



CNS Module Physiology Lectures (Lecture 5)

Topic 2: Spinal cord & somatic sensations

Spinal Reflexes(Part 2)

Presented by:

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Associate Professor of Medical Physiology

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Muscle tone does not cause fatigue because:

- 1- It is due to alternate contraction of different muscle fibres.
- 2- Contraction is subtetanic.
- 3- Muscle fibres involved in muscle tone are the red muscle fibres, which contract slowly and can sustain force in muscle for a long time.

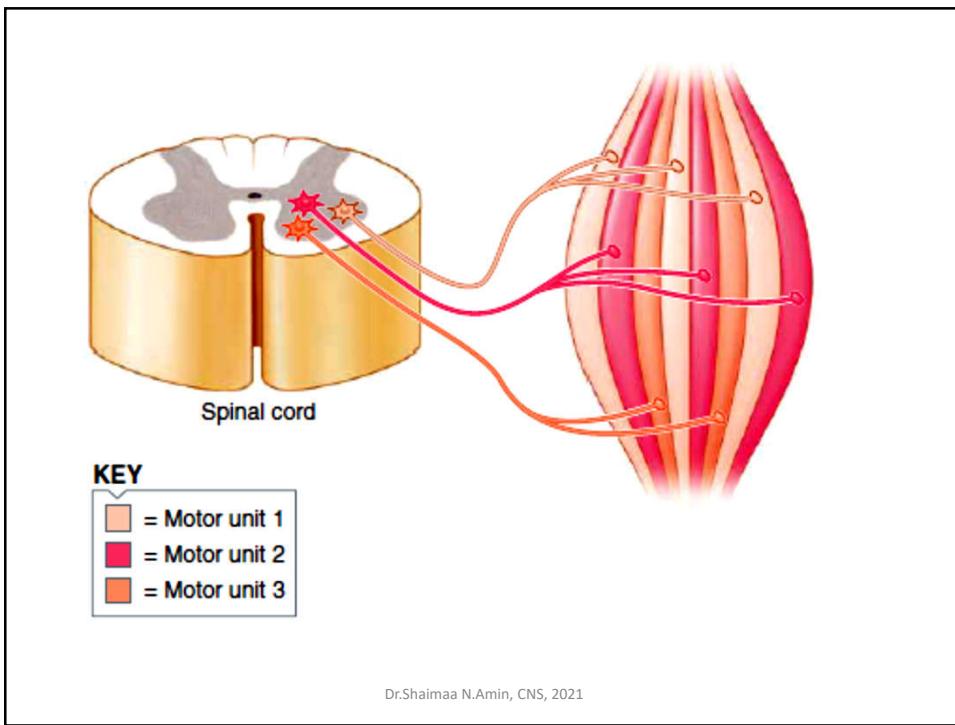
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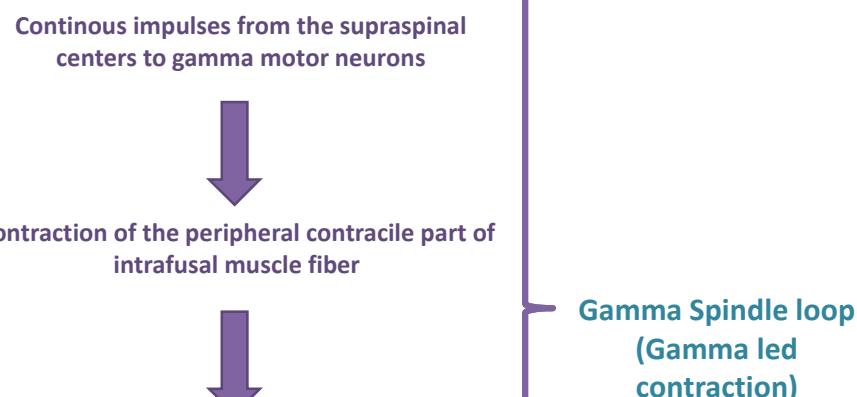
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During rest the muscle spindle is continuously stretched



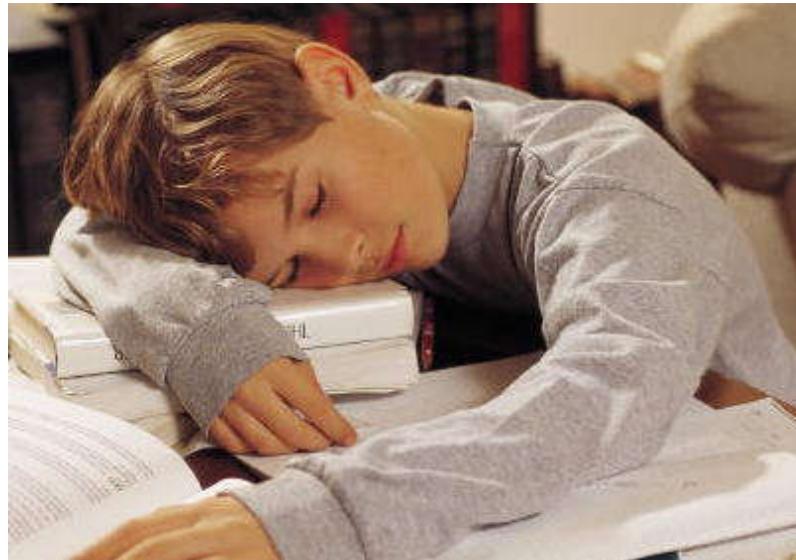
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Functions of muscle tone

- 1- Maintain the body posture against the effect of gravity.
- 2- provides a background for voluntary movements.
- 3- helps in regulation of body temperature.
- 4- helps venous and lymph.

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Muscle tone does not cause fatigue ?



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Muscle tone does not cause fatigue because:

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- 2- Contraction is **subtetanic**.
- 3- Muscle fibres involved in muscle tone are the **red muscle fibres**, which contract slowly and can sustain force in muscle for a long time.

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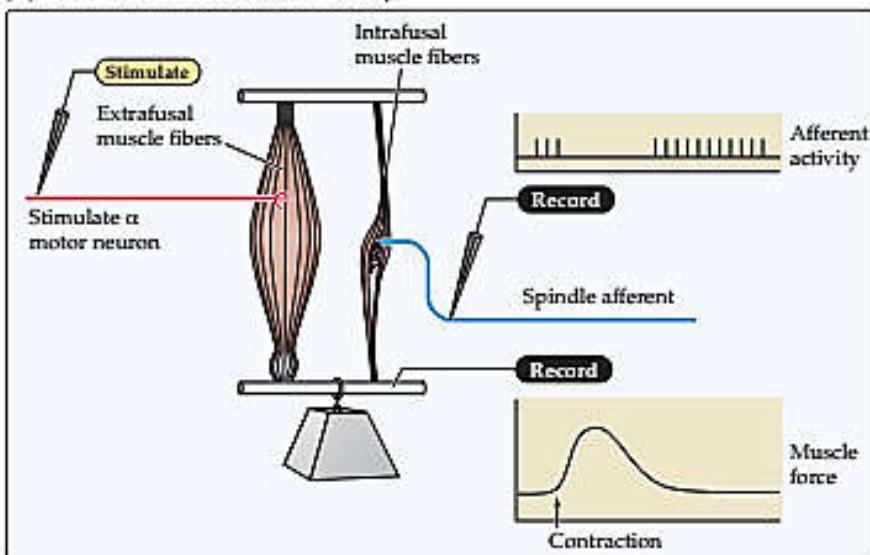
Testing Muscle Tone



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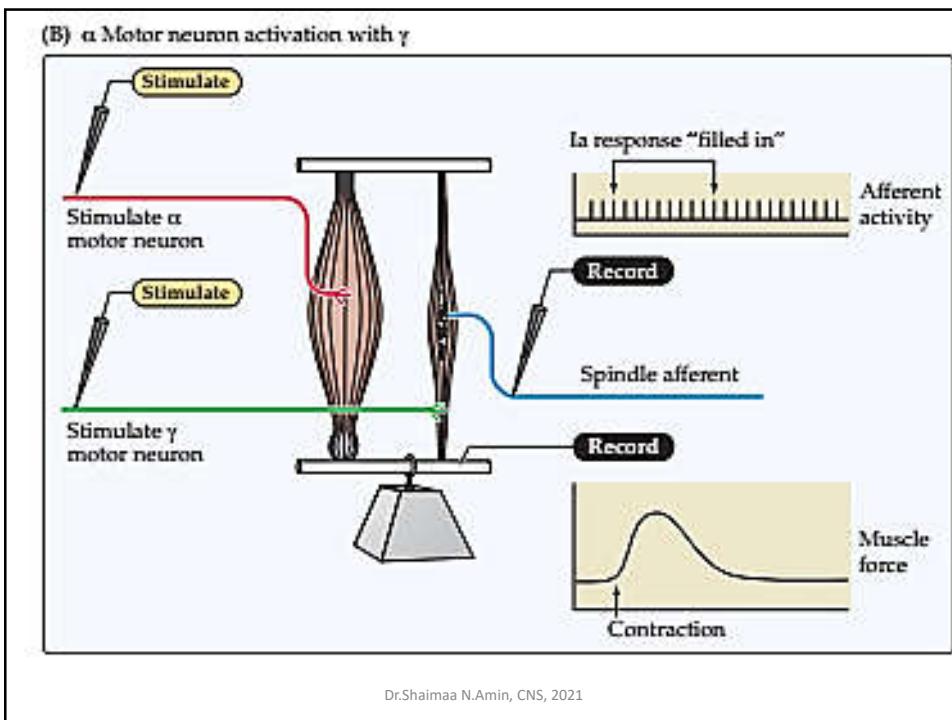
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(A) α Motor neuron activation without γ

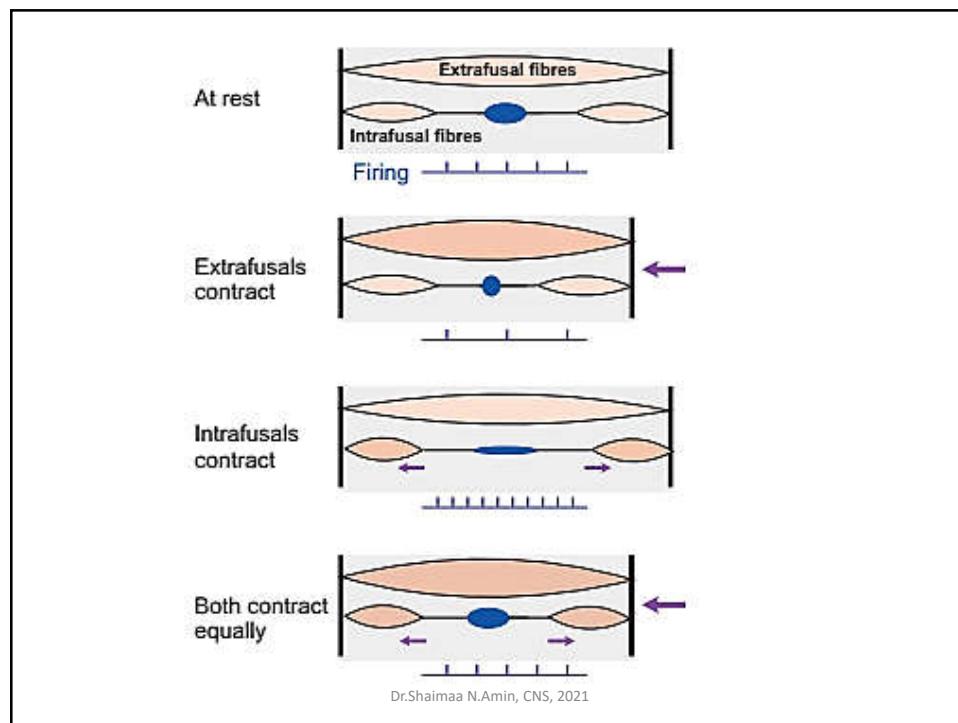


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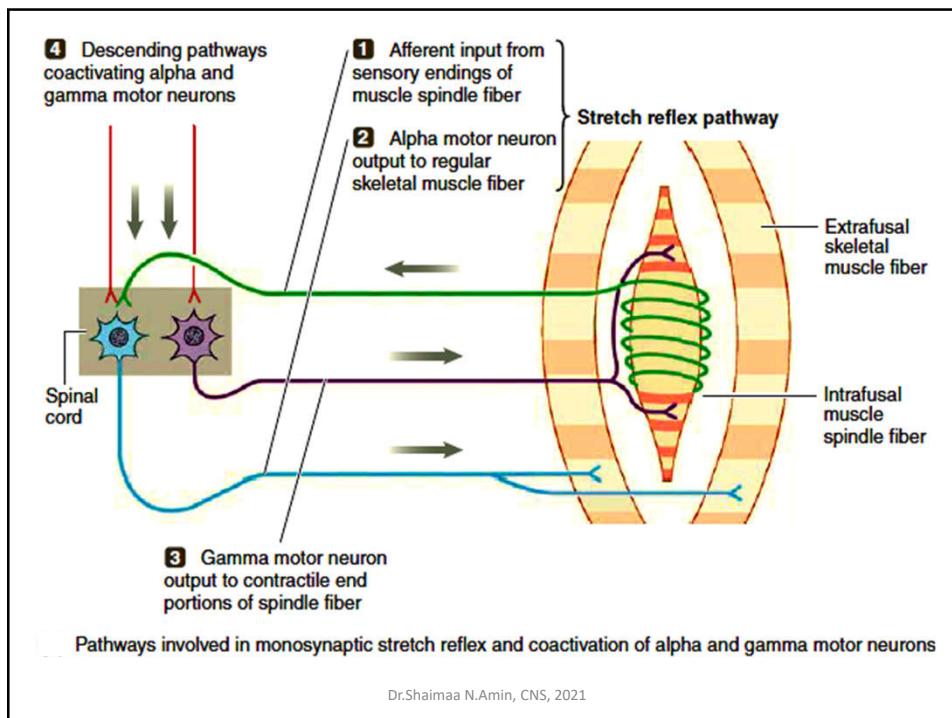
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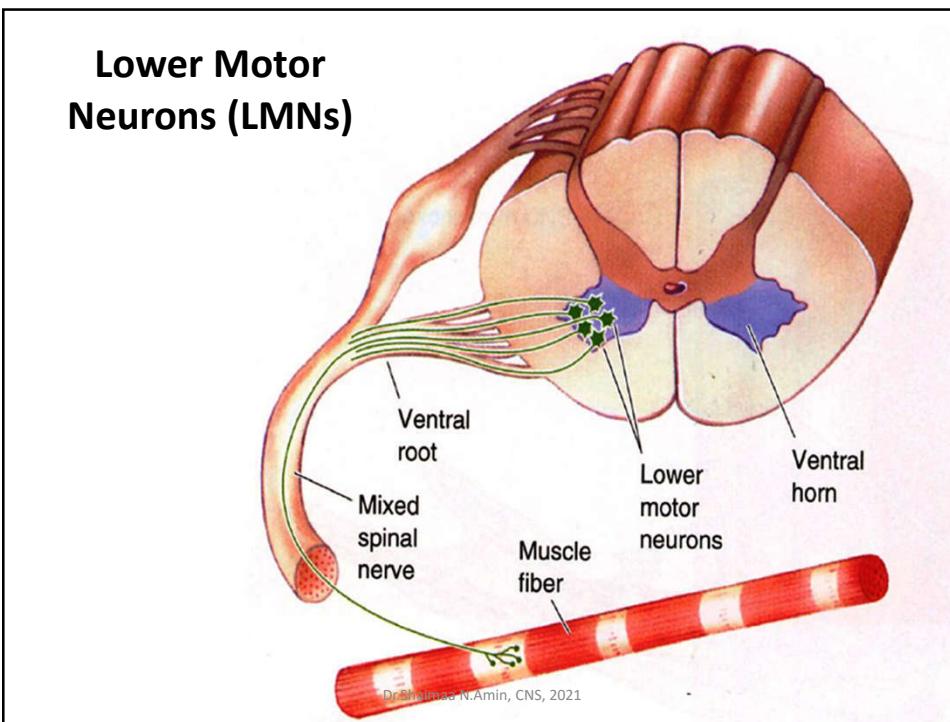


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'load' means the force against which a muscle has to operate.

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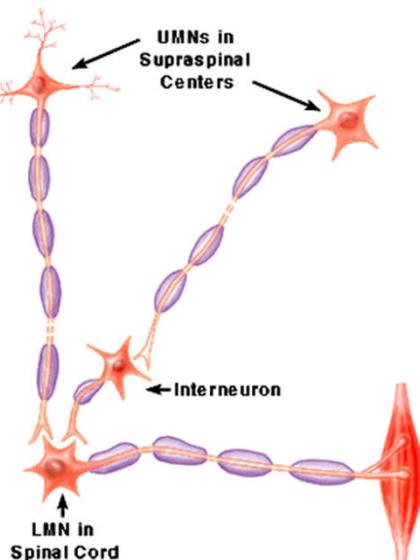
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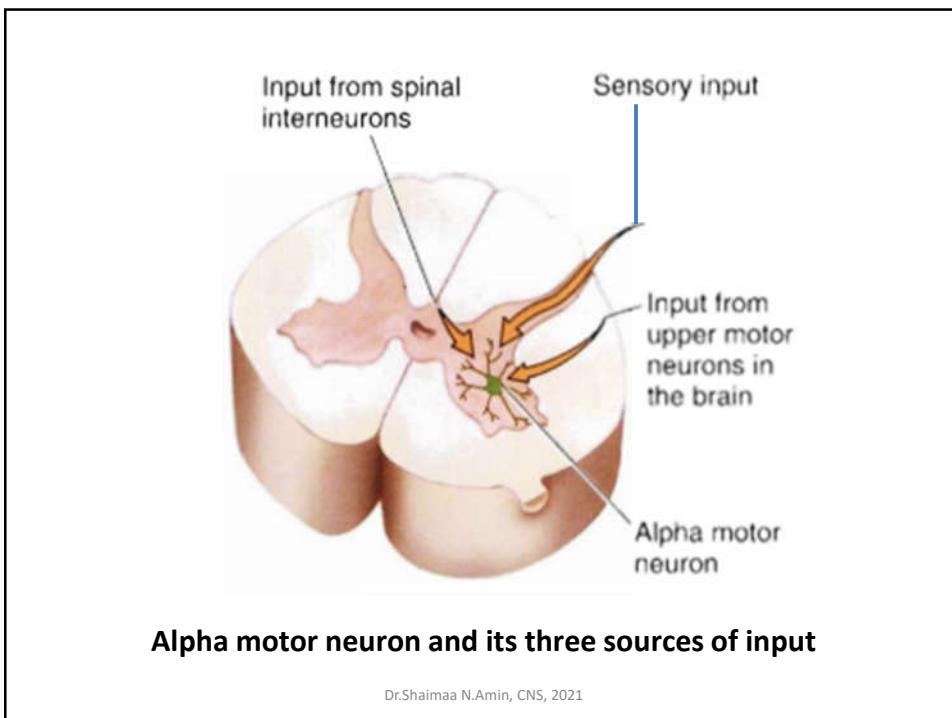
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- Cells that carry signals from supraspinal centers to LMNs of the spinal cord are **the Upper Motor Neurons (UMNs)**.

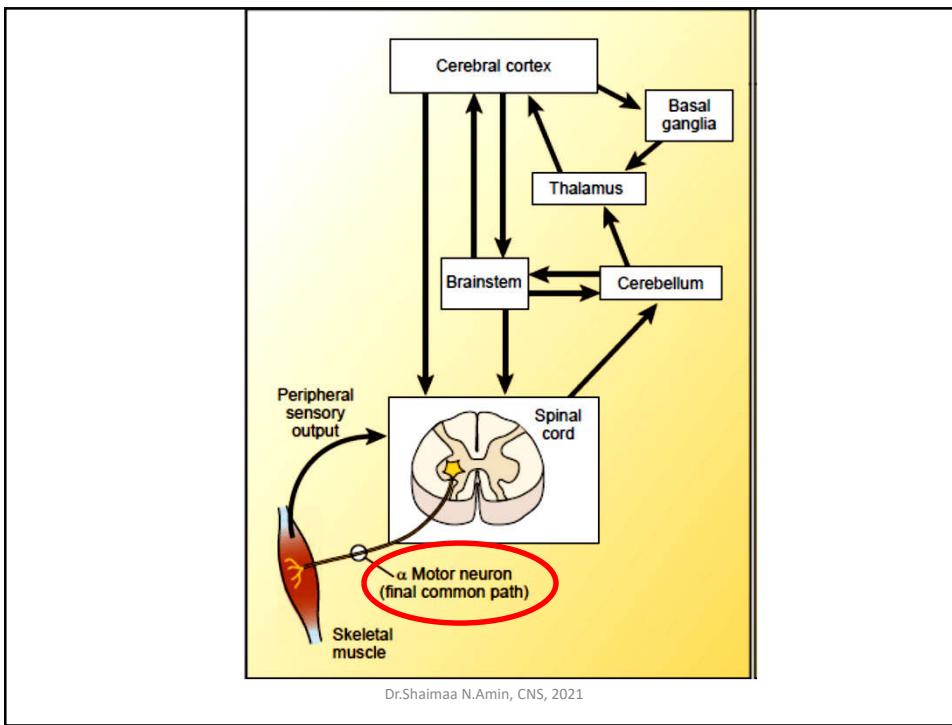
-UMNs carry motor commands to the LMNs, which **execute them** by causing muscle contraction.



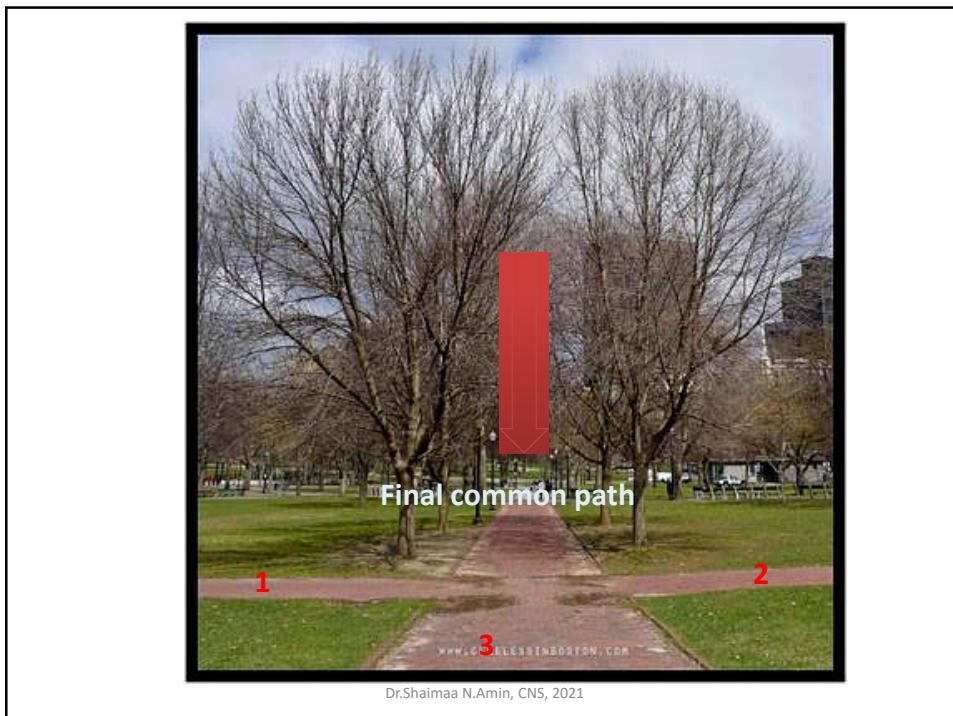
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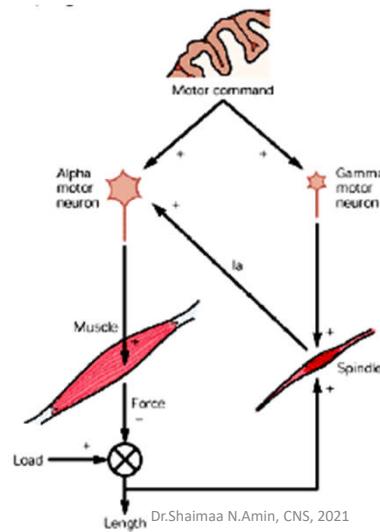


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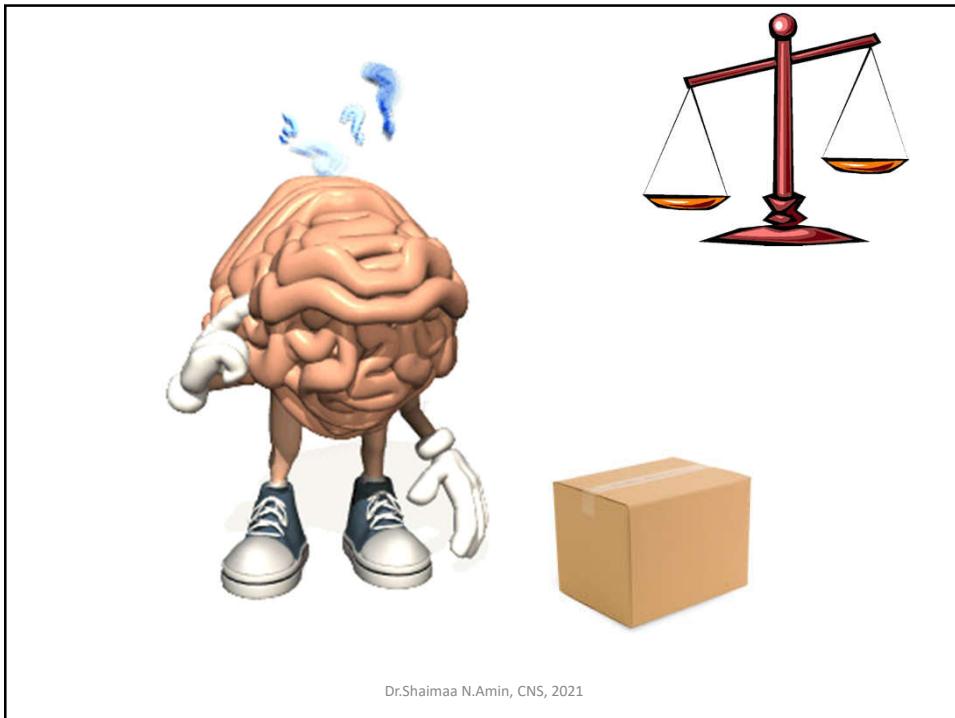
Physiological significance of the stretch reflex

2- Control of voluntary movements.

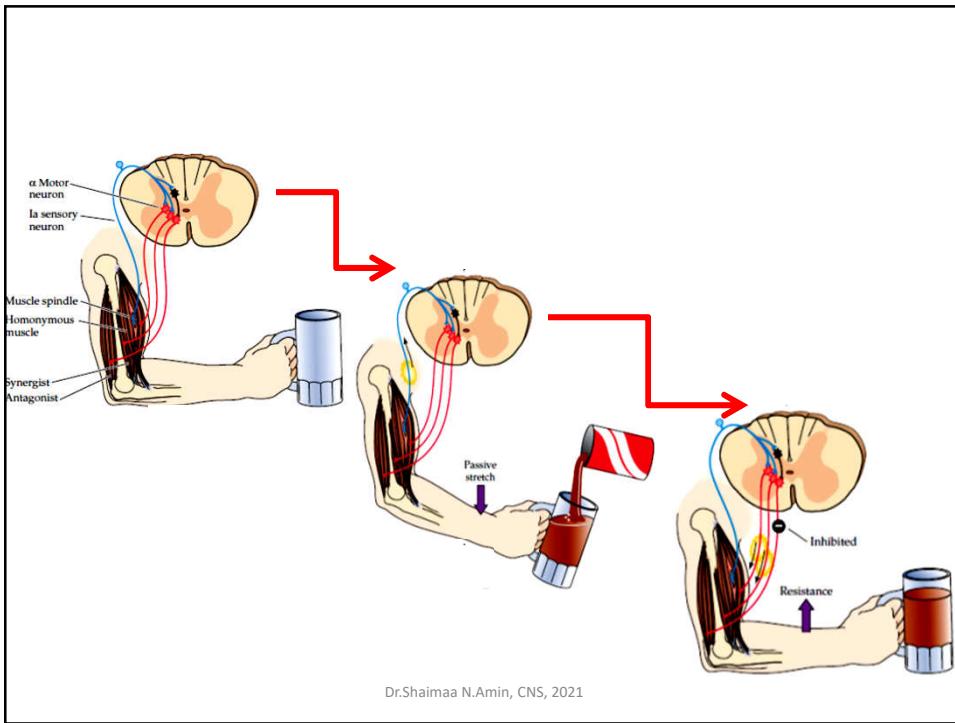
a-Servo-assistant function :



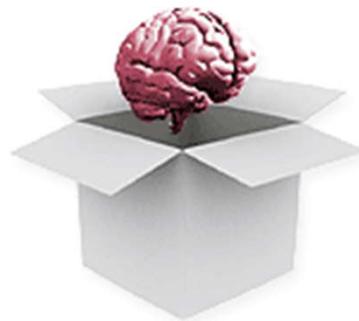
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Supraspinal control of stretch reflex

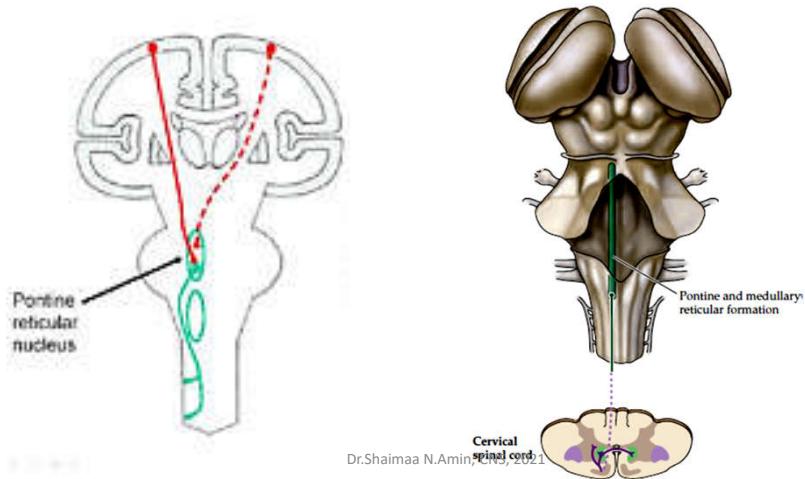
A-SUPRA SPINAL FACILITATORY AREAS

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Supraspinal Facilitatory Areas

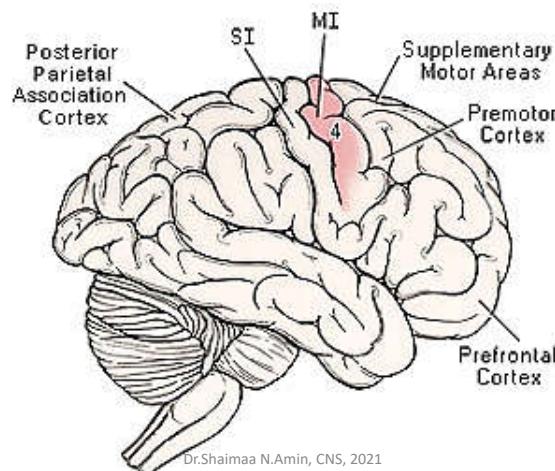
1-Facilitatory reticular formation



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Supraspinal Facilitatory Areas

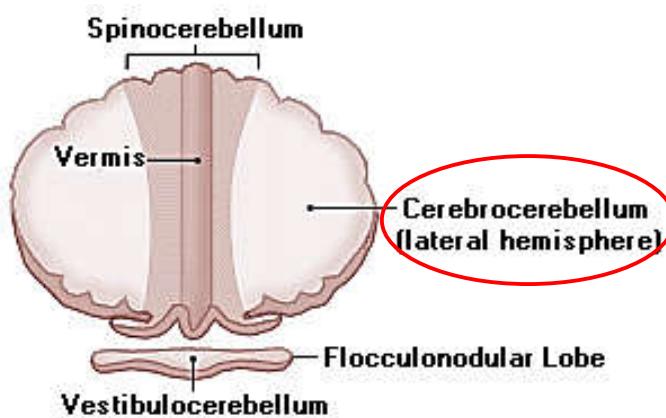
2-Primary motor area 4



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Supraspinal Facilitatory Areas

3-Neocerebellum

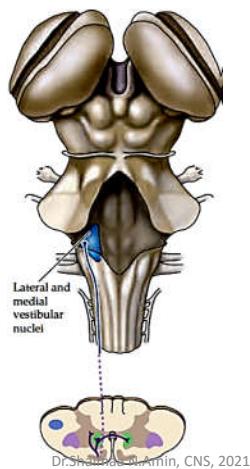


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Supraspinal Facilitatory Areas

4-The lateral Vestibular nucleus



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Supraspinal control of stretch reflex

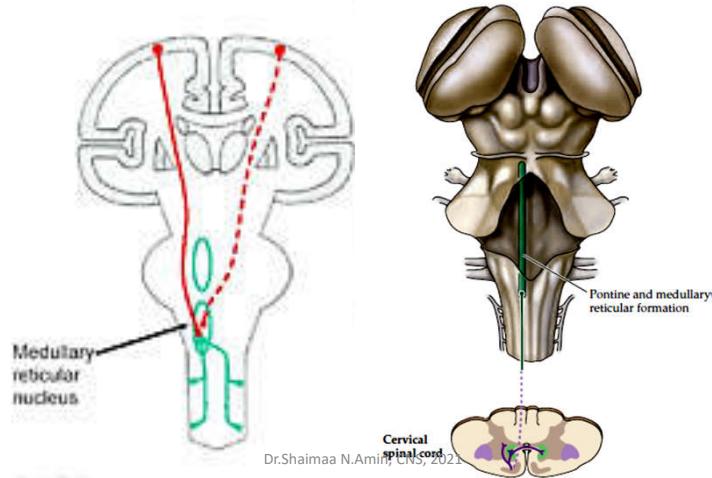
A-SUPRA SPINAL INHIBITORY AREAS

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Supraspinal Inhibitory Area

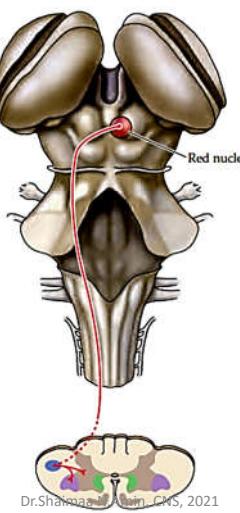
1-Inhibitory reticular formation



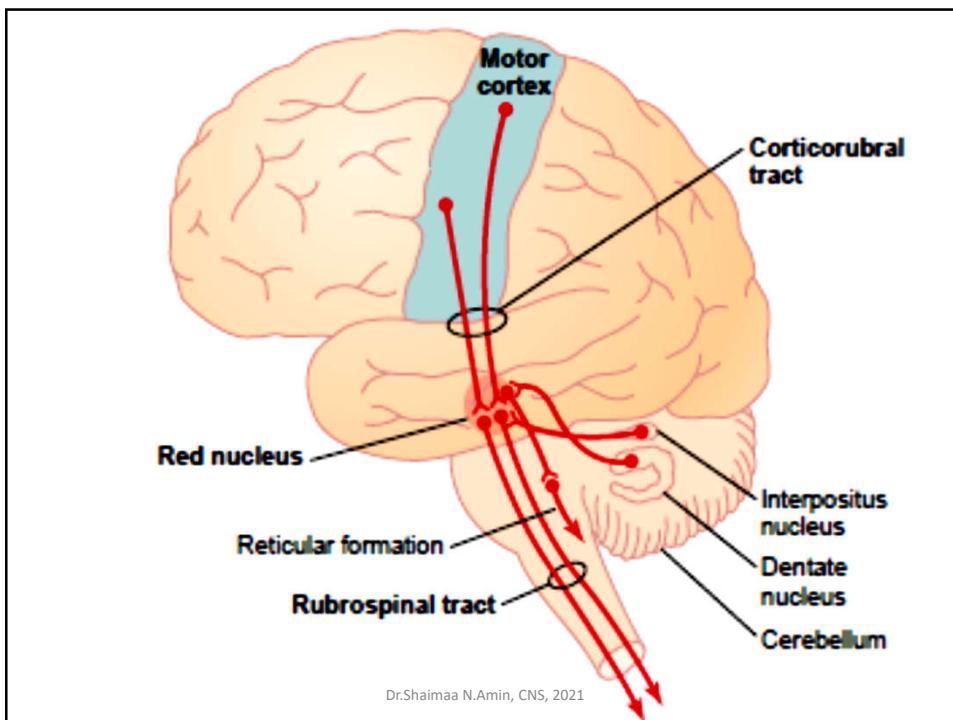
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Supraspinal Inhibitory Area

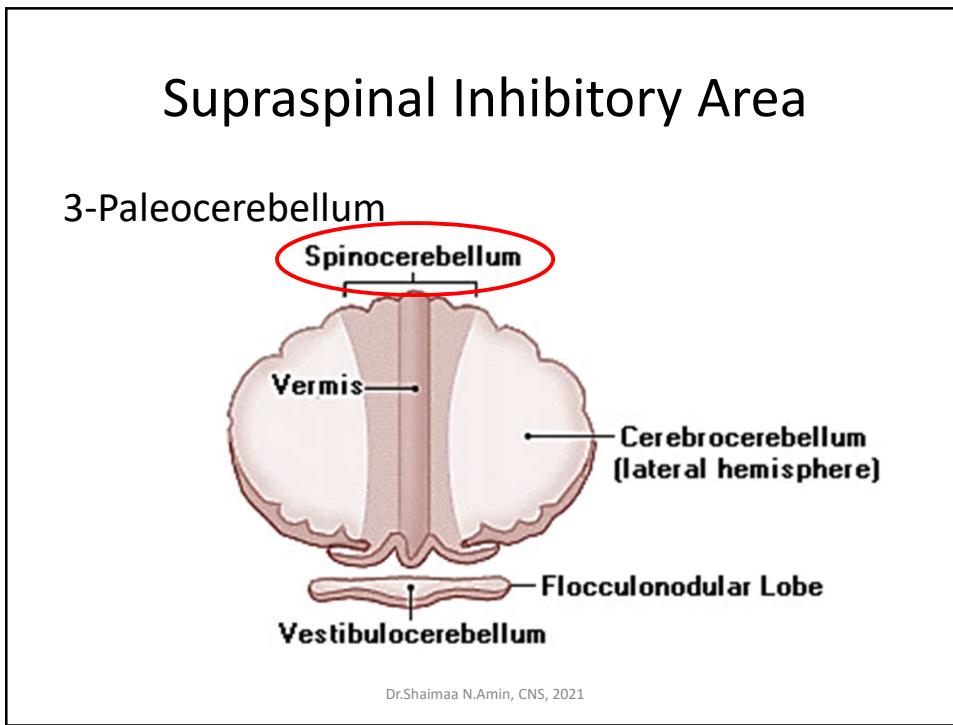
2-Red Nucleus



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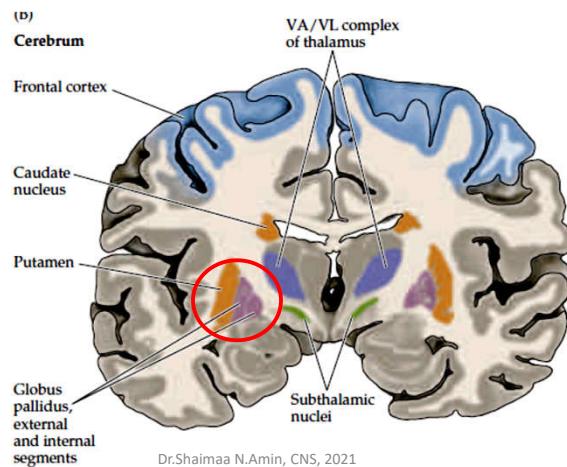
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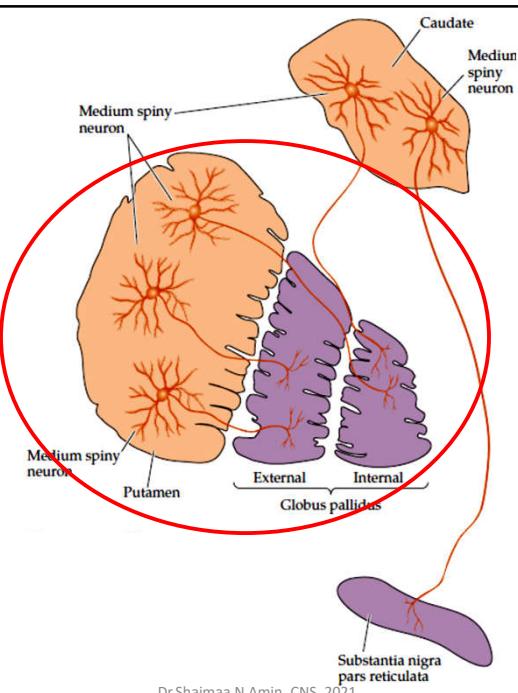
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Supraspinal Inhibitory Area

4-Basal ganglia (lentiform nucleus)



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Supraspinal Inhibitory Area

5-Cortical suppressor area (4S)

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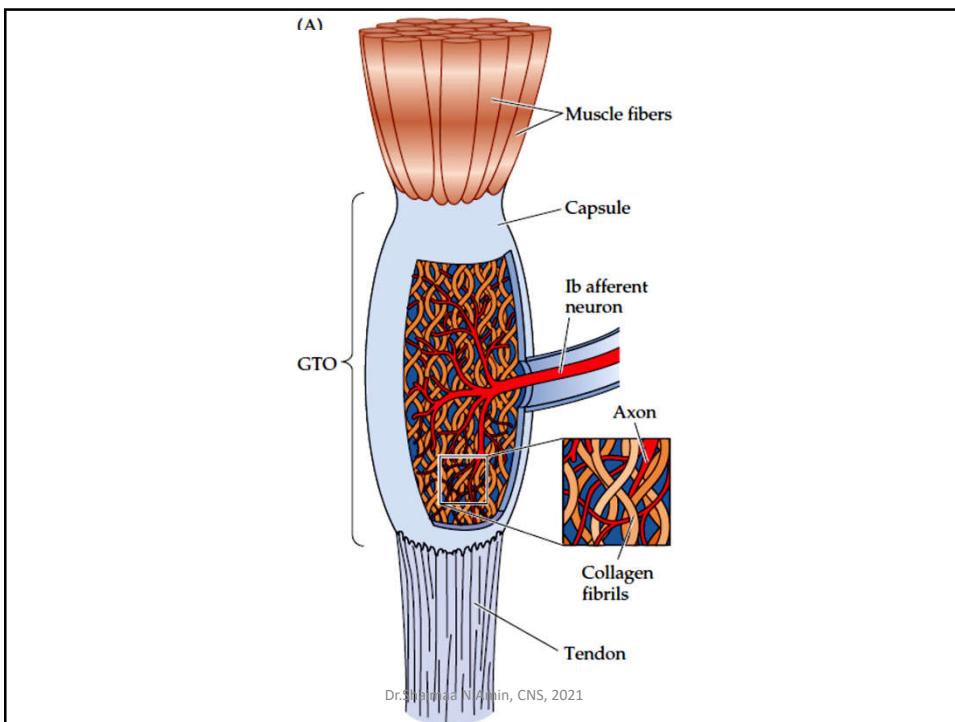
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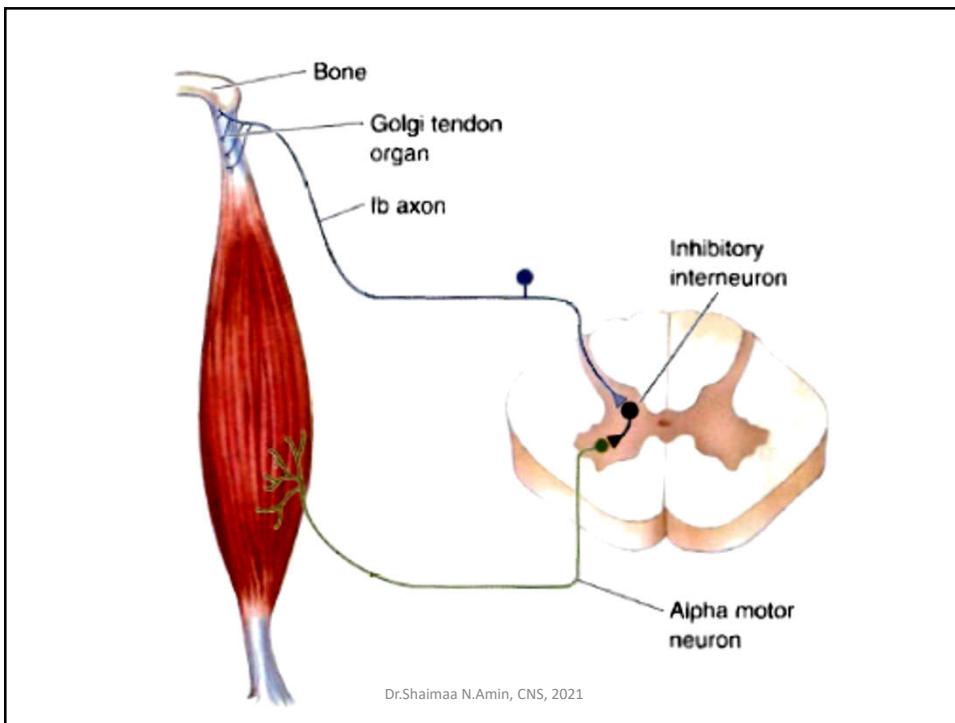
**Inverse stretch Reflex
(AUTOREGIC INHIBITION)**

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Polysynaptic reflexes

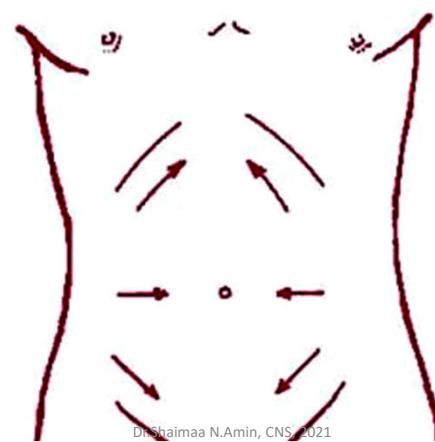
- Superficial abdominal reflexes
- Planter reflex
- Cremasteric reflex
- Withdrawal reflex
- Scratch reflex
- Positive supporting reaction
- Visceral reflexes

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Polysynaptic reflexes

- Superficial abdominal reflexes

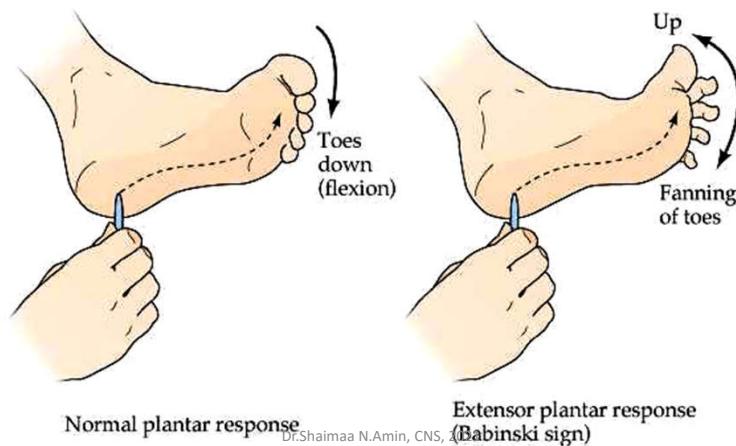


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Polysynaptic reflexes

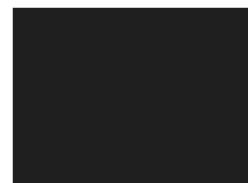
- Planter reflex



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Polysynaptic reflexes

- Planter reflex

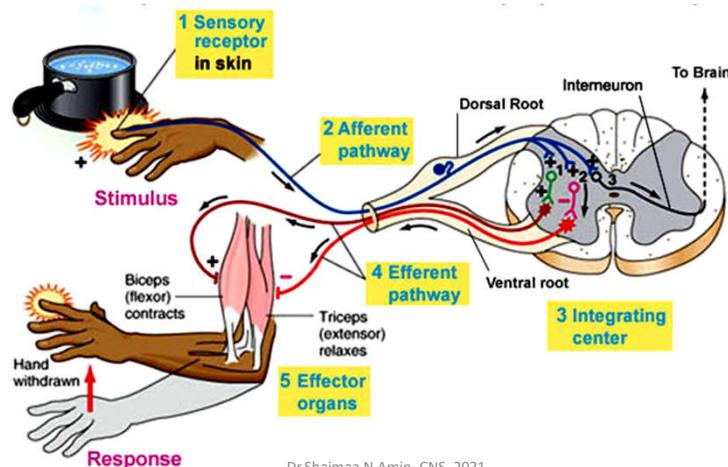


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Polysynaptic reflexes

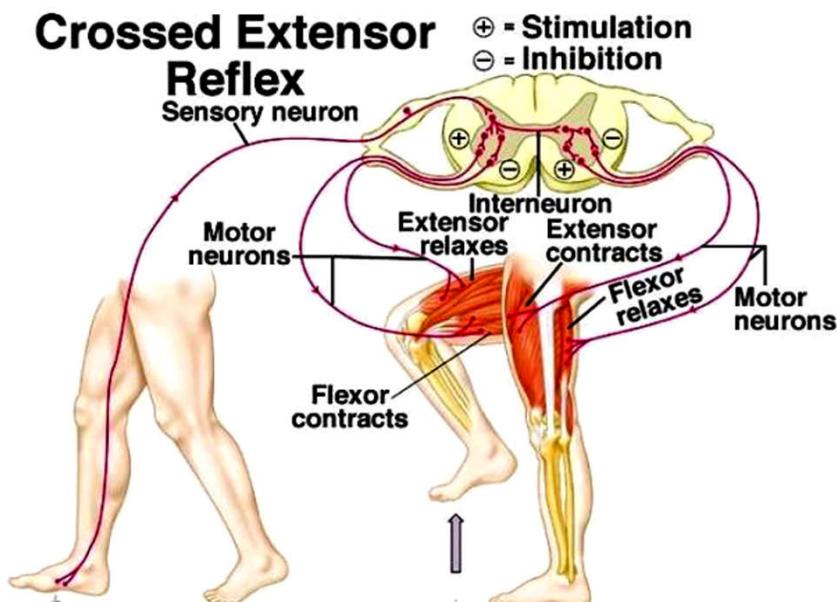
- Withdrawal reflex



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Crossed Extensor Reflex



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Polysynaptic reflexes

- Scratch reflex



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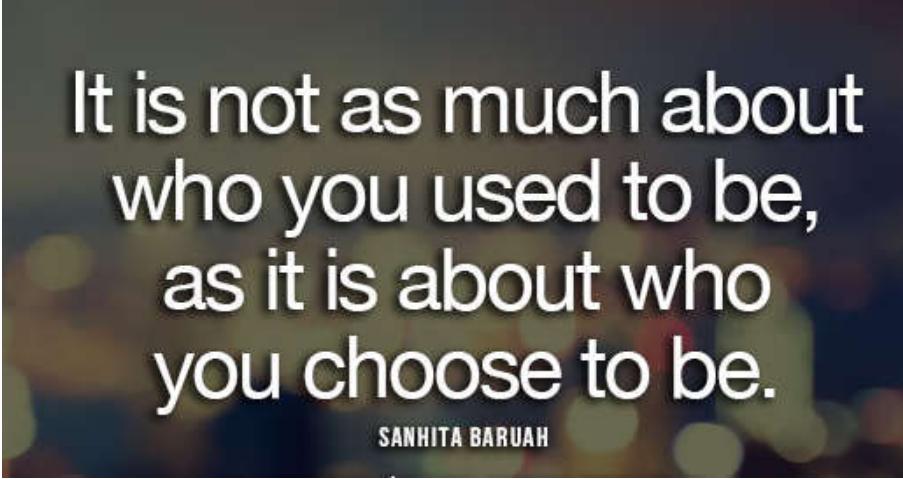
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Polysynaptic reflexes

- Positive supporting reaction

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**It is not as much about
who you used to be,
as it is about who
you choose to be.**

SANHITA BARUAH

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