adenoma

2. MEN

3. Pancreatic tumor "not sure"

pituitary adenoma is associated with MEN1 syndrome :-

- ↳ Parathyroid hyperplasia
- ↳ pancreatic tumor

← Cushing    II    associated syndrome

But I don't know which one is the most important



# • QUESTION

endo

SOUL 2021

عسلي

31

patient with thyroid medullary cancer & a CT was done:

Q1: What is your next step?

Q2: If the patient has no genetic abnormality and the lesion is not functioning what will you do next?

Q3: What disease you have to rule out?

Q4: cut off size to remove?



# • ANSWER

1. (not sure what the dr. meant so here are the possibilities):

Assess the functionality of the adrenal tumor by hx, physical ex and ordering lab tests: KFT (Na, K, Creatinine, Urea) / Aldosterone levels/ cortisol/ metanephrine/normetanephrine/vanillylmandelic acid (VMA)// pheochromocytoma// 24h urine analysis for catecholamine metabolites

2. Because it is very large > surgery adrenalectomy, the dr said : If it was more than 4 cm then you have to remove it immediately

3. Pheochromocytoma

4. more than 4 cm



# • QUESTION

*endo*

SOUL 2021

*عمر  
32*

This is an MRI of 37 years old patient complains of uncontrolled hypertension,  
A) List 2 possible causes



# • ANSWER

1. pheochromocytoma
2. Cushing's disease



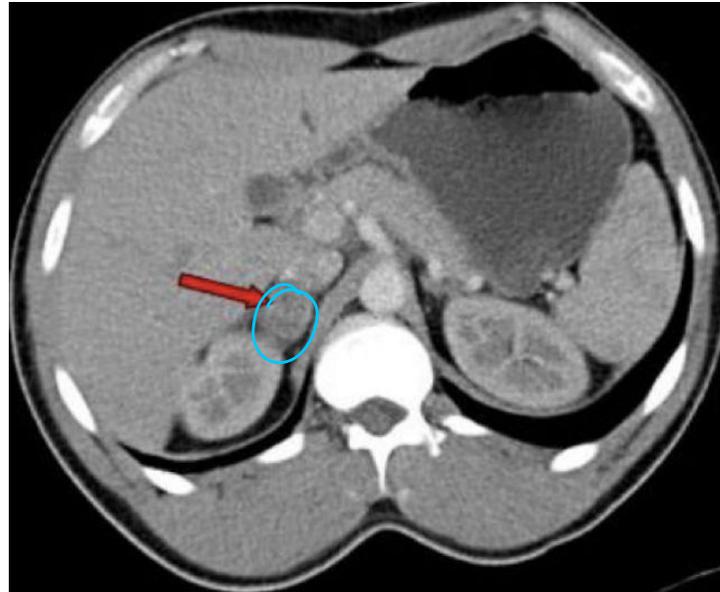
# • QUESTION

*endo*

**2019 – Before**

This lesion was detected incidentally on CT of the abdomen.

1. The next step in evaluating the patient is
2. Name 2 indications for surgery



# • ANSWER

Not sure about the answer but I think it's adrenal mass so the answer would be ✓

1. cortisol blood test

2. >4cm, functional, CT density >20 →

8 features of malignancy

① heterogenous

② necrosis

③ irregular margin

④ venous emboli



# • QUESTION

*endo*

2019 – Before

A patient presented with episodic sweating and hypertension:

1. What is the diagnosis?
2. What is the 1st thing to do?
3. What raise the possibility of malignancy?
4. What is the size that would be considered
5. an indication for surgery?



incidentaloma

السيدان ١٧٦ هـ

## • ANSWER

غير انه ما اقدر احلف عليها الا بالاباح  
وانا ما عملت

1. Incidentaloma (Dr. Sohail's answer)
2. Check if functional or not by checking cortisol, renin, angiotensin and VMA,... etc.
3. >4 cm - Rapid growth  
- Necrosis - Family history - Hemorrhage - Calcifications
4. >=4cm



# QUESTION

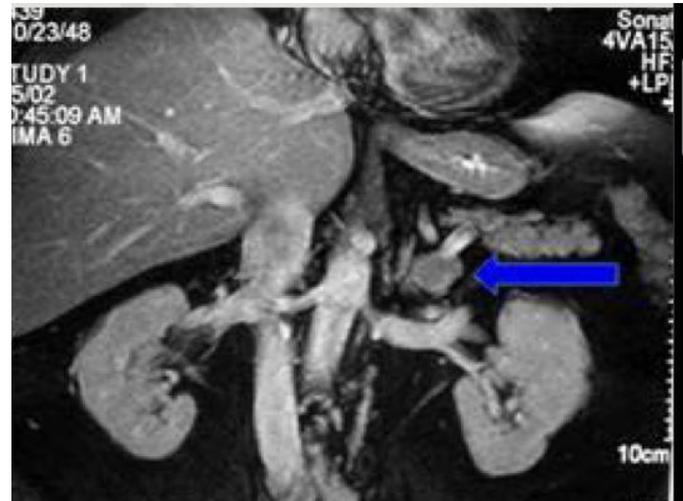
33  
33  
endo

2019 – Before



Lab investigations show high aldosterone level and high ratio of PAC to PRA

1. What is your Dx?
2. Mention a common presentation for this patient



# • ANSWER

1. Conns disease

2. Hypertension



# • NOTE

Functional adrenal tumors can cause several problems depending on the hormone released. These problems include:

## 1. Cushing's Syndrome:

This condition occurs when the tumor leads to excessive secretion of cortisol. While most cases of Cushing's Syndrome are caused by tumors

in the pituitary gland in the brain, some happen because of adrenal tumors. Symptoms of this disorder include diabetes, high blood pressure, obesity and sexual dysfunction.

## 2. Conn's Disease:

This condition occurs when the tumor leads to excessive secretion of aldosterone. Symptoms include personality changes, excessive

urination, high blood pressure, constipation and weakness.

## 3. Pheochromocytoma:

This condition occurs when the tumor leads to excessive secretion of adrenaline and noradrenaline. Symptoms include sweating, high blood

pressure, headache, anxiety, weakness and weight loss.

